

Rotary Villas Recreation Calendar - March 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:45 Church Shuttle-SB 2:00 Book Club - L 7:30 Youth Choir - C	2 Dress Up: Casual Summer Cruise wear 9:30 Chair Dancing- M 10:00 Coffee with Shradha - B 10:30 Board the Cruise Ship Activity-DR 2:00 PMH: Memory and Aging Program -M 7:30 - Cribbage - PDR	3 Dress Up: Beach Day 9:30 Exercises - M 10:00 Coffee with Jody- B 2:00-3:00 Blood Pressure Clinic with Jody - S 2:00 Deck Games - M 3:00 Rotary Happy Hour Hawaiian Style - B 7:15 Armchair Travel to Hawaii and Game- M	4 Dress Up: Smart Casual 9:30 Stretching - M 10:00 Coffee with Hylin- B 11:00 Catholic Mass - M 12:00-1:00 50/50 Draw 2:00 Tea with the Captain-DR 3:00 Hymn Sing - C 7:15 Dance- Lucky Ned -DR	5 9:30 Dynabands - M 10:00 Coffee with Cory - C 2:00 Afternoon Bingo - DR 7:15 Travel Jeopardy -M	6 Dress Up: Hawaiian Luau 9:30 Drumming to Be Fit-M 10:00 Coffee with Bev -B 10:30 Tea & Tales - M Luau Lunch - both seatings 1:45 Silver Sneakers Walking Club - DR 2:30 Ice Cream Treats-DR	7 10:00 Chair Dance - M 2:00 Entertainment by Marla Winters -DR 7:30 Canasta - PDR
8 Daylight Savings Time Begins 8:45 Church Shuttle-SB 2:30 Worship & Devotional Service with Communion -C	9 9:30 Chair Dancing - M 10:00 Coffee with Lisa - B 10:30 Mobility Device Labelling - B 2:00 PMH: Memory and Aging Program -M 7:30 Whist - PDR	10 9:30 Exercises - M 10:00 Coffee with Jody - B 2:00 Town Hall - DR 3:30 Rotary Happy Hour - B 7:30 Black Jack -WGR	11 9:30 Stretching - M 10:00 Coffee with Hylin - B 12:00-1:00 50/50 Draw 11:45 Lunch Outing to Cora's - SB 3:00 Sing-a-Long - C 4:00 TAPS - M 7:15 Senior Paper Stories -C	12 9:30 Dynabands - M 10:00 Coffee with Tanis -C 2:00 Afternoon Bingo - DR 3:15 Floor Curling - M 7:15 The Price is Right - M	13 9:30 Drumming to Be Fit-M 10:00 Coffee with Bev -B 10:30 Tea & Tales - M' 1:00-4:00 Massage Outreach-M 1:45 Silver Sneakers Walking Club - DR 2:30 Ice Cream Sundaes -DR	14 10:00 Humane Society Project - M 2:00 Entertainment by Random Acts of Music-DR 7:30 Canasta - PDR
15 8:45 Church Shuttle-SB 10:30 Prairie Therapy Dog Visits - M 7:30 Interdenominational Church (COP) - C	16 9:30 Dynabands- M 10:00 Coffee with Shradha - B 2:00 Shuffleboard - BL 7:30 Cribbage - PDR	17 Happy St. Patrick's Day Wear Green Today! 9:30 Exercises - M 10:00 Coffee with Jody - B 2:00-2:30 Spec Savers - Eyewear Adjustment -C 3:30 St. Patty's Rotary Happy Hour -B 7:30 500 Card Game - PDR	18 9:30 Stretching - M 10:00 Coffee with Hylin- B 12:00-1:00 50/50 Draw 2:00 - St. Patty's Minute to Win It M 3:00 Sing-a-Long - C 7:15 Guess the Decade- S	19 9:30 Chair Dancing- M 10:00 Coffee with Cory - C 2:00 Afternoon Bingo - DR 3:15 Axe Throwing - M 7:15 Name that Tune - M	20 First day of Spring - Wear Pastel Colours 9:30 Drumming to Be Fit-M 10:00 Coffee with Bev -B 10:30 Tea & Tales - M 1:45 Silver Sneakers Walking Club - DR 2:30 Ice Cream Floats: -DR	21 10:00 Chair Dance - M 2:00 Movie Matinee: The Intern - M 7:30 Canasta - PDR
22 8:45 Church Shuttle-SB 2:30 Worship & Devotional Service - C	23 9:30 Chair Dancing - M 10:00 Coffee with Lisa - B 2:00 Shuffleboard - BL 7:30 Whist - PDR	24 9:30 Exercises - M 10:00 Coffee with Jody - B 2:00 Meet & Greet - DR 3:30 Rotary Happy Hour - B 7:15 Black Jack - WGR	25 9:30 Stretching - M 10:00 Coffee with Hylin - B 12:00-1:00 50/50 Draw 2:00 Crafty Corner - M 3:00 Sing-a-Long - C 7:15 - Entertainment by Until It's No Fun-DR	26 9:30 Dynabands - M 10:00 Coffee with Tanis - C 2:00 Afternoon Bingo - DR 3:15 Active Games - M 7:00 Newfoundland Jeopardy- M	27 Newfoundland Day 9:30 Drumming to Be Fit - M 10:00 Coffee with Bev- History of Mummers - B 10:30 Tea & Tales - M 1:45 Silver Sneakers Walking Club - DR 2:30 Ice Cream & Snowball Treats - DR 7:30 Kitchen Party: Fiddle Entertainment by Suski Family and Friends-DR	28 10:00 Humane Society Project - M 2:00 Birthday Party - DR 7:30 Canasta - PDR
29 8:45 Church Shuttle-SB	30 Western Week 9:30 Chair Dancing - M 10:00 Coffee with Shradha-B 2:00 Shuffleboard - BL 7:30 Cribbage - PDR	31 Wear Plaid 9:30 Exercises - M 10:00 Coffee with Hylin - B 2:00 Cowboy Minute to Win It - M 3:30 Rotary Happy Hour - Saloon - B 7:30 500 Card Game - PDR	All card games will be moved to the DR if PDR is occupied. *Funny Money Events in PURPLE print.	Brandon Embroiderers will be here in the Library at 1:30pm on March 5 & 19. 	Gel Moments Nails will be offered in the Library starting at 9:00 a.m. on March 15 & 26. 	

