

# Rotary Villas Recreation Calendar - September 2024

## Birthdays

Sept. 3-Marilyn Ross  
 Sept. 6-Rhea Chudy  
 Sept. 6-Marion Prior  
 Sept. 11-Garth Cumming  
 Sept. 11-Lorna Bailey  
 Sept. 12-Ada Bergson  
 Sept. 16-Joan Kelleher  
 Sept. 17-Shirley Campbell  
 Sept. 19-Donna Davis  
 Sept. 20-Phyllis Murray  
 Sept. 27-Sandra Jackson  
 Sept. 28-Jack Klein  
 Sept. 30-Wayne Alexander

## Anniversary


Sept. 1-Pam Stacy & Don Roy

## Shuttle Schedule

Monday to Friday:  
 8:15am—4:15pm  
 Sunday Church Shuttle:  
 8:45am—12:15pm

## Locations

Multi-Purpose Room - M  
 Common Room - C  
 Dining Room - DR  
 Front Lawn - FL  
 Pergola - P  
 Solarium - S  
 Fireside Patio - FP  
 Library (2nd floor) - L  
 Workshop (2nd floor) - W  
 Billiards Lounge - BL  
 Bar - B  
 Private Dining Room - PDR  
 Fitness Centre - FC  
 Shuttle Bus - SB

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:45 Church Shuttle-SB 2:00 Book Club - L 7:30 Youth Choir - C	2 Labour Day Pick up back to school themed puzzle booklets at the front desk!	3 9:30 Outdoor Sittercises-P 10:00 Coffee with Lisa T.-C 10:00 Mobile Foot Care -M 2:00 Wacky S'mores: Part 2 by the Fire - FP 3:30 Rotary Happy Hour - B	4 9:30 Tai Chi Class - M 10:00 Coffee with Bev - C 11:00 Catholic Mass - M 12:00-1:00 50/50 Draw 2:00 Sit & Be Fit - M 3:00 Hymn Sing - C	5 9:30 Exercises - M 10:00 Coffee with Cory - C 2:00 Afternoon Bingo - DR 7:30 Entertainment by The Cousins - DR	6 9:30 Drumming to be Fit-M 10:00 Coffee with Bev - C 10:30 Tea & Tales - M 1:45 Sit & Be Fit - M 2:30 Ice Cream Roulette - DR	7 10:00 Humane Society Project - M 2:00 CFL Game: Blue Bombers vs. Roughriders with drinks & snacks - C
8 8:45 Church Shuttle-SB 2:30 Worship & Devotional Service - C	9 9:30 Stretching - M 10:00 Coffee with Shradha - C 10:30 Fire Presentation-M 2:00 Fire Presentation - M 7:15 Word in a Word - C	10 9:30 Exercises - M 10:00 Coffee with Jody - C 2:00 Town Hall - DR 3:30 Rotary Happy Hour - B 5:30-7:30 Car Show with the Road Rebels in the Front Parking Lot	11 9:30 Chair Dancing - M 10:00 Coffee with Bev - C 12:00-1:00 50/50 Draw 2:00 Fire Drill 3:00 Sing-a-Long - C 7:15 Charades - C	12 9:30 Stretching - M 10:00 Coffee with Tanis -C 2:00 Afternoon Bingo - DR 3:00 Big Beasts Video # 4: The Gorilla - M	13 National Fortune Cookie Day! 9:30 Drumming to be Fit-M 10:00 Coffee with Trish - C 10:30 Tea & Tales - M 2:00-2:30 Terry Fox Walk 2:30 Popsicles under the Pergola - P	14 10:00 Humane Society Project - M 2:00 Crafty Corner: Scrap Paper Quilt-M
15 8:45 Church Shuttle-SB 10:00 Prairie Therapy Dogs - M 7:30 Interdenominational Church Service (COP)-C	16 9:30 Exercises - M 10:00 Coffee with Lisa D. - C 2:00 Movie Matinee: Julie & Julia - M 7:15 Evening Bingo: (bring \$3) - M	17 9:30 Outdoor Sittercises-P 10:00 Coffee with Lisa T.-C 3:30 Rotary Happy Hour with Mocktails & Snacks-B 7:15 Senior Paper Stories-C	18 9:30 Chair Dancing - M 10:00 Coffee with Bev - C 12:00-1:00 50/50 Draw 2:00 Sit & Be Fit - M 3:00 Sing-a-Long - C 7:15 Mental Aerobics Word Game: Boggle - C	19 9:30 Stretching - M 10:00 Coffee with Cory - C 11:45 Lunch Bunch Outing: Browns Socialhouse 2:00 Afternoon Bingo - DR 2:00 Communion with St. Matthew's Church-PDR	20 Wear Black & Yellow Wheat Kings Home Opener! 9:30 Drumming to be Fit-M 10:00 Coffee with Trish - C 10:30 Tea & Tales - M 1:45 Sit & Be Fit - M 2:30 Ice Cream Treat: Fudgesicles -DR	21 10:00 Card Bingo - M 2:00 Birthday Party with Entertainment by Lyle Baldwin - DR
22 Autumn Begins 8:45 Church Shuttle-SB 2:30 Worship & Devotional Service - C	23 9:30 Stretching - M 10:00 Coffee with Shradha-C 2:00 Birch Tree Painting Class followed by Wine & Cheese - M 7:15 Music Monday by the	24 9:30 Exercises - M 10:00 Coffee with Jody - C 10:00 Mobile Foot Care -M 2:30 Meet & Greet - DR 3:30 Rotary Happy Hour - B 7:15 Armchair Travel: Chile - M	25 9:30 Chair Dancing - M 10:00 Coffee with Trish -C 12:00-1:00 50/50 Draw 2:00 Sit & Be Fit - M 3:00 Sing-a-Long - C 7:30 Entertainment with Until It's No Fun - DR	26 9:30 Stretching - M 10:00 Coffee with Tanis -C 2:00 Gift Card Bingo - DR 3:00 Outdoor Sittercises-P	27 9:30 Drumming to be Fit-M 10:00 Coffee with Trish - C 10:30 Tea & Tales - M 1:45 Sit & Be Fit - M 2:30 Ice Cream Bars -DR	28 10:00 Outdoor Walk (Meet in Lobby) 2:00 Humane Society Project - M
29 8:45 Church Shuttle-SB	30 National Day for Truth and Reconciliation Wear an orange shirt to honour the survivors		<b>Funny Money is back!</b> Attend and participate in a GREEN highlighted program you will receive "funny money". Collect as much as you can to use at the upcoming winter auction!	<b>Lions TV Bingo:</b> Every Wednesday at 3:00pm (Channel 12) Cards are sold at the front desk for \$3.00/ pack of 3 cards.	<b>Brandon Embroiders</b> will be here in the Library at 1:30pm on September 4 & 18.	<b>Gel Moments Nails</b> will be offered in the Library starting at 9:00am on Wednesday September 11 & 25.

