### **Head Server**



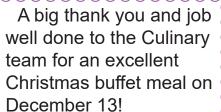
Please help us in welcoming Honey to her new role as Head Server on January 14!

Honey will be responsible to mentor and lead the dining room serving staff. She will

work closely with the other Dining

Room Servers and Culinary Services Coordinator to provide a pleasant dining experience to all residents and guests at each meal.









### Friendly Reminders

 Join us for Town Hall in the Dining Room on January 9. Each manager presents a departmental update and then residents have the opportunity to ask questions or comment on services.



dining is first come, first served.
Reservations are preferred in advance and can be made as long as there is space available. Reservations can be made through the Front Desk. Meals can be purchased at the time of reservation or immediately prior to dining. Any unpaid meals will be the responsibility of the resident. Cash or cheques are accepted.

### Reflecting on 2023 Through Photos





# The Retirement Lifestyle You Deserve



January 2024

# A Note from the Wellness Department

I'm sure you join me in the disbelief that another year has passed! Time sure flies working in the recreation field as we are always looking ahead, planning and rolling out programs all at the same time.

We are working on February calendar and have things already booked as far ahead as April.

December has been a month of change in the Wellness department as we have seen staff come and go, and change isn't always easy. It takes some extra effort, patience, and time to adjust and go forward. We thank you for understanding the odd bump in the road, and for encouraging us. Things are falling into place nicely with Trish joining the Wellness team. Please join me in encouraging her and helping her out where needed for her to learn, enjoy and be successful in Recreation.

2024 will be here soon and I'm hopeful for a great year with new ideas for programming and using some of the old tried and true ideas. Sometimes you can't beat the simpler, down to earth ideas! I invite you to please bring your ideas for programs, speakers, entertainment, and outings to our attention. We are always looking for creative new programs to try.

Happy New Year to all!

Joyce Scantlebury & Trish Kshymensky

### THANKYOU

A big THANK YOU to all residents from all staff, volunteers, and management at Rotary Villas for their gracious holiday gifts!

HAPPY NEW YEAR!



As 2023 draws to a close, I would like to take this opportunity to wish everyone a safe, healthy, and happy New Year. It has been another busy year in the leasing department, and I am looking forward to the new building which is predicted to be done Spring 2025 but hopefully sooner if the weather continues to cooperate.

This January we look forward to having Kathleen (Kay) Cairns join us from Melita, MB. Please be sure to extend a warm welcome when she arrives. Stay tuned for a couple more new residents in February.

Tanis Low, Leasing Coordinator





# **JANUARY 2024 RECREATION CALENDAR**

ROTARY <b>W</b> VILLAS	
AT CROCUS GARDENS	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Cruise Week! January 15-20	NEW YEAR'S DAY	9:30 Chair Tai Chi - M 2 10:00 Coffee with Joyce - C 10:30 Let's Walk Across Canada 2:00 Wine, Cheese & Paint Afternoon - M 3:30 Rotary Happy Hour- B 7:15 Senior Paper Stories - C	9:30 Stretching - M 10:00 Coffee with Bev- C 12:00 50/50 Draw 1:30 1/2 Hour Hat - S 2:00 Sit & Be Fit - M 3:00 Hymn Sing - C 3:00 Lions TV Bingo 7:30 Whist - PDR	9:30 Drumming To Be Fit -  M 10:00 Coffee with Cory - C 1:00 Visit with Tiffany - C 2:00 Bingo - DR 3:00 Computer Jeopardy -  M	9:30 Stretching - M 10:00 Coffee with Trish - C 1:45 Sit & Be Fit - M 2:30 Ice Cream Treats - DR 7:30 Cribbage - PDR	2:00 Movie (The Book Club) - M
8:30 Church Shuttle - SB 2:00 Rotary Villas Book Club - L	9:30 Chair Dancing - M 10:00 Coffee with Shradha - C 10:00 Baking - M 2:00 Shuffleboard - BL	9:30 Chair Yoga - M 10:00 Coffee with Jody - C 2:00 Town Hall - DR 3:30 Rotary Happy Hour- B 7:30 Music by Capo - C	9:30 Stretching - M 10:00 Coffee with Bev - C 12:00 50/50 Draw 2:00 Sit & Be Fit - M 3:00 Hymn Sing - C 3:00 Lions TV Bingo 7:30 Whist - PDR	9:30 Drumming To Be Fit - M 10:00 Coffee with Tanis - C 10:30 Project Samaritan House - M 1:00 Visit with Tiffany - C 2:00 Bingo - DR 3:00 Tiny World - M	10:00 Coffee with Trish - C 1:45 Sit & Be Fit - M 2:30 Ice Cream Floats - DR 7:30 Cribbage - PDR	10:00 Card Bingo - M 2:00 Eckhardt & Conservatory of Music Students with Marla Winters - DR
8:30 Church Shuttle - SB 2:30 Worship & Devotional Service - C	CRUISE WEEK BEGINS Wear Cruise Wear 9:30 Chair Dancing by the Pool - M 10:00 Coffee with Lisa - C 2:00 Shuffleboard on th Sun Deck- BL 7:15 Embarkment Party wi The Cousins - M	9:30 Chair Tai Chi - M 10:00 Coffee with Joyce - C 2:00 Video of Greece - M 3:30 Rotary Happy Hour: A Taste of Greece Mocktails & Snacks - B	9:30 Stretching on the Lido Deck - M 10:00 Coffee with Bev - C 12:00 50/50 Draw 1:30 1/2 Hour Hat - S 2:00 Sit & Be Fit - M 3:00 Sing-a-long - C 3:00 Lions TV Bingo 7:30 Whist - PDR	Port of Call: Alaska 9:30 Drumming To Be Fit - M 10:00 Coffee with Cory - C 1:00 Visit with Tiffany - C 2:00 Cruise Blackout Bingo Bonanza - DR 2:00 St. Matthew's Communion - PDR 7:30 Video of Alaska - M	9:30 Stretching - M 10:00 Coffee with Trish - C 1:45 Sit & Be Fit - M 2:30 Cruise Ship Ice Cream Bar - DR 7:30 Cribbage - PDR	10:00 Help Your Neighbour Dice Game - M 2:00 Disembarkment Party: Ukulele Band - C
8:30 Church Shuttle - SB 10:00 Prairie Therapy Dogs - C 2:00 Movie: West of the Divide (Starring John Wayne) - M	9:30 Chair Dancing - M22 10:00 Coffee with Shradha - C 2:00 Shuffleboard - BL 7:15 Music by the Tom Cats - DR	9:30 Chair Yoga - M 23 10:00 Coffee with Jody - C 10:00 Baking Homemade Bread - M 2:30 Meet & Greet - M 3:30 Rotary Happy Hour - B 7:00 Games Night with Girl Guides Unit - M	9:30 Stretching - M 10:00 Coffee with Bev - C 12:00 50/50 Draw 1:30 Stamp Presentation - M 2:00 Sit & Be Fit - M 3:00 Sing-a-long - C 3:00 Lions TV Bingo