

Rotary Villas Recreation Calendar - January 2025

January Birthdays



Jan. 1 - Noella Alexander
 Jan. 7 - Flo Wotton
 Jan. 15 - Robert Untereiner
 Jan. 18 - Maureen Stutsky
 Jan. 18 - Bev Peel
 Jan. 22 - Helen Christensen
 Jan. 30 - Francis Giles

Shuttle Schedule

Monday to Friday:
 8:15am—4:15pm
 Sunday Church Shuttle:
 8:45am—12:15pm

Locations

Multi-Purpose Room - M
 Common Room - C
 Dining Room - DR
 Front Lawn - FL
 Pergola - P
 Solarium - S
 Fireside Patio - FP
 Library (2nd floor) - L
 Workshop (2nd floor) - W
 Billiards Lounge - BL
 Bar - B
 Private Dining Room - PDR
 Fitness Centre - FC
 Shuttle Bus - SB

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lions TV Bingo: Every Wednesday at 3:00pm (Channel 12) Cards are sold at the front desk for \$3.00/ pack of 3 cards.	Brandon Embroiderers will be here in the Library at 1:30pm on January 15.	Gel Moments Nails will be offered in the Library starting at 9:00am on January 8 & 22.	1 HAPPY NEW YEAR! 	2 9:30 Dynabands - M 10:00 Coffee with Cory - C 2:00 Afternoon Bingo - DR 7:15 Boggle Word Game - C	3 9:30 Drumming to Be Fit-M 10:00 Coffee with Tanis - C 2:00 Hand Exercise Ball Instructions & Giveaway - M 2:30 Ice Cream Treats -DR Delivery: All About You # 1	4 10:00 Guess the Object - M 2:00 Entertainment by Long Shot - DR
5 8:45 Church Shuttle-SB 2:00 Book Club - L 7:30 Youth Choir - C	6 9:30 Exercises - M 10:00 Coffee with Shradha - C 2:00 Movie Matinee: Thelma - M 7:15 Evening Bingo: (bring \$3) - M	7 9:00 Mobile Foot Care - S 9:30 Tai Chi Class - M 10:00 Coffee with Lisa T. - C 2:00 Clean out the Craft Cupboard - M 3:30 Rotary Happy Hour - B 7:15 Board Games with the Girl Guides - M	8 9:30 Stretching - M 10:00 Coffee with Trish - C 11:00 Catholic Mass - M 12:00-1:00 50/50 Draw 2:00 Game Show Day: Name That Tune - M 3:00 Hymn Sing - C 7:15 Cribbage - S	9 9:30 Dynabands - M 10:00 Coffee with Tanis -C 2:00 Afternoon Bingo - DR 7:30 Entertainment by The Cousins - DR	10 9:30 Drumming to Be Fit-M 10:00 Coffee with Trish -C 10:30 Tea & Tales - M 1:45 Sit and be Fit - M 2:30 Ice Cream Treats -DR Delivery: All About You # 2	11 10:00 Humane Society Project - DR 2:00 Andre Rieu Video: In Concert - M
