

October 20-26, 2024

Weekly Menu Calendar

SUNDAY, OCT. 20	MONDAY, OCT. 21	TUESDAY, OCT. 22	WEDNESDAY, OCT. 23	THURSDAY, OCT. 24	FRIDAY, OCT. 25	SATURDAY, OCT. 26
Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight
Eggs Benedict	Bacon & Egg Breakfast Sandwich	Toasted Bagel with Cream Cheese	Grilled Cinnamon Bun	Apple Cinnamon Pancakes	Western Omelette <small>(ham, green onions, peppers)</small>	Waffles
<i>Soup of the Day</i> Corn Chowder	<i>Soup of the Day</i> Beef Vegetable	<i>Soup of the Day</i> Roasted Red Pepper	<i>Soup of the Day</i> Chicken Noodle	<i>Soup of the Day</i> Tomato	<i>Soup of the Day</i> Cream of Cauliflower	<i>Soup of the Day</i> Ham & Potato
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chef's Salad Garlic Toast or Fried Egg Sandwich Cucumber Slices	Shrimp Pasta or Chicken Salad Croissant Macaroni Salad	Egg Salad Sandwich Carrot Sticks or Fish Burger Carrot Sticks	Reuben Sandwich Broccoli Salad or Ham & Cheese Sandwich Broccoli Salad	Spinach Salad with Bacon & Egg Celery Sticks or Beef Quesadilla Salsa & Sour Cream	Hot Beef Sandwich Potato Salad or Crab Salad Pinwheel Potato Salad	Chicken Souvlaki Rice Pilaf or Penne Bolognese Bread Stick
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Pan Fried Pickerel Mashed Potatoes Mixed Vegetables Beet Salad	Lasagna Garlic Toast or Roasted Pork Wild Rice Mashed Turnips	Tourtiere Boiled Potatoes Florence Vegetables or Chicken Parmesan Boiled Potatoes Florence Vegetables	Meatloaf Mashed Potatoes Beets Harvard or Cod au Gratin Mashed Potatoes Beets Harvard	Cabbage Rolls Garlic Mashed Potatoes Steamed Broccoli or Teriyaki Chicken Thigh Hibachi Noodles Stir Fry Vegetables	Italian Sausage Smashed Potato Peas or Tuna Casserole Smashed Potato Peas	Jambalaya or Turkey au Vin Herb Roasted Potatoes Brussel Sprouts
Pumpkin Pie with Whipped Cream	Bread Pudding	Fresh Fruit	Orange Citrus Cake	Chocolate Cream Tart	Fresh Berries	Tapioca Pudding

Meal Times

Breakfast 6:30 - 9:00 AM
 Lunch First: 11:30 AM Second: 12:45 PM
 Supper First: 4:45 PM Second: 6:15 PM

Daily Breakfast Choices:

Continental - your choice of hot or cold cereal, assortment of bread, yogurt and fruit.
Classic - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

Daily Lunch & Supper Choices - Your choice of Soup of the Day or tossed salad.

