

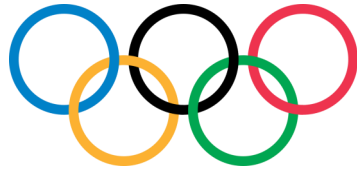
A Note from the Wellness Department



Can you believe we are at the start of another new month and the last full month of summer?! Get ready for lots of outdoor fun (as well as indoor fun!). Each week we will have at least 2 activities that take place outside. Join us for various treats by the firepit, water games (including the Rotary Villas water gun fight and slip and slide), horse visit with the Lucky Break Ranch, new outdoor games, exercises and more!

The last week of the Olympics will be taking place so be sure to bring your passport and attend as many activities as you can to collect your stamps before they are over. The resident(s) with the most stamps will win a special prize!

Check the recreation calendar to see which colour you should dress in each day so that we can represent the Olympic rings in a colourful and fun way.



The Brandon Embroiderers use our library on Wednesdays for their group, and as a thank you for letting them use our space they will be setting up a display of their beautiful work in the Multipurpose Room for you to come and see! Be sure to stop by and see their wonderful creations.

We are happy to announce that we raised a total of \$332.65 for Bee City Brandon at our 50/50 draws for the month of July! Be sure to stop by the 50/50 booth this month to see who we will be raising money for next.



We hope you have a wonderful month and we look forward to spending time with you all soon!

Lisa, Trish & Faith
Wellness Department

New Room Service Tray Procedure

Our new room service trays have arrived! We have mostly phased out the use of one-time use products and will use the new setup going forward.

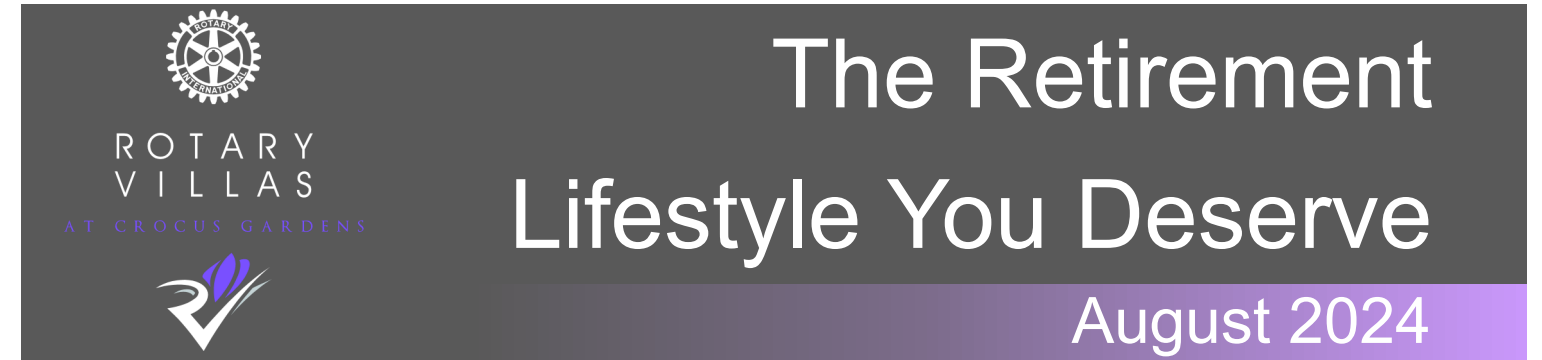
Please place your tray outside your suite on either a table or the floor

when you are finished. Our staff will come by to collect it shortly after meal times. If



assistance with dishes is required, a staff member will knock and enter to collect the tray.

We look forward to this new method to deliver meals to suites when you are unwell and unable to attend the Dining Room.



Another Successful (and Hot) Annual Carnival

Our 2024 Annual Carnival was a great success. Everyone braved the heat, had a blast playing the games, and cooled off in the shade with some lemonade, popcorn, and donuts.

A great big thank you to everyone that helped organize, set up, and helped the day run smoothly, especially the ladies in the Wellness Department. Thank you Chef Cory keeping us hydrated and fed. Thank you to our volunteers from the Rotary Club and United Way summer program students for coming to assist with games.

We look forward to more fun at next year's Carnival!



July has been a busy month in the Leasing Department.

We look forward to two new residents, Lois Burke and Bonnie Neighbour, joining us in August.

The new building is coming along nicely and slated for opening in December 2024 completion.

I anticipate the new carpet on 1st floor and the Bar/ Snack Bar will be installed very soon. The Fitness Center will be moving to the new building across the 2nd floor walkway. I will keep you posted with information about the addition as it becomes available.

Enjoy the rest of the summer!

Tanis Low
Leasing Coordinator

Rotary Villas Recreation Calendar - August 2024

August Birthdays

August 8-Faye Brown
 August 13-Lloyd Harness
 August 16-Jack Fraser
 August 21-Lorraine Walker
 August 22-Pam Stacy
 August 26-Missy Drummond
 August 27-Ed Smaluk
 August 29-Heather Bridgeman

August Anniversaries



August 23-Shirley & Glenn Erskine

Shuttle Schedule

Monday to Friday:
 8:15am—4:15pm
 Sunday Church Shuttle:
 8:45am—12:15pm

Locations

Multi-Purpose Room - M
 Common Room - C
 Dining Room - DR
 Front Lawn - FL
 Pergola - P
 Solarium - S
 Fireside Patio - FP
 Library (2nd floor) - L
 Workshop (2nd floor) - W
 Billiards Lounge - BL
 Bar - B
 Private Dining Room - PDR
 Fitness Centre - FC
 Shuttle Bus - SB