12 8:45 Church Shuttle-SB 2:30 Worship & Devotional Service with Communion -C	13 9:30 Chair Dancing - M 10:00 Coffee with Lisa D. - C 2:00 Game Show Day: Jeopardy - M 7:15 Charades - C	14 9:30 Exercises - M 10:00 Coffee with Jody - C 2:00 Town Hall - DR 3:30 Rotary Happy Hour - B 7:15 Senior Paper Stories & Cider by the Fireplace-C	15 National Hat Day! 9:30 Stretching - M 10:00 Coffee with Bev - C 12:00-1:00 50/50 Draw 2:00 Sit & Be Fit - M 3:00 Sing-a-Long - C 7:15 Canasta - S	16 9:30 Dynabands - M 10:00 Coffee with Cory - C 2:00 Afternoon Bingo - DR 2:00 Communion with St. Matthew's Church-PDR 7:15 Word in a Word Game - C	17 9:30 Drumming to Be Fit-M 10:00 Coffee with Trish -C 10:30 Tea & Tales - M 1:45 Sit & Be Fit - M 2:30 Ice Cream Floats - DR Delivery: All About You # 3	18 10:00 Humane Society Project - DR 2:00 Birthday Party with Entertainment by Lyle Baldwin-DR
19 8:45 Church Shuttle-SB 7:30 Interdenominational Church (COP) - C	20 9:30 Exercises - M 10:00 Coffee with Shradha - C 2:00 Crafty Corner: Winter Gnomes - M 7:15 Music by the Fireplace - C	21 9:30 Tai Chi Class - M 10:00 Coffee with Lisa T. - C 2:00 Game Show Day: The Price is Right - M 3:30 Rotary Happy Hour with Mocktails & Snacks - B 7:00 Wheat Kings Game with Drinks & Snacks - M	22 9:30 Stretching - M 10:00 Coffee with Bev - C 12:00-1:00 50/50 Draw 2:00 Sit & Be Fit - M 3:00 Sing-a-Long - C 7:15 Whist - S	23 9:30 Dynabands - M 10:00 Coffee with Tanis -C 2:00 Cookie Bingo - DR 7:15 Maze Competition - M	24 9:30 Drumming to Be Fit-M 10:00 Coffee with Trish -C 10:30 Tea & Tales - M 1:45 Sit and be Fit - M 2:30 Ice Cream Treats -DR Delivery: All About You # 4	25 Robbie Burns Day Puzzles at the Front Desk 10:00 Game Show Trivia—M 2:00 Scottish Entertainment—DR
26 8:45 Church Shuttle-SB 2:30 Worship & Devotional Service - C	27 9:30 Chair Dancing - M 10:00 Coffee - C 2:00 Humane Society Project - M 7:15 Entertainment by The Grangers - DR	28 9:30 Exercises - M 10:00 Coffee with Jody - C 2:30 Meet & Greet - DR 3:30 Rotary Happy Hour - B 7:15 Armchair Travel: China - M	29 Chinese New Year Puzzles at the front desk 9:30 Stretching - M 10:00 Coffee with Bev - C 12:00-1:00 50/50 Draw 3:00 Sing-a-Long - C 7:15 Cribbage - S	30 9:30 Dynabands - M 10:00 Coffee with Cory - C 2:00 Afternoon Bingo - DR 3:00 Game Show Day: Wheel of Fortune - M 7:15 Evening Craft - M	31 Hot Chocolate Day! 9:30 Drumming to Be Fit-M 10:00 Coffee with Trish - C 10:30 Tea & Tales - M 1:00-3:30 Massage Therapy 2:30 National Hot Chocolate Day Booth - DR Delivery: All About You # 5	

