Rotary Villas Recreation Calendar - October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
Funny Money is back! Attend and participate in a GREEN highlighted program you will receive "funny money". Collect as much as you can to use at the upcoming winter auction!	Lions TV Bingo: Every Wednesday at 3:00pm (Channel 12) Cards are sold at the front desk for \$3.00/ pack of 3 cards.	1 9:30 Exercises - M 10:00 Coffee with Lisa TC 2:00 Apple Cider Booth - M 3:30 Rotary Happy Hour - B 7:15 Pumpkin Craft with the Girl Guides - M	2 9:30 Chair Dancing - M 10:00 Coffee with Trish -C 11:00 Catholic Mass - M 12:00-1:00 50/50 Draw 2:00 Sit & Be Fit - M 3:00 Hymn Sing - C 7:15 Word in a Word - C	3 9:30 Stretching - M 10:00 Coffee with Cory - C 2:00 Afternoon Bingo - DR 3:00 Oktoberfest Fun: Beer Tasting - M	 World Animal Day Wear animal clothing today! 9:30 Animal Game Begins 9:30 Drumming to be Fit-M 10:00 Coffee with Shradha-C 10:30 Tea & Tales - M 1:45 Sit & Be Fit - M 2:30 Ice Cream Sundaes-DR
6 8:45 Church Shuttle -SB 2:00 Book Club - L 7:30 Youth Choir - C	 7 Thankfulness Tree Begins! 9:30 Stretching - M 10:00 Coffee with Lisa DC 2:00 Shuffleboard League Begins - BL 7:15 Mental Aerobics: Boggle Game - C 	 8 9:30 Tai Chi Class - M 10:00 Coffee with Jody - C 2:00 Resident Council - M 3:30 Rotary Happy Hour - B 7:00 Wheat Kings Game with snacks & drinks-M 	9 9:30 Chair Dancing - M 10:00 Coffee with Bev - C 12:00-1:00 50/50 Draw 2:00 Sit & Be Fit - M 3:00 Sing-a-Long - C 7:30 Entertainment by the Prairie Elevator Boys-DR	10 9:30 Stretching - M 10:00 Coffee with Tanis -C 11:45 Lunch Bunch Outing: East Side Mario's-SB 2:00 Afternoon Bingo - DR 3:00 Big Beasts Video # 5: The Hippo - M	11 9:30 Drumming to be Fit-M 10:00 Coffee with Trish -C 10:30 Tea & Tales - M 1:45 Sit & Be Fit - M 2:30 Ice Cream Treats -DR
 13 8:45 Church Shuttle -SB 2:30 Worship & Devotional Service - C 	14 HAPPY THANKSGIVING!	 15 9:30 Exercises - M 10:00 Coffee with Lisa TC 10:00 Mobile Foot Care - M 3:30 Rotary Happy Hour with Mocktails & Snacks-B 7:30 Entertainment by The Grangers - DR 	 16 9:30 Chair Dancing - M 10:00 Coffee with Bev - C 12:00-1:00 50/50 Draw 2:00 Sit & Be Fit - M 3:00 Sing-a-Long - C 7:00 Wheat Kings Game with snacks and drinks-M 	 17 9:30 Stretching - M 10:00 Coffee with Cory - C 2:00 Communion with St. Matthew's Church-PDR 2:00 Afternoon Bingo - DR 3:00 Humane Society Project - M 	 18 9:30 Drumming to be Fit-M 10:00 Coffee with Trish -C 10:30 Tea & Tales - M 1:45 Sit & Be Fit - M 2:30 Ice Cream Sundaes: Strawberry Surprise-DR
20 8:45 Church Shuttle -SB 10:00 Prairie Therapy Dogs - M 11:30-2:00 Girl Guide Cookie Sale - M 7:30 Interdenominational Church Service (COP)-C	 10:00 Coffee with Lisa D C 2:00 Shuffleboard - BL 7:15 Evening Bingo: 	22 9:30 Chair Yoga - M 10:00 Coffee with Jody - C 2:30 Meet & Greet - DR 3:30 Rotary Happy Hour - B 7:15 Armchair Travel: Portugal - M	23 9:30 Chair Dancing - M 10:00 Coffee with Bev - C 12:00-1:00 50/50 Draw 2:00 Sit & Be Fit - M 3:00 Sing-a-Long - C 7:15 Crafty Corner: "Colour" by Sticker -M	24 9:30 Exercises - M 10:00 Coffee with Tanis -C	25 9:30 Drumming to be Fit-M 10:00 Coffee with Trish -C 10:30 Tea & Tales - M 1:00 Massage Therapy - M 1:45 Sit & Be Fit - C 2:30 Ice Cream Treats -DR
 27 8:45 Church Shuttle -SB 2:30 Worship & Devotional Service - C 	 28 Wear Black & Orange 9:30 Exercises - M 10:00 Coffee with Shradha - C 2:00 Shuffleboard - BL 7:00 Halloween Fun: Pumpkin Carving - M 	2:30 Spooky Sundaes - DR 3:30 Rotary Happy Hour - B 7:30 Reverse Trick or	30 9:30 Chair Dancing - M 10:00 Coffee with Bev - C 12:00-1:00 Chase The Ace 2:00 Sit & Be Fit - M 2:30 Witches Brew - DR 3:00 Sing-a-Long - C 7:15 Halloween Charades-C	 31 Happy Halloween! Wear a costume today! 9:30 Stretching - M 10:00 Coffee with Cory - C 11:00 Halloween Games -M 2:00 Afternoon Bingo - DR 3:00 Costume Contest & Group Picture - M 	Brandon Embroiders will be here in the Library at 1:30pm on October 2 & 16.