March Birthdays

Mar. 1 - Marge McAllister
Mar. 3 - Barrie Wood
Mar. 8 - Lena Marcischuk
Mar. 12 - Beth Ewen
Mar. 13 - Judy Kubanowski
Mar. 13 - Greg Steele
Mar. 18 - Betty Sumner
Mar. 18 - Susan Newsome
Mar. 22 - Ian Dickson
Mar. 23 - Norrine Shobrooke
Mar. 25 - Robert Lane
Mar. 26 - Gail Martin
Mar. 28 - Neil McQuarrie
Mar. 28 - Winnie Black
Mar. 30 - Annie Moffat

Shuttle Schedule

Monday to Friday:
8:15 a.m.—4:15 p.m.
Sunday Church Shuttle:
8:45 a.m.—12:15 p.m.

Locations

Multi-Purpose Room - M
Common Room - C
Dining Room - DR
Front Lawn - FL
Pergola - P
Solarium - S
Fireside Patio - FP
Library (2nd floor) - L
Workshop (2nd floor) - W
Billiards Lounge - BL
Bar - B
Private Dining Room - PDR
Fitness Centre - FC
Shuttle Bus - SB
West Bldg Games Room - WGR

Community Corner: The Spirit of Inclusion at Rotary Villas

At Rotary Villas, we often talk about community. But what truly makes a community strong? It's not just shared space — it's shared belonging. Our residents come from different backgrounds, life experiences, ages, and abilities. Each person brings something unique to our home. That diversity is not something to manage — it's something to value. As we continue offering activities and programs, I've been reflecting on what inclusion really means in every-day life.

Inclusion looks like:

- Making room.
- Extending invitations.
- Adjusting when needed.
- Noticing when someone might need help or encouragement.

Inclusion sounds like:

- "Come join us."
- "We're glad you're here."
- "Let's make it work."

And perhaps most importantly...

Inclusion feels like:

- Being welcomed.
- Being respected.
- Being seen.
- Knowing you belong.

Our mission reminds us that we aim to remove barriers and support independence wherever possible. Sometimes that means adapting an activity. Sometimes it means offering assistance. Sometimes it simply means choosing patience and kindness.

This month, I invite all of us — residents and staff alike — to take on a small challenge:

- Notice one way you can make participation easier for someone else.
- Invite someone who may be on the sidelines.
- Choose encouragement over comparison.

The true goal of our activities is not competition — it's connection. It's laughter in the hallway. It's shared stories. It's community spirit.

When everyone feels they have a place, we all win.

— Hylin

Lions TV Bingo:
Wednesdays at 3:00pm
on (Channel 12)
Cards are sold at the
front desk for \$3.00/
pack of 3 cards.

Hallway Storage & Décor Reminder

We kindly remind residents that any personal belongings placed or stored in the hallways are the sole responsibility of the resident. Rotary Villas is not responsible for items that are lost, stolen, or damaged while left in hallway areas.

To help ensure adequate space for safety, mobility devices, and housekeeping, we ask that décor and personal items outside of suites be kept to a minimum. Clear hallways are especially important in the event of an emergency and allow our team to clean thoroughly and efficiently.

Thank you for your cooperation in helping us maintain a safe, tidy, and welcoming environment for everyone.

Label Your Devices

With so many walkers, scooters, and canes that look alike, it can be easy for them to get mixed up. To help ensure your walking or motorized device is quickly returned to you, we encourage all residents to have their equipment clearly labeled.

Please see Lisa at the Bar & Snack Café on Monday, March 9, at 10:30 a.m.


ROTARY
VILLAS
AT CROCUS GARDENS

The Retirement Lifestyle You Deserve

March 2026

A Note from The Wellness Department

After a month of fun and celebration, March invites us to turn our attention toward physical wellness and renewed energy. As the days slowly grow longer, it's a wonderful time to focus on gentle movement, strength, and staying active together. This month we'll be introducing our new walking club, Silver Sneakers, designed to be fun, encouraging, and supportive for all ability levels. Whether you walk a little or a lot, the goal is simply to move, connect, and feel good in our bodies.

We'll kick off the month with a lively cruise to Hawaii, complete with tropical spirit, sunny vibes, and a little island fun to help lift our spirits and shorten the winter days. Later in March, our travels will continue across Canada as we "land" in Newfoundland to explore traditions, stories, and culture with Bev and our residents who proudly called Newfoundland home. We hope you'll join us as we move, travel, and enjoy the journey together this month.

Hylin & Bev



CRUISE WEEK THEME DAYS

Monday, March 2
Casual Summer Cruise Wear

Tuesday, March 3
Beach Day

Wednesday, March 4
Smart Casual

Friday, March 6
Hawaiian Luau





Please join us in extending the warmest Rotary Villas welcome to our newest residents this month: **George & Kathy Roberts, Ron & Heidi Sklaruk, Jack McLachlan, and Heather Kirkham!**

A new chapter brings new friendships, new experiences, and plenty of wonderful moments to share.

Be sure to say hello when you see them around!

Tanis Low
Leasing Coordinator