

# July 7-13, 2024

# Weekly Menu Calendar

SUNDAY, JULY 7	MONDAY, JULY 8	TUESDAY, JULY 9	WEDNESDAY, JULY 10	THURSDAY, JULY 11	FRIDAY, JULY 12	SATURDAY, JULY 13
Breakfast Delight Eggs Benedict	Breakfast Delight Bacon & Egg Breakfast Sandwich	Breakfast Delight Toasted Bagel with Cream Cheese	Breakfast Delight Grilled Cinnamon Bun	Breakfast Delight Apple Cinnamon Pancakes	Breakfast Delight Western Omelette <small>(ham, green onions, peppers)</small>	Breakfast Delight Waffles
<i>Soup of the Day</i> Butternut Squash <b>Lunch</b> Turkey Pot Pie Gravy Dinner Roll or Sausage & Onion Frittata Toast	<i>Soup of the Day</i> Borscht <b>Lunch</b> Toasted Tomato Sandwich Macaroni Salad or Beef Pot Pie Macaroni Salad	<i>Soup of the Day</i> Beef Barley <b>Lunch</b> Poutine Florette Salad or Smoked Turkey Breast Lettuce Sandwich Florette Salad	<i>Soup of the Day</i> Potato Bacon <b>Lunch</b> Beef Taco Bake Salsa & Sour Cream or Shrimp Salad Croissant Cucumber Slices	<i>Soup of the Day</i> Minestrone <b>Lunch</b> Turkey Cranberry Flatbread Greek Salad or Egg Salad Sandwich Greek Salad	<i>Soup of the Day</i> Carrot Ginger <b>Lunch</b> Mushroom Fettuccini Alfredo Garlic Toast or Fish Burger Carrot Sticks	<i>Soup of the Day</i> Split Pea & Ham <b>Lunch</b> Hot Chicken Sandwich Savory Biscuit or Weiners & Beans Savory Biscuit
<b>Supper</b> Roasted Pork Loin with Apple Sauce Mashed Potatoes Stuffing Yellow Wax Beans  Blueberry Pie	<b>Supper</b> Sweet & Sour Chicken Balls Fried Rice Stir Fry Vegetables or Mongolian Beef Fried Rice Stir Fry Vegetables  Sticky Toffee Pudding	<b>Supper</b> Breakfast Skillet Beets Harvard or BBQ Pork Chop Twice Baked Potato Beets Harvard  Raspberry Mousse	<b>Supper</b> Meatballs in Mushroom Gravy Herb Roasted Potatoes Seasoned Zucchini or Creamy Mushroom Chicken Cutlet Herb Roasted Potatoes Seasoned Zucchini  Layered Jello	<b>Supper</b> English Banger Mashed Potatoes PEI Vegetables or Corned Beef Mashed Potatoes PEI Vegetables  Baked Apple	<b>Supper</b> Chicken Diane Potato Wedges Mashed Turnips or Maple Glazed Salmon Potato Wedges Mashed Turnips  Oreo Delight	<b>Supper</b> Liver & Onions with Bacon Scalloped Potatoes Corn Bean Salad or Cheesy Ham & Scalloped Casserole Corn Bean Salad  Triple Chocolate Brownie

## Meal Times

Breakfast	6:30 - 9:00 AM	
Lunch	First: 11:30 AM	Second: 12:45 PM
Supper	First: 4:45 PM	Second: 6:15 PM

## Daily Breakfast Choices:

**Continental** - your choice of hot or cold cereal, assortment of bread, yogurt and fruit.

**Classic** - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

**Daily Lunch & Supper Choices** - Your choice of Soup of the Day or tossed salad.

