



Please join us in giving a warm welcome to our newest residents: Linda McDowell, Wil & Florence Klatt, Stuart & Josina Zander, Irene Dheilly, Harry Marcom, Jessica Friesen, and Noreen Margetts! We're so happy to have you as part of the Rotary Villas family and look forward to getting to know you. Welcome home!

**Tanis Low**



## Fire Safety Month

September is Fire Safety Month at Rotary Villas!

Please plan to attend one of the Fire Safety Presentations with Jody.

10 AM on September 8

or

2 PM on September 8

**We will be having a fire drill at 2 PM on Wednesday, September 9.** This will include the big alarm sounding for a few minutes.

Also, see the enclosed fire safety recommendation pamphlet.



September 3: Marilyn Ross

September 3: Wayne Alexander

September 5: Evelyn Basarke

September 11: Lorraine Vandaele

September 12: Ada Bergson

September 13: Myrtle Hudson

September 16: Joan Kelleher

September 17: Mervin Scott

September 23: Ken Knight

September 27: Sandra Jackson

September 27: Kathy Knight



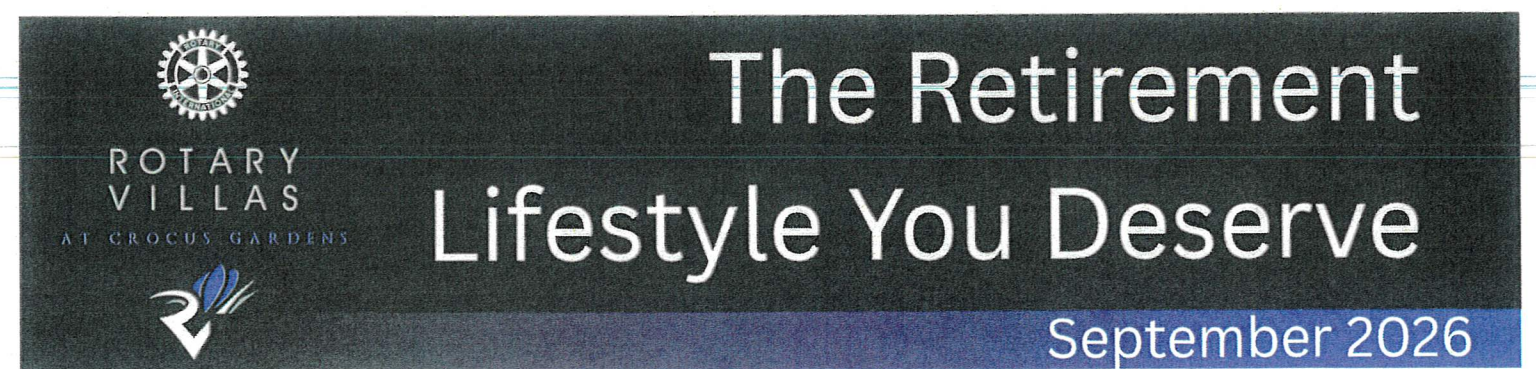
September 1: Don Roy & Pam Stacy

September 28: Larry & Ellen Decock



This month's 50/50 proceeds will be donated to:  
Samaritan House

Get your tickets by the Bar on Wednesdays 12 PM - 1 PM.



## A Note from The Wellness Department

We are pleased to welcome Hannah Nickel to the Wellness team! She has been with Rotary Villas in other capacities for several months, and we look forward to the positivity, warmth and new ideas she will bring to our department. As September begins, many of us find ourselves thinking about new beginnings, settling into routines, and looking ahead to the changing season. It's also a wonderful time to pause and think about our own wellness and the small things we can do each day to feel our best.

This month, we're putting a special focus on personal wellness and community service. Wellness can mean many things—moving our bodies, keeping our minds active, connecting with others, trying something new, or simply making time for the things that bring us joy. It can also mean looking beyond ourselves and finding ways to lend a hand, share our time, or brighten someone else's day. Our September calendar is filled with opportunities to learn, laugh and connect, including special speakers and events, and recognition of a few special days. Whatever September brings, we encourage you to take care of yourself, try something new, and look for an opportunity to make a difference in your community. Sometimes a small act of kindness is good for everyone—including the person who gives it!

**Hylin & Hannah**

## Shuttle Operations



Please note there will be no shuttle on September 7 or September 30 due to Statutory Holidays.

Due to staffing, there will be no shuttle on September 24 or September 25. We will arrange taxis for transportation to appointments.