## Rotary Villas 50/50

Rotary Villas' 50/50 is held every Wednesday from 12 p.m.—1 p.m. by the mailboxes.

1 ticket for \$1.00 or 3 tickets for \$2.00

Each month the proceeds go to a different charity. This month's proceeds will be going to the Terry Fox Foundation.



**THE TERRY FOX  
FOUNDATION**

## Cold & Flu Season

Cold & flu season is upon us. In order to keep our community safe we ask, if you have any cold or flu symptoms such as fever, chills, cough, sore throat, hoarse voice, loss of taste or smell, or vomiting/diarrhea that lasts more than 24 hours, please stay in your suite and we will gladly deliver room service while you get well. Anyone with cold or flu symptoms should isolate in their suite for 7 days from the start of symptoms and should be asymptomatic for 24 hours prior to returning to the dining room for meals. Absence of cough is not required for those who have a chronic cough.

## Fire Procedure Review

Please plan to attend one of the fire presentations on September 9 to review what to do in case of a fire.

**A fire drill is planned for  
September 11, at 2 p.m.**



## Room Service

Rotary Villas room service program is available to residents for times of brief illness such as respiratory (cold or flu), gastrointestinal (vomiting, diarrhea) or briefly while recuperating (such as after a return from hospital).

If you receive room service, we ask that you place a small table outside your door for your dishes once finished. If you require assistance with the dishes, a staff member will knock and enter to collect the tray.

In order for room service to continue as a complementary service we ask that you reserve the use of room service for these reasons. We offer two meal seatings in the dining room to allow you to accommodate for appointments, homecare, outings, etc. Let us serve you in the dining room!


## Volunteer Spotlight




We want to give a BIG THANK YOU to Bev. Bev Trachuk has been volunteering at Rotary Villas for 3 years. She has volunteered for ice cream Fridays, coffee time, Carnival, the resident Christmas buffet, crafts, and more. We appreciate all Bev has done for us.

THANKS BEV!





ROTARY  
VILLAS  
AT CROCUS GARDENS



# The Retirement Lifestyle You Deserve

September 2024

## A Note from the Wellness Department

Autumn is only a few weeks away but there is still a lot of time for outdoor fun! Be sure to stop by the parking lot for an evening car show with the Road Rebels, come and roast some tasty s'mores, listen to music by the fire and join us for a few more outdoor sit-tercise classes.

The Brandon Wheat Kings begin their season this month on Friday, September 20th. Be sure to dress in your Wheat Kings clothing (or colours) that day. Every game will be playing in the common room so come on down to cheer them on! The monthly schedule will be posted on the wellness board. Throughout the entire season we will be having different Wheat Kings themed games and activities that we hope you will all enjoy (even if you aren't a hockey fan!).

We are happy to announce that we raised a total of \$362.50 for Helping Hands Soup Kitchen at our 50/50 Draws for the month of August! This month we will be raising money for The Terry Fox Foundation. In addition, we will be having a Terry Fox Walk to help raise even more money. Check the wellness board for more details coming soon! Please note: the 50/50 draws each Wednesday will now be taking place from 12:00pm-1:00pm.

The cooler weather will be fast approaching so are excited to have the return of crafty activities such as our birch tree painting class followed by wine and cheese and a new fun scrap paper quilt to keep us busy inside. It's also time to get travelling this month to Chile with armchair travel! Come and watch the Blue Bombers play the Roughriders with us in the common room where we will be serving drinks and snacks, celebrate National Fortune Cookie Day and so much more. We look forward to spending the month of September with you!

**Lisa, Trish & Faith**

**Wellness Department**



In September, we are pleased to welcome Winnie Black, Suzie Enns, Lois Burke, Garth & Dorothy Wakefield, and Barry & Betty Wood to Rotary Villas.

We hope to hold information sessions about the addition in September. Stay tuned!

Have a great September!

**Tanis Low**

**Leasing Coordinator**

## Upcoming Stat Holidays

There will be no shuttle on the following dates due to stat holidays:

Monday, September 2

Monday, September 30