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lions TV Bingo: Every Wednesday at 3:00pm (Channel 12) Cards are sold at the front desk for \$3.00/ pack of 3 cards.	Brandon Embroiders will be here in the Library at 1:30pm on August 7, 21 & 28.	Gel Moments Nails will be offered in the Library starting at 9:00am on Wednesday August 14 & 28.		1 9:30 Outdoor Sittercises-P 10:00 Coffee with Tanis -C 2:00 Afternoon Bingo - DR 7:15 Music from Around the World by the Fire-FP	2 9:30 Drumming to be Fit with Jody - M 10:00 Coffee with Lisa D. - C 1:45 Sit & Be Fit - M 2:30 Ice Cream Treats -DR	3 10:00 Humane Society Project - M 2:00 Entertainment by Prairie Fire - DR
4 8:45 Church Shuttle-SB 7:30 Youth Choir - C	5 Civic Holiday Olympic puzzles at the front desk  Dress in Olympic Ring colours each day this week!	6 Wear Blue today! 9:30 Exercises - M 10:00 Music with Elaine - C 10:00 Bus to Tea & Tales 2:00 Maple Marshmallows by the Fire - FP 3:30 Rotary Happy Hour - B 7:15 Senior Paper Stories-C	7 Wear Yellow Today! 9:30 Chair Dancing - M 10:00 Coffee with Bev - C 11:00 Catholic Mass with St. Augustine Church-M 12:00 50/50 Draw 2:00 Sit & Be Fit - M 3:00 Hymn Sing - C	8 Wear Black Today! 9:30 Stretching - M 10:00 Coffee with Cory - C 12:00 Walk to Blue Hills Bakery for Lunch 2:00 Afternoon Bingo - DR 7:15 Word Ladders - C	9 Wear Green Today! 9:30 Drumming to be Fit-M 10:00 Coffee with Trish - C 1:15 Scavenger Hunt with the United Way Students 2:30 Ice Cream Parlour: Assorted Flavours -DR	10 Wear Red today! 10:00 Card Bingo - M 2:00 Pow Wow Demonstration - DR
11 8:45 Church Shuttle-SB 2:30 Worship & Devotional Service- C	12 9:00 Olympic Passports Due 9:30 Stretching - M 10:00 Coffee with Lisa D. - C 2:00 Concert from the Past: Harry Belafonte - M 7:15 Colouring for Adults-M	13 9:30 Exercises - M 10:00 Coffee with Jody - C 10:00 Bus to Tea & Tales 2:00 Resident Council - M 3:30 Rotary Happy Hour with Mocktails & Snacks-B 7:15 Scattergories - C	14 National Creamsicle Day! 9:30 Chair Dancing - M 10:00 Coffee with Trish - C 12:00 50/50 Draw 2:00 Sit & Be Fit - M 2:30 Outdoor Creamsicles-P 3:00 Sing-a-Long - C	15 9:30 Stretching - M 10:00 Coffee with Tanis -C 2:00 Afternoon Bingo - DR 3:30 Entertainment with Keith & Gary - C 7:15 Watermelon by the Fire - FP	16 9:30 Drumming to be Fit-M 10:00 Coffee with Trish - C 1:45 Sit & Be Fit - M 2:30 Chocolate & Peanut Butter Sundaes - DR	17 10:00 Walk Around the Block (meet in lobby) 2:00 Number Find Competition - M
18 8:45 Church Shuttle-SB 10:00 Prairie Therapy Dogs - M 7:30 Interdenominational Church Service (COP) - C	19 9:30 Exercises - M 10:00 Coffee with Shradha - C 2:00 Flower Pot Critters Class - M 7:15 Evening Bingo: (bring \$3) - M	20 9:30 Outdoor Sittercises-P 10:00 Coffee with Lisa T.-C 3:30 Rotary Happy Hour - B 7:30 Birthday Party with Entertainment by Long Shot - DR	21 9:30 Chair Dancing - M 10:00 Coffee with Bev - C 12:00 50/50 Draw 1:30-3:30 Brandon Embroiders Display-M 2:00 Sit & Be Fit - C 3:00 Sing-a-Long - C	22 9:30 Stretching - M 10:00 Coffee with Cory - C 1:30 Residents vs. Staff vs. Students-M 7:15 Sips 'n Stories by the Fire - FP	23 9:30 Drumming to be Fit-M 10:00 Coffee with Trish - C 1:45 Sit & Be Fit - M 2:30 Cookie Crumble Sundaes - DR	24 10:00 Humane Society Project - M 2:00 Outdoor Giant Connect 4 Game-FL
25 8:45 Church Shuttle-SB 2:30 Worship & Devotional Service- C	26 9:30 Stretching - M 10:00 Coffee with Lisa D. - C 1:30 High Tea at Lady of the Lake - SB 7:30 Entertainment by Phil Wilk - DR	27 9:30 Exercises - M 10:00 Coffee with Jody - C 2:30 Meet & Greet - DR 3:30 Rotary Happy Hour - B 7:15 Trivia Night - C	28 9:30 Chair Dancing - M 10:00 Coffee with Bev - C 12:00 50/50 Draw 2:00 Sit & Be Fit - M 3:00 Sing-a-Long - C	29 9:30 Stretching - M 10:00 Coffee with Tanis -C 11:00-1:00 Lucky Break Ranch Horse Visit in the Parking Lot 2:00 Afternoon Bingo - DR	30 9:30 Drumming to be Fit-M 10:00 Coffee with Trish - C 1:30 Wet n' Wild Water Fight & Slip n' Slide-FL 2:30 Ice Cream Treats- DR	31 10:00 Exercise Circuit - pick up instructions at the front desk! 2:00 Movie Matinee: The Best Exotic Marigold Hotel -M