October 9 & 23.

Birthdays

- Oct. 1- Bernice Carlsen
- Oct. 4- Elaine Rust
- Oct. 6- Kevin McPhail
- Oct. 13- Dorothy Wakefield
- Oct. 14- Enid Lawrence
- Oct. 22- Madeline Brugger
- Oct. 27- Bruce Buchanan
- Oct. 29- Lois Amey
- Oct. 29- Ardeth Brown
- Oct. 30- Terry Hillis
- Oct. 31– Mary Fenske

Anniversaries

Oct. 12-Terry & Mildred Hillis

Oct. 24– Edgar & Ellen Penner

Shuttle Schedule

Monday to Friday: 8:15am—4:15pm

Sunday Church Shuttle: 8:45am—12:15pm

Locations

Multi-Purpose Room - M Common Room - C Dining Room - DR Front Lawn - FL Pergola - P Solarium - S Fireside Patio - FP Library (2nd floor) - L Workshop (2nd floor) - W Billiards Lounge - BL Bar - B Private Dining Room - PDR Fitness Centre - FC Shuttle Bus - SB

In the Kitchen

The new Fall/Winter Menu will begin on Sunday, October 5. A menu survey will follow after a

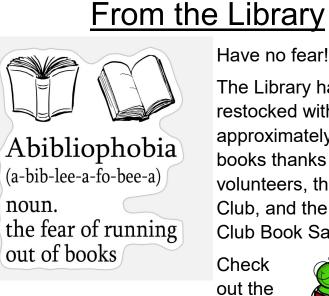


couple cycles through. No sugar

added

desserts are available daily. Please ask your server for the available options.

Mini Wheats are now available for breakfast!



Have no fear!

The Library has been restocked with approximately 85 new books thanks to resident volunteers, the Rotary Club, and the Rotary Club Book Sale!

Check out the

Library on the 2nd floor. Enjoy!

Thinking of Relocating to the Rotary Villas **Addition?**

Current Rotary Villas' residents can exclusively pick their suite (Orchid, Carnation, or Poppy) in the addition up until October 11. Then, in the following weeks suite picks will be offered to the wait list and then the public. To hold your suite, a \$1000 non-refundable deposit is required.

An Orchid Suite will be available as a show room early October. Please see Tanis to schedule a showing. The remainder of the building (including other suites) is expected to open January 2025. A general showing for all residents will be scheduled at a later date.



ORCHID-654 sq. ft.



CARNATION-864 sq. ft.



POPPY-807 sq. ft.



A Note from the Wellness **Department**

The fall season is upon us and we all have many things to be thankful for. Be sure to stop by our Thankfulness Tree and place a leaf on the tree just in time for Thanksgiving.



The Wheat Kings season is underway and we have two evenings of hockey

fun where we will be serving snacks and drinks (and maybe even some prizes!) while we watch together. Be sure to wear your Wheat Kings gear or colours on those days.

3 out of 4 of our entertainers this month are new to us so be sure to come and hear them all as they make their Rotary Villas debut.

This month we will be celebrating both World Animal Day and World Cardmaking Day. On World Animal Day get dressed in your animal print clothing (or clothes with an animal on it) and come play our game featuring a variety of unique and unusual animals.

We will be having many Halloween themed activities during the week leading up to Halloween. Join us for pumpkin carving, themed charades, assorted games, and stop by our spooky sundae booth, as well as our witches brew station (if you dare!). Be sure to dress up in your best Halloween costume on the 31st; we will have a costume contest followed by a group photo.

It's time to clean out your closets! If you have any clothing or household items you would like to donate, we will have a donation bin set up in the Fitness Centre.

We are happy to announce that we raised a total of \$1098.00 for the Terry Fox Foundation through 50/50 proceeds and our Terry Fox Walk. Thank you so much to everyone who made a donation!

Have a wonderful month. We are thankful for all of you!

Lisa, Trish & Faith

The Retirement Lifestyle You Deserve

October 2024



It is hard to believe that October has arrived, which leaves 3 months to get ready for the new Orchid, Poppy, and Carnation suites.

Current residents of Rotary Villas will have until Oct. 11 to choose a suite if they wish to move over. We will require a \$1000 suite deposit to hold the suite you choose, which will go towards your first month's rent. We are still hoping for a January 2025 opening date (pending construction).

We have had guite a few recent move ins including Susie Enns, Barrie and Bettie Wood, Lois Burke, Garth and Dorothy Wakefield, Winnie Black and John Burgess. I wish everyone a safe and healthy October and thank you for choosing Rotary Villas as your home!

Tanis Low

Leasing Coordinator