NOTICES

Emergency Light & Alarm Testing

BDR will be on site on Monday, January 6, and Tuesday, January 7, starting around 8:30 AM, to test all emergency lighting and alarms in suites and throughout the building. You are not required to be present during testing.

Please note, someone from BDR will be accessing your suite for testing.

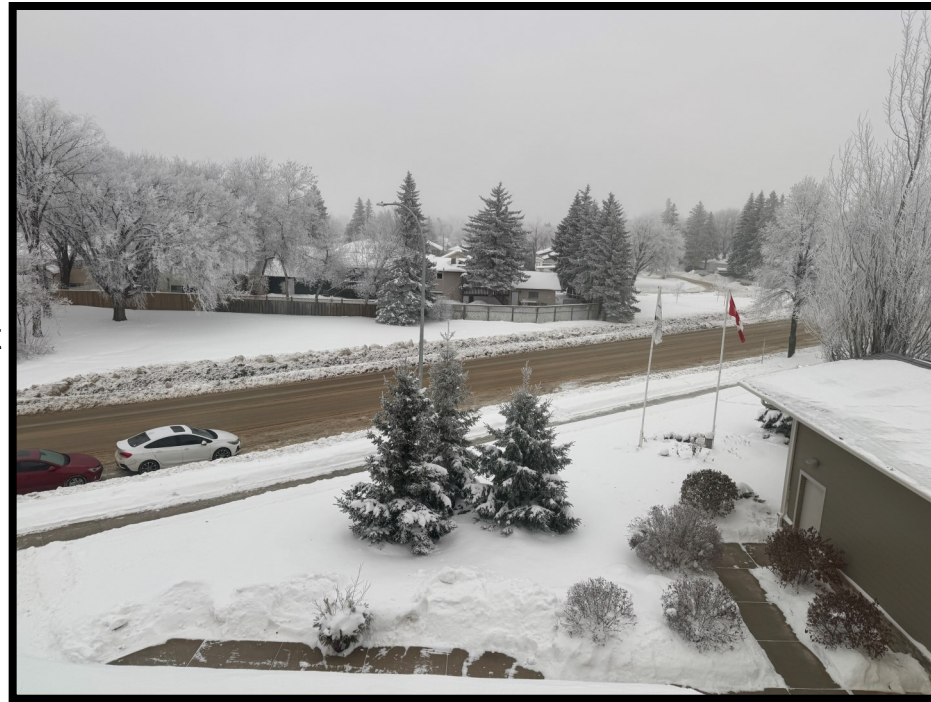
Also, the full alarm system will sound briefly at some point.

Generator Testing

Semi-annual generator testing is scheduled for the morning of January 24.

There is a chance of a slight interruption to our lighting, phone systems, and internet.

Thank you for your patience.




We've been able to enjoy quite a few full days of the beautiful Rime Frost this winter.

Shuttle Bookings

A friendly reminder, the shuttle must be booked before 8 a.m. on the day of your ride. Same day bookings will not be accepted after 8 a.m. If you require transportation to an appointment, the receptionist will be happy to help you arrange a taxi; however, taxi charges will be the responsibility of the resident.

Also, please arrive to the reception area 5-10 minutes prior to your shuttle booking time to allow time for everyone to load the bus and leave on time.

The shuttle will only wait a few minutes after the booking time until they leave to get other residents to their destinations on time. Otherwise, they'll come back around to pick you up after they get everyone else where they need to be at that time.

ROTARY VILLARS
AT CROCUS GARDENS

The Retirement Lifestyle You Deserve

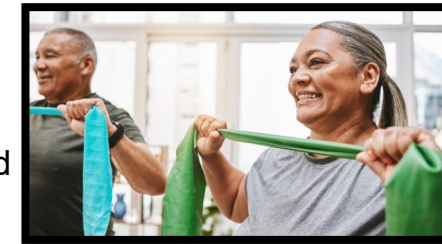
January 2025

A Note from The Wellness

Department

Happy New Year! We are ready for another year of fun in the wellness department! Now that the new year is here, why not make it your new year's resolution to take part in at least one new activity a week that you have never tried before?!

We are excited to introduce a new fitness class called Dynabands. This class will be done entirely while seated, and a portion of the class will feature stretchy resistance bands. You can tailor the resistance level to your personal preference.



If you have ever thought about writing your life story, now is the time to do so! Our "All About You" series will take place throughout the whole year with a new topic each week. Specific instructions and details will be delivered right to your door at the beginning of the month. This is a fun and easy way to record your memories and thoughts for your family as well as yourself.

We will be celebrating National Hat Day, National Hot Chocolate Day and will have special Scottish themed entertainment for Robbie Burns Day.

This month we will be having "Game Show Month" with 4 different game shows being played. Be sure to check the calendar for specific game dates and times.

We look forward to spending the new year with you all!

Lisa, Trish & Faith



I hope everyone enjoyed the holiday season and is ready to welcome our newest resident, Shirley Lysack on the second floor. Please be sure to wish her a warm Rotary Villas welcome. Thank you to the residents and staff for making Rotary Villas such a great place to live. Happy 2025!

Tanis Low

Leasing Coordinator



January 50/50 proceeds will go to:

Brandon Humane Society