

# A Message from the Wellness Department

The weather is starting to get nicer; the sun is getting warmer and that means we will soon be able to spend time outside and enjoy programs in the sunshine.

It's time to look forward to days spent on the patio, by the fire pit, or under the pergola enjoying watermelon, music and games. What about our annual water fight and slip and slide? Those are always fun! Watch out this year for a new twist! Introducing Duck races!

Then there is our big day spent with family and friends at our Carnival complete with outdoor games, bouncy castle, and mini donuts.

The shuttle will be on the road for ice cream trips and drives in the country. Be ready for the scavenger hunt drives and day trips to nearby attractions.

Our Staff vs Residents afternoon is always good for a little competition, along with the ever-popular pie eating contest.

We hope the Batchery will visit us again and horses from Lucky Break Ranch.

You never know what the Wellness Department will dream up next. Watch your calendar and see you there!

**Joyce and Trish**



# Worship & Devotional Service at Rotary Villas

Rotary Villas is pleased to offer various spiritual services on our monthly recreation calendar.

The Rotary Villas Worship and Devotional Service was originally started by Rev. Gordon Brown, who called Rotary Villas home from 2021-2022. He was a Pastor for much of his life around Southern Manitoba, including Brandon, and continued his ministry right up until his passing at the start of 2023.

Shortly after moving in, he started a service at Rotary Villas a couple of Sunday afternoons a month. That's when he invited his granddaughter, Lindsay Blair, and great grandson, Darcy Jackson, to come sing hymns to accompany his messages.

After Gordon's passing, Lindsay was asked if she might want to continue the services and was excited to carry on what her grandpa Gordon started. Daniel Blair, Lindsay's husband, began leading the devotionals and in the last year were able to go from having services once a month to twice a month.

Here is a little bit about Lindsay & Daniel: We have 4 children: Trinity, Vaughan, Asher and Darcy, and have lived near Justice MB for the last 8 years on an acreage. Our 3 oldest have since moved out and it is now just Darcy, our youngest, at home, along with our cats. We have both veggie and flower gardens, which we love taking care of in the summer.

We always look forward to our time at Rotary Villas and really enjoy meeting new residents and getting to know everyone better each time we come. We welcome everyone to come and thank-you for having us!



## Wellness Coordinator Announcement



Joyce Scantlebury has made the decision to transition from her current role of Wellness Coordinator to Recreation Assistant as of May 1. We are happy to support Joyce's decision and thrilled to keep her on our wellness team.

Help us welcome Lisa Tudball, Recreation Coordinator, to the Rotary Villas team. Lisa will begin on April 15.

She recently moved to Brandon from Winnipeg. Lisa has a degree of Arts and Recreation Management & Community Development from the University of Manitoba. For the last 17 years, she has worked at a retirement community in Winnipeg as the Recreation Coordinator. She enjoys crafting, loves animals, and is a fan of the Jets and Blue Bombers. Lisa is very excited to join our team!



# The Retirement Lifestyle You Deserve

April 2024

## Welcome HOME!

Rotary Villas would like to welcome Mel McGregor and Jim & Nancy Davidson mid-April. Please be sure to extend a warm welcome when they arrive. I am looking forward to sharing the details of the new addition as they come available. Anticipated completion date is Spring 2025.

**Tanis Low**  
Leasing Coordinator

## New Menu

Chef Cory has planned a new three week menu for spring and summer. The new menu rotation began on March 31. He has also been busy taking photos of each meal option so we can update our PowerPoint with accurate photos. Test your tastebuds and try something new!

*Left: Turkey Flatbread*  
*Right: Ravioli*  
Check out the PowerPoint TVs by the elevators or Front Desk for daily menu photos.



# APRIL 2024 RECREATION CALENDAR



## April Birthdays

Donna Dobson	Apr. 6
Jackie Jarvin	Apr. 7
Herman Acquin	Apr. 7
Hank Walker	Apr. 8
Norma Andronick	Apr. 8
Catherine Carter	Apr. 8
Don Benzie	Apr. 18
Keith Doll	Apr. 19
Edgar Penner	Apr. 23
Joy Nadeau	Apr. 30

## April Anniversaries

### Shuttle Schedule

#### Monday to Friday

8:15 a.m. - 4:15 p.m.

#### Sunday Church Shuttle

8:45 a.m. - 12:15 p.m.

### Locations

Common Room	C
Fitness Centre	FC
Front Lawn	FL
Multipurpose Room	M
Dining Room	DR
Private Dining Rm.	PDR
Solarium	S
Fireside Patio	FP
Library (2 <sup>nd</sup> Floor)	L
Workshop (2 <sup>nd</sup> floor)	W
Billiards Lounge	BL
Shuttle Bus	SB
Bar	B

