

# September 22-28, 2024

# Weekly Menu Calendar

| SUNDAY, SEPT. 22  | MONDAY, SEPT. 23   | TUESDAY, SEPT. 24  | WEDNESDAY, SEPT. 25   | THURSDAY, SEPT. 26  | FRIDAY, SEPT. 27   | SATURDAY, SEPT. 28   |
|---|--|--|---|---|--|--|
| Breakfast Delight<br>Eggs Benedict  | Breakfast Delight<br>Bacon & Egg Breakfast Sandwich  | Breakfast Delight<br>French Toast  | Breakfast Delight<br>Grilled Cinnamon Bun   | Breakfast Delight<br>Blueberry Pancakes   | Breakfast Delight<br>Mushroom & Cheese Omelette  | Breakfast Delight<br>Waffles   |
| <i>Soup of the Day</i><br>French Onion<br><b>Lunch</b><br>Chicken Caesar Salad<br>Garlic Toast<br>or<br>Ham & Cheese Sandwich<br>Broccoli Salad         | <i>Soup of the Day</i><br>Cream of Tomato<br><b>Lunch</b><br>Grilled Cheese Sandwich<br>Pickle Spears<br>or<br>Hot Dog<br>Potato Chips                   | <i>Soup of the Day</i><br>Chicken Corn Chowder<br><b>Lunch</b><br>Reuben Sandwich<br>Celery Sticks<br>or<br>Egg & Spinach Salad<br>Cornbread Muffin  | <i>Soup of the Day</i><br>Italian Wedding<br><b>Lunch</b><br>Tuna Salad Croissant<br>Sliced Tomato<br>or<br>Chicken Bacon Ranch Melt<br>Sliced Tomato | <i>Soup of the Day</i><br>Cream of Broccoli<br><b>Lunch</b><br>Beef Burrito<br>Salsa & Sour Cream<br>or<br>Four Cheese Quesadilla<br>Salsa & Sour Cream   | <i>Soup of the Day</i><br>Beef Vegetable<br><b>Lunch</b><br>Chef Salad<br>Bread Stick<br>or<br>Salmon Salad Sandwich<br>Baby Carrots   | <i>Soup of the Day</i><br>Lemon Chicken<br><b>Lunch</b><br>Baked Ravioli<br>Caesar Salad<br>or<br>Beef Dip with Au Jus<br>Caesar Salad       |
| <b>Supper</b><br>Roast Beef au Jus<br>Yorkshire Pudding<br>Mashed Potatoes<br>Pickled Beets<br>Mixed Vegetables<br>Horse Radish<br><br>Chocolate Mousse | <b>Supper</b><br>Chicken Cacciatore<br>Rice Pilaf<br>Butternut Squash<br>or<br>Pork Cutlet<br>Rice Pilaf<br>Butternut Squash<br><br>Stained Glass Jell-o | <b>Supper</b><br>Lemon Pepper Haddock<br>Mashed Sweet Potato<br>Braised Cabbage<br>or<br>Cheesy Baked Tortellini with Pesto<br>Garlic Toast<br>Diced Tomato & Green Onion<br><br>Fresh Berries | <b>Supper</b><br>Salisbury Steak<br>Baked Potato<br>Peas<br>or<br>BBQ Ribs<br>Baked Potato<br>Peas<br><br>Stewed Rhubarb                              | <b>Supper</b><br>Chicken a la King<br>Garlic Mashed Potatoes<br>Sunrise Vegetables<br>or<br>Honey Garlic Pork Bites<br>Garlic Mashed Potatoes<br>Sunrise Vegetables<br><br>Vanilla Caramel Cake | <b>Supper</b><br>Beef Stroganoff<br>Egg Noodles<br>Cauliflower with Cheese Sauce<br>or<br>Crunchy Ocean Perch<br>Boiled Potatoes<br>Cauliflower with Cheese Sauce<br><br>Donut | <b>Supper</b><br>Fried Chicken<br>French Fries<br>Creamed Corn<br>or<br>Garlic Sausage<br>Perogies<br>Creamed Corn<br><br>Ice Cream Sandwich |

## Meal Times

Breakfast 6:30 - 9:00 AM  
 Lunch First: 11:30 AM Second: 12:45 PM  
 Supper First: 4:45 PM Second: 6:15 PM

## Daily Breakfast Choices:

**Continental** - your choice of hot or cold cereal, assortment of bread and pastries, yogurt and fruit.

**Classic** - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

**Daily Lunch & Supper Choices** - Your choice of Soup of the Day or tossed Salad.

