## October 6-12, 2024

## Weekly Menu Calendar

SUNDAY, OCT. 6	MONDAY, OCT. 7	TUESDAY, OCT. 8	WEDNESDAY, OCT. 9	THURSDAY, OCT. 10	FRIDAY, OCT. 11	SATURDAY, OCT. 12
Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight
Eggs Benedict	Bacon & Egg Breakfast Sandwich	Toasted Bagel with Cream Cheese	Grilled Cinnamon Bun	Cranberry Almond Pancakes	Ham & Cheese Omelette	Waffles
Soup of the Day Cheesy Broccoli	Soup of the Day  Italian Wedding	Soup of the Day  Tomato Vegetable	Soup of the Day  Beef & Barley	Soup of the Day  Calm Chowder	Soup of the Day Split Pea & Ham	Soup of the Day  Carrot Ginger
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chili Toast <sup>or</sup> Hot Dog Carrot Sticks	Salmon Salad Sandwich Snap Peas or Chicken Stew Dinner Roll	Grilled Turkey & Swiss Sandwich Cucumber Slices  or Western Frittata Cucumber Slices	BLT Crispy Noodle Salad or Turkey Fettuccini Alfredo Tomato Slices	Cheese Burger Fries or Ham Salad Croissant Fries	Chicken Bacon Ranch Melt Caesar Salad or Pineapple Shrimp Skewer Rice Bowl Fortune Cookie	Cheese, Fruit & Muffin Plate or Hot Turkey Sandwich Onion Rings
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Roast Turkey Gravy Cranberry Sauce Mashed Potatoes Stuffing Buttered Carrots Florette Salad	Sweet & Sour Meatballs Rice Stir Fry Vegetables or Honey Garlic Pork Bites Rice Stir Fry Vegetables	BBQ Chicken Breast Fried Potatoes Corn on the Cob or Shepherd's Pie Corn on the Cob	Basa with Mango Salsa Mashed Sweet Potato Peas or Fried Chicken Mashed Sweet Potato Peas	Turkey Pot Pie Mashed Turnip <sup>or</sup> Pizza Cucumber Salad	Bacon Wrapped Beef Tenderloin Cheesy Mashed Potatoes Green Beans or Beer Battered Cod Cheesy Mashed	Chicken Cordon Blue Scalloped Potatoes Winter Vegetables or Salisbury Steak Scalloped Potatoes Winter Vegetables
Poached Pear	Cherry Cheesecake	Lazy Daisy Cake	Strawberry Rhubarb Crisp	Maple Blondie with Ice Cream	Potatoes Green Beans Lemon Meringue Pie	Vanilla Pudding with Strawberries

## **Meal Times**

Breakfast 6:30 - 9:00 AM

First: 11:30 AM Second: 12:45 PM Lunch First: 4:45 PM Second: 6:15 PM Supper

## **Daily Breakfast Choices:**

Continental - your choice of hot or cold cereal, assortment of bread, yogurt and fruit.

Classic - 2 eggs cooked to preference, bacon or sausage, hash

Daily Lunch & Supper Choices - Your choice of Soup of the Day or tossed salad.