Calendar is subject to change.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>EASTER MONDAY &amp; APRIL FOOLS DAY</b> 1 9:30 Chair Dancing - M 10:00 Coffee with Shradha - C 2:00 Shuffleboard - BL 7:15 Music by Lyle Baldwin - DR	2 9:30 Chair Yoga - M 10:00 Piano with Judy Masters - C 2:00 Karaoke - M 3:30 Rotary Happy Hour - B 7:15 Old Tyme Records - C	3 9:30 Stretching - M 10:00 Coffee with Bev - C 12:00 50/50 Draw 2:00 Sit & Be Fit - C 3:00 Hymn Sing - C 7:15 Whist - PDR	4 9:30 Drumming to be Fit - M 10:00 Coffee with Cory - C 10:30 Samaritan House Project - M 2:00 Bingo - DR 3:00 Tiny World - M 7:15 Daniel O'Donnell at Home in Ireland - M	5 9:30 Stretching - M 10:00 Coffee with Trish - C 1:45 Sit & Be Fit - M 2:30 Ice Cream Sundaes - DR	6 10:00 Card Bingo - M 2:00 Built on Agriculture 3 & 4 - M
7 8:45 Church Shuttle - SB 2:00 Rotary Villas Book Club - L 7:30 Youth Choir - C	8 9:30 Chair Dancing - M 10:00 Coffee with Shradha - C 2:00 Shuffleboard - BL 7:15 Charades - C	9 9:30 Tai Chi - M 10:00 Coffee with Jody - C 10:30 Garden Club - S 2:00 Resident Council - M 3:30 Rotary Happy Hour - B 7:15 Senior Paper Stories - C	10 9:30 Systems Beauty College Nail Care - M 9:30 Stretching - C 10:00 Coffee with Bev - C 12:00 50/50 Draw 2:00 Sit & Be Fit - C 3:00 Hymn Sing - C 7:15 Whist - PDR	11 9:30 Drumming to be Fit - M 10:00 Coffee with Cory - C 10:30 Samaritan House Project - M 2:00 Bingo - DR 2:00 St. Mathews Communion - PDR 7:30 Music by Long Shot - DR	12 9:30 Stretching - M 10:00 Coffee with Trish - C 1:45 Sit & Be Fit - M 2:30 Ice Cream Floats - DR	13 10:00 Project Humane Society - M 2:00 Symphony - M
14 8:45 Church Shuttle - SB Z St. James Assiniboia Senior Divisional Choir - DR 2:30 Worship & Devotional Church Service - C	15 9:30 Chair Dancing - M 10:00 Coffee with Lisa D. - C 2:00 Shuffleboard - BL 7:15 Word in a Word - C	16 9:30 Chair Yoga - M 10:00 Coffee with Joyce & Lisa T. - C 2:00 Wine & Cheese & Paint Afternoon - M 3:30 Rotary Happy Hour - B 7:15 Girl Guides of Canada - M	17 9:30 Stretching - M 10:00 Coffee with Bev - C 12:00 50/50 Draw 2:00 Sit & Be Fit - M 3:00 Sing-a-long - C 7:15 Whist - PDR	18 9:30 Drumming to be Fit - M 10:00 Coffee with Tanis - C 2:00 Bingo - M 3:00 Men's Coffee Club - M	19 9:30 Stretching - M 10:00 Coffee with Trish - C 1:00-4:00 Massage Therapy - M 1:45 Sit & Be Fit - C 2:30 Ice Cream - DR	20 10:00 Thank-You Card Making - M 2:00 Monthly Birthday Celebration with Music by Phil Wilk - DR
21 8:45 Church Shuttle-SB 10:00 Prairie Therapy Dogs - M 2:00 Movie Matinee (Queen Bee) - M 7:30 COP Interdenominational Church Service - C	<b>EARTH DAY</b> 22 9:30 Chair Dancing - M 10:00 Coffee with Shradha - C 2:00 Shuffleboard - BL 7:30 Jacob Chiang on Piano - C	23 9:30 Tai Chi - M 10:00 Coffee with Jody 10:30 Garden Club - S 2:30 Meet & Greet - DR 3:30 Rotary Happy Hour Mocktails & Snacks - B 7:15 Earth Day Trivia - C	24 9:30 Stretching - M 10:00 Coffee with Bev - C 12:00 50/50 Draw 2:00 Sit & Be Fit - M 3:00 Sing-a-long - C 7:15 Whist - PDR	25 9:30 Drumming to be Fit - M 10:00 Coffee with Cory - C 10:30 Samaritan House Project - M 2:00 Bingo - DR 3:00 Computer Jeopardy - M 7:30 Ekaterina V. on Piano - C	26 9:30 Stretching - M 10:00 Coffee with Trish - C 10:30 Victoria Lifeline Information Session - M 1:45 Sit & Be Fit - M 2:30 Blackforest Ice Cream Sundaes- DR	27 10:00 Word in a Word - M 2:30 Floor Curling - M
28 8:45 Church Shuttle - SB 2:30 Worship & Devotional Church Service - C	29 9:30 Chair Dancing - M 10:00 Coffee with Lisa D. - C 2:00 Shuffleboard Finals - BL 4:30 Supper Club (Original Joe's) - SB 7:15 Concert from the Past (Patsy Cline) - M	30 9:00 Mobile Footcare - M 10:00 Coffee with Lisa T. - C 3:30 Rotary Happy Hour - B 7:15 Armchair Travel Netherlands) - M		Brandon Embroiderers will be here in the Library at 1:30 p.m. on <b>Wednesday:</b> April 3 & 17	Lions TV Bingo is every Wednesday at 3:00 p.m. Cards are sold at the Front Desk for \$3 each.	GelMoment Nails will be offered in the Library starting at 9:00 a.m. on <b>Wednesday:</b> April 10 & 24