

Rotary Villas Recreation Calendar - February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:45 Church Shuttle-SB 2:00 Book Club- L 7:30 Youth Choir	2 Groundhog Day 9:30 Chair Dancing- M 10:00 Coffee with Shradha - B 2:00 Shuffleboard—BL 7:15 Whist- S	3 9:30 Exercises - M 10:00 Olympic Coffee with Hylin- B 2:00 - 3:00 Blood Pressure Clinic with Jody- M 3:30 Rotary Happy Hour - B 7:15- A to Z Shopping Game- C	4 9:30 Stretching - M 10:00 Olympic Coffee with Hylin -B 11:00 Catholic Mass - M 12:00-1:00 50/50 Draw 3:00 Hymn Sing- C 7:15 Evening BINGO: Bring \$3- M	5 9:30 Dynabands - M 10:00 Coffee with Tanis-B 2:00 Afternoon Bingo - DR 3:00 The Secret Lives of Animals: Episode 8- M 7:15 Word in a Word - C	6 Wear Black 9:30 Drumming to be Fit-M 10:00 Coffee with Denise- B 10:30 Tea & Tales - M 1:45 Sit and be Fit 2:30 Ice Cream Treats—M 3:00 Olympic Torch Walk- DR Olympics Begin!	7 10:00 Humane Society Project - M 2:00 Entertainment: Slim Jim Trio- DR 7:15 Canasta- PDR
8 8:45 Church Shuttle-SB 2:30 Worship and Devotional Services & Communion- M	9 9:30 Chair Dancing- M 10:00 Coffee with Lisa - B 2:00 Shuffleboard—BL 7:15 Cribbage- S	10 9:30 Exercises- M 10:00 Coffee with Jody- B 3:30 Rotary Happy Hour: Mocktail Valentine's Float - B 4:30 Supper Club: Swiss Chalet- SB 7:15 Senior Paper Stories - C	11 9:30 Stretching - M 10:00 Olympic Coffee with Hylin -B 12:00-1:00 50/50 Draw 2:00 Crafty Corner: Valentine's Day - M 3:00 Sing-a-long - C 4:00 TAPS—M 7:15 Olympic Jeopardy- C	12 9:30 Dynabands - M 10:00 Coffee with Cory - B 1:30 Anglican Service- L 2:00 Afternoon Bingo - DR 7:30 Entertainment: Doreen Stapleton- DR	13 Wear Green 9:30 Drumming to be Fit-M 10:00 Coffee with Denise- B 10:30 Tea & Tales - M 1:45 Sit and be Fit- M 2:30 Ice Cream Sundaes: Valentine Surprise—M	14 Valentine's Day Wear Pink & Red 10:00 Two Truths and a Lie Game -M 2:00 Ken Sitko Entertainment - DR 7:15 Canasta- PDR
15 8:45 Church Shuttle-SB 10:30 Prairie Therapy Dog Visits- M 7:30 COP Service - M	16 <i>Louis Riel Day</i>	17 Wear Blue 9:30 Exercises - M 10:00 Coffee with Shradha- B 2:00 Resident Council- M 3:00 Olympic X-Country Ski-DR 3:30 Rotary Happy Hour - B 7:30 Entertainment by: Ernie Cameron- DR	18 9:30 Stretching - M 10:00 Olympic Coffee with Hylin -B 12:00-1:00 50/50 Draw 1:45 Olympic Shuffleboard—Draw to the Button- BL 3:00 Sing-a-Long - C 7:15 Olympic Floor Curling - M	19 9:30 Dynabands - M 10:00 Coffee with Tanis-B 2:00 Afternoon Bingo - DR 7:15 Olympic Armchair Travel to Milan, Italy- M	20 Wear Yellow 9:30 Drumming to be Fit-M 10:00 Coffee with Denise- B 10:30 Tea & Tales - M 1:00-4:00 Massage Outreach Program—M 1:45 Olympic Sit and be Fit - C 2:30 Olympic Ice Cream Treats—DR	21 10:00 Humane Society Project - M 2:00 Sit and be Fit- M 7:15 Canasta- PDR
22 8:45 Church Shuttle-SB 2:30 Worship and Devotional Services- M	23 9:30 Chair Dancing- M 10:00 Coffee with Lisa - B 1:30-3:30 PMH: Memory and Aging Program- M 7:15 Whist - S	24 9:30 Exercises - M 10:00 Coffee with Jody- B 2:00 Chair Line Dancing-M 3:30 Rotary Happy Hour - B 7:15 Charades- C	25 9:30 Stretching - M 10:00 Olympic Coffee with Hylin-B 10:00-12:00 Manicures by Systems Beauty College—S 12:00-1:00 50/50 Draw 3:00 Sing-a-long- C 7:15 Floor Bowling—M	26 9:30 Dynabands - M 10:00 Coffee with Cory- B 10:30 Presentation: Alizaf Care- M 2:00 Afternoon Bingo - DR 7:30 Entertainment: Lyle Baldwin- DR	27 9:30 Drumming to be Fit-M 10:00 Coffee with Denise- B 10:30 Tea & Tales - M 1:45 Sit and be Fit—M 2:30 Ice Cream Floats—M	28 10:00 Humane Society Project- M 2:00 Entertainment- Elaine Bollman- DR 7:15 Canasta- PDR
				Lions TV Bingo: Every Wednesday at 3:00pm (Channel 12) Cards are sold at the front desk for \$3.00/ pack of 3 cards.	Brandon Embroiders Will be here in the Library at 1:30 on February 4 & 18	Gel Moments Nails Will be offered in the Library 10 a.m. -12 p.m. on February 11 & 25