The Riverbank Discovery Centre's new trishaw rides are coming to Rotary Villas!  
September 15 from 9 AM - 12 PM in the Front Parking Lot.



| Sunday                                                                                                                                                                                                                                                                                  | Monday                                                                                                                                                                                                 | Tuesday                                                                                                                                                                                                                                                     | Wednesday                                                                                                                                                                                                                                                                                         | Thursday                                                                                                                                                            | Friday                                                                                                                                                                                                                                            | Saturday                                                                                                                                                               |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Multipurpose Room - M<br>Common Room - C<br>Dining Room - DR<br>Private Dining Room - PDR<br>Front Lawn - FL<br>Pergola - P<br>Solarium - S<br>Fireside Patio - FP<br>Library - L<br>Workshop - W<br>Billiards Lounge - BL<br>Bar - B<br>West Bldg Games Room - WGR<br>Shuttle Bus - SB |                                                                                                                                                                                                        | 1<br>9:30 Exercises - M<br>10:00 Coffee with Hylin - C<br><br>2:00 Blood Pressure Clinic -S<br>2:00 Shuffleboard - BL<br>3:30 Rotary Happy Hour - B<br><br>7:30 Black Jack - WGR                                                                            | 2<br>Wellness Wheel Day<br>9:30 Stretching - M<br>10:00 Coffee with Mayoral Candidate Len Isleifson - C<br><br>11:45 Wellness Wheel Introduction at lunch announcements<br>12:00-1:00 50/50 Draw - B<br>2:00 Floor Curling - M<br>3:00 Hymn Sing - C<br>7:00 Finish the Phrase - M                | 3<br>9:30 Dynabands - M<br>10:00 Coffee and Tunes - C<br><br>1:00 Balloon Tennis - M<br>2:00 Bingo - DR<br><br>7: 00 Word in Word - M                               | 4<br>National Food Bank Day<br>9:00 Cardio Drumming - M<br>9:30 Cardio Drumming - M<br>10:00 Coffee with Marcia from Samaritan House - M<br>10:30 Tea & Tales - L<br><br>1:45 Silver Sneakers Walking Club - C<br>2:30 Ice Cream Treats - M       | 5<br>10:00 Chair Dancing - M<br><br>2:00 Entertainment by Chris Meseyton on Accordion - DR<br><br>7:30 Canasta - PDR                                                   |
| 6<br>8:45 Church Shuttle - SB<br><br>7:30 Youth Choir - C                                                                                                                                                                                                                               | 7<br><br>HAPPY LABOUR DAY<br><br>7:30 Whist - PDR                                                                     | 8<br>9:30 Exercises - M<br>10:00 Coffee & Fire Safety Presentation with Jody - M<br>2:00 Fire Safety Presentation- Jody - M<br>3:30 Rotary Happy Hour - B<br><br>7:00 Washer Toss - M<br>7:30 Cards - 500 - PDR                                             | 9<br>Wellness Wheel Day<br>9:30 Chair Yoga - M<br>10:00 Coffee and Read Aloud - C<br>12:00-1:00 50/50 Draw - B<br>2:00 Fire Drill<br>3:00 Sing-Along - C<br><br>7:30 Doreen Stapleton Sings Your Favorites - DR                                                                                   | 10<br>9:30 Dynabands - M<br>10:00 Coffee and Tunes - C<br><br>1:00 Ladder Ball - M<br>1:30 Anglican Service - L<br>2:00 Bingo - DR<br><br>7:00 Name That Tune - M   | 11<br>9:00 Cardio Drumming - M<br>9:30 Cardio Drumming - M<br>10:00 Fun Friday: Coffee, Scrabble, games, puzzles - C<br>10:30 Tea & Tales - L<br><br>1:45 Silver Sneakers Walking Club - C<br>2:30 Ice Cream - M                                  | 12<br>9:30-10:30 Humane Society Project - M<br>10:45 Chair Yoga - M<br><br>2:00 Entertainment by Rory McCallum - Jazz Trombone & Fiddle - DR<br><br>7:30 Canasta - PDR |
