

# November 10-16, 2024

# Weekly Menu Calendar

SUNDAY, NOV. 10	MONDAY, NOV. 11	TUESDAY, NOV. 12	WEDNESDAY, NOV. 13	THURSDAY, NOV. 14	FRIDAY, NOV. 15	SATURDAY, NOV. 16
<b>Breakfast Delight</b> Eggs Benedict	<b>Breakfast Delight</b> Bacon & Egg Breakfast Sandwich	<b>Breakfast Delight</b> Toasted Bagel with Cream Cheese	<b>Breakfast Delight</b> Grilled Cinnamon Bun	<b>Breakfast Delight</b> Apple Cinnamon Pancakes	<b>Breakfast Delight</b> Western Omelette <small>(ham, green onions, peppers)</small>	<b>Breakfast Delight</b> Waffles
<i>Soup of the Day</i> <b>Corn Chowder</b> <b>Lunch</b> Chef's Salad Garlic Toast or Fried Egg Sandwich Cucumber Slices	<i>Soup of the Day</i> <b>Beef Vegetable</b> <b>Lunch</b> Shrimp Pasta or Chicken Salad Croissant Macaroni Salad	<i>Soup of the Day</i> <b>Roasted Red Pepper</b> <b>Lunch</b> Egg Salad Sandwich Carrot Sticks or Fish Burger Carrot Sticks	<i>Soup of the Day</i> <b>Chicken Noodle</b> <b>Lunch</b> Reuben Sandwich Broccoli Salad or Ham & Cheese Sandwich Broccoli Salad	<i>Soup of the Day</i> <b>Tomato</b> <b>Lunch</b> Spinach Salad with Bacon & Egg Celery Sticks or Beef Quesadilla Salsa & Sour Cream	<i>Soup of the Day</i> <b>Cream of Cauliflower</b> <b>Lunch</b> Hot Beef Sandwich Potato Salad or Crab Salad Pinwheel Potato Salad	<i>Soup of the Day</i> <b>Ham &amp; Potato</b> <b>Lunch</b> Chicken Souvlaki Rice Pilaf or Penne Bolognese Bread Stick
<b>Supper</b> Pan Fried Pickerel Mashed Potatoes Mixed Vegetables Beet Salad  Pumpkin Pie with Whipped Cream	<b>Supper</b> Lasagna Garlic Toast or Roasted Pork Wild Rice Mashed Turnips  Bread Pudding	<b>Supper</b> Tourtiere Boiled Potatoes Florence Vegetables or Chicken Parmesan Boiled Potatoes Florence Vegetables  Fresh Fruit	<b>Supper</b> Meatloaf Mashed Potatoes Beets Harvard or Cod au Gratin Mashed Potatoes Beets Harvard  Orange Citrus Cake	<b>Supper</b> Cabbage Rolls Garlic Mashed Potatoes Steamed Broccoli or Teriyaki Chicken Thigh Hibachi Noodles Stir Fry Vegetables  Chocolate Cream Tart	<b>Supper</b> Italian Sausage Smashed Potato Peas or Tuna Casserole Smashed Potato Peas  Fresh Berries	<b>Supper</b> Jambalaya or Turkey au Vin Herb Roasted Potatoes Brussel Sprouts  Tapioca Pudding

## Meal Times

Breakfast 6:30 - 9:00 AM  
 Lunch First: 11:30 AM Second: 12:45 PM  
 Supper First: 4:45 PM Second: 6:15 PM

## Daily Breakfast Choices:

**Continental** - your choice of hot or cold cereal, assortment of bread, yogurt and fruit.

**Classic** - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

**Daily Lunch & Supper Choices** - Your choice of Soup of the Day or tossed salad.