February Birthdays
February 3- Karen Coulter
February 4- Betty Gross
February 7- Dale Van Loo
February 11- Nancy Davidson
February 11- Louise Verbo
February 14- Shirley Erskine
February 15- Murray Peel
February 17- Ralph Buckland
February 19- Haven Brugger
February 23- Arletta Dennison
February 27- Jutta Tokaryk
February 28- Dot Burgess
Anniversaries
February 16- Jim and Nancy Davidson

Shuttle Schedule
Monday to Friday: 8:15am—4:15pm
Sunday Church Shuttle: 8:45am—12:15pm

Locations
Multi-Purpose Room - M
Common Room - C
Dining Room - DR
Front Lawn - FL
Pergola - P
Solarium - S
Fireside Patio - FP
Library (2nd floor) - L
Workshop (2nd floor) - W
Billiards Lounge - BL
Bar - B
Private Dining Room - PDR
Fitness Centre - FC
Shuttle Bus - SB

A Note from The Wellness Department

February is a month that gently invites us to think a little more about love and connection. Love is as much about giving as it is about receiving, and it can be found in the simplest of moments—a friendly smile, a kind word, a thank you, or someone lending a helping hand. These small acts of care help strengthen our sense of community, especially during the winter months. This month, the Wellness Department will continue to focus on connection, enjoyment, and shared experiences that support well-being and belonging, one day at a time.

We'll be celebrating Valentine's Day and the Winter Olympics this month, with Olympic-themed colour days and plenty of opportunities to gather and have fun. We're also pleased to welcome back special guest Ken Sitko for a special musical performance on Valentine's Day. In addition, we're starting the month with a vibrant Wellness team of Denise, Hylin, and Bev in a supporting role. We hope to see you at some programs this February!

Hylin, Denise, and Bev

**February 50/50 proceeds will go to:
Heart & Stroke Foundation**



OLYMPIC COLOR DAYS

WEAR...

BLACK FEB. 6

GREEN FEB. 13

PINK & RED FEB. 14

BLUE FEB. 17

YELLOW FEB. 20

Monday, February 16

Louis Riel Day

No Shuttle Service



The Retirement Lifestyle You Deserve

February 2026

Meet Our Wellness Coordinator—Hylin McLaren



Hylin comes to us from Neepawa and brings with her over 25 years of experience in education, both locally and internationally. Her career has included teaching in schools throughout Manitoba and Kuwait as well

as contributing to education projects in Guyana and Sierra Leone.

Wellness has always been a guiding theme in Hylin's work. She enjoys creating supportive, engaging environments and weaving movement, connection, and well-being into everyday life. She's excited to bring this approach into the wellness activities and experiences offered here.

Hylin is a proud mother of 3 daughters and a grandmother to 4 grandchildren. She's looking forward to getting to know residents and helping create programs that support physical, social, and emotional well-being.

We are excited to have Hylin on our team!



Please join us in giving a warm Rotary Villas welcome to our newest residents this month: **Gail & Jim Martin, Fran Bridgett, and Kenzie Gray!**

We're so happy to have you here and hope you quickly feel at home as part of our community. We look forward to getting to know you.

Tanis Low
Leasing Coordinator

Winter Olympics

The Winter Olympics 2026 begin February 6 in Milan and Cortina d'Ampezzo, Italy.

We'll be hosting our own Olympic activities this month so be sure to check the calendar.

Also, join us for Armchair Travel to Milan, Italy on February 19!

