

September 29-October 5, 2024

Weekly Menu Calendar

SUNDAY, SEPT. 29	MONDAY, SEPT. 30	TUESDAY, OCT. 1	WEDNESDAY, OCT. 2	THURSDAY, OCT. 3	FRIDAY, OCT. 4	SATURDAY, OCT. 5
Breakfast Delight Eggs Benedict	Breakfast Delight Bacon & Egg Breakfast Sandwich	Breakfast Delight Toasted Bagel with Cream Cheese	Breakfast Delight Grilled Cinnamon Bun	Breakfast Delight Apple Cinnamon Pancakes	Breakfast Delight Western Omelette <small>(ham, green onions, peppers)</small>	Breakfast Delight Waffles
<i>Soup of the Day</i> Butternut Squash Lunch Turkey Pot Pie Gravy Dinner Roll or Sausage & Onion Frittata Toast	<i>Soup of the Day</i> Borscht Lunch Toasted Tomato Sandwich Macaroni Salad or Beef Pot Pie Macaroni Salad	<i>Soup of the Day</i> Beef Barley Lunch Poutine Florette Salad or Smoked Turkey Breast Lettuce Sandwich Florette Salad	<i>Soup of the Day</i> Potato Bacon Lunch Beef Taco Bake Salsa & Sour Cream or Shrimp Salad Croissant Cucumber Slices	<i>Soup of the Day</i> Minestrone Lunch Turkey Cranberry Flatbread Greek Salad or Egg Salad Sandwich Greek Salad	<i>Soup of the Day</i> Carrot Ginger Lunch Mushroom Fettuccini Alfredo Garlic Toast or Fish Burger Carrot Sticks	<i>Soup of the Day</i> Split Pea & Ham Lunch Hot Chicken Sandwich Savory Biscuit or Weiners & Beans Savory Biscuit
Supper Roasted Pork Loin with Apple Sauce Mashed Potatoes Stuffing Yellow Wax Beans Blueberry Pie	Supper Sweet & Sour Chicken Balls Fried Rice Stir Fry Vegetables or Mongolian Beef Fried Rice Stir Fry Vegetables Sticky Toffee Pudding	Supper Breakfast Skillet Beets Harvard or BBQ Pork Chop Twice Baked Potato Beets Harvard Raspberry Mousse	Supper Meatballs in Gravy Herb Roasted Potatoes Seasoned Zucchini or Creamy Mushroom Chicken Cutlet Herb Roasted Potatoes Seasoned Zucchini Layered Jello	Supper English Banger Mashed Potatoes PEI Vegetables or Corned Beef Mashed Potatoes PEI Vegetables Baked Apple	Supper Chicken Diane Potato Wedges Mashed Turnips or Maple Glazed Salmon Potato Wedges Mashed Turnips Oreo Delight	Supper Liver & Onions with Bacon Scalloped Potatoes Corn Bean Salad or Cheesy Ham & Scalloped Casserole Corn Bean Salad Triple Chocolate Brownie

Meal Times

Breakfast	6:30 - 9:00 AM	
Lunch	First: 11:30 AM	Second: 12:45 PM
Supper	First: 4:45 PM	Second: 6:15 PM

Daily Breakfast Choices:

Continental - your choice of hot or cold cereal, assortment of bread, yogurt and fruit.

Classic - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

Daily Lunch & Supper Choices - Your choice of Soup of the Day or tossed salad.