| 13<br>8:45 Church Shuttle - SB<br>2:30 Worship & Devotional Service with Communion - C<br>                                                                                                            | 14<br>9:30 Chair Dancing - M<br>10:00 Threads of Friendship (bring your project) - M<br>10:30-11:30 Lucky Break Ranch - Parking Lot<br>2:00 Volunteer Manitoba Presentation - M<br>7:30 Cribbage - PDR | 15<br>9:30 Exercises - M<br>10:00 Coffee with Cory - C<br>9:00-12:00 Trishaw Rides at Rotary Villas - Parking Lot<br>2:00 Shuffleboard - BL<br>3:30 Rotary Happy Hour - B<br><br>7:30 Black Jack - WGR                                                      | 16<br>Wellness Wheel Day<br>9:30 Stretching - M<br>10:00 Coffee and Read Aloud - C<br>12:00-1:00 50/50 Draw - B<br><br>2:00 Fall Door Wreath Craft - M<br>3:00 Sing-Along - C<br>7:00 Two Truths and A Lie - M                                                                                    | 17<br>9:30 Dynabands - M<br>10:00 Coffee and Tunes - C<br>10:15 Bible Study - L<br><br>1:00 Pool Noodle Hockey - M<br>2:00 Bingo - DR<br><br>7:00 Movie: 9 to 5 - M | 18<br>9:00 Cardio Drumming - M<br>9:30 Cardio Drumming - M<br>10:00 Fun Friday: Coffee, Scrabble, games, puzzles - C<br>10:30 Tea & Tales - L<br><br>1:45 Silver Sneakers Walking Club - C<br>2:30 Ice Cream Sundaes - M                          | 19<br>10:00 Chair Dancing - M<br><br>10:00-3:00 Sandhills Casino Trip - SB<br>2:00 Entertainment by Heartbreakers 2 - DR<br><br>7:30 Canasta - PDR                     |
| 20<br>8:45 Church Shuttle - SB<br>10:30 Prairie Therapy Dog Visit - C<br>7:30 Interdenominational Service (COP) - C                                                                                                                                                                     | 21<br>World Gratitude Day<br>9:30 Chair Dancing - M<br>10:00 Threads of Friendship (bring your project) - M<br>2:00 Town Hall - DR<br>7:30 Whist - PDR                                                 | 22<br>9:30 Exercises - M<br>10:00 Coffee with Lisa - C<br>2:00 Shuffleboard - BL<br>3:30 Rotary Happy Hour - B<br>7:00 Scattergories - M<br>7:30 Cards - 500 - PDR<br> | 23<br>National Innergize Day<br>Wellness Wheel Day<br>9:30 Chair Yoga - M<br>10:00 Coffee and Read Aloud - C<br>11:30 Gratitude Luncheon with Guest Speaker Karyn Rice - M<br>12:00-1:00 50/50 Draw - B<br>2:00 Bean Bag Baseball - M<br>3:00 Sing-Along - C<br>7:00 Armchair Travel to Spain - M | 24<br>9:30 Dynabands - M<br>10:00 Coffee and Tunes - C<br><br>1:00 Axe Throwing - M<br>2:00 Bingo - DR<br><br>7:00 Name the Logo - M                                | 25<br>9:00 Cardio Drumming - M<br>9:30 Cardio Drumming - M<br>10:00 Fun Friday: Coffee, Scrabble, games, puzzles - C<br>10:30 Tea & Tales - L<br>1:00-4:00 TLC Massages - M<br>1:45 Silver Sneakers Walking Club - C<br>2:30 Ice Cream Floats - M | 26<br>9:30-10:30 Humane Society Project - M<br>10:45 Chair Yoga - M<br><br>2:00 Birthday Party Entertainment by The Grangers - DR<br><br>7:30 Canasta - PDR)           |
| 27<br>8:45 Church Shuttle - SB<br>2:30 Worship & Devotional Service - C                                                                                                                                                                                                                 | 28<br>9:30 Chair Dancing - M<br>10:00 Threads of Friendship (bring your project) - M<br>2:00 Meet and Greet - DR<br><br>7:30 Cribbage - PDR                                                            | 29<br>Wear An Orange Shirt<br>9:30 Exercises - M<br>10:00 Coffee and Orange Shirt Day Activity with Hylin- C<br><br>2:00 Shuffleboard - BL<br>3:30 Rotary Happy Hour - B<br><br>7:30 Black Jack - WGR                                                       | 30<br>Wear An Orange Shirt<br>                                                                                                                                                                               | Funny Money events in green - Show up and earn Funny Money to spend at the December auction!                                                                        |                                                                                                                                                                                                                                                   |                                                                                                                                                                        |

# September 2026

Gel Moment Nails Sept. 9, 23 Ionic Foot Baths Sept. 16 - L

# September 2026

Gel Moment Nails Sept. 9, 23 Ionic Foot Baths Sept. 16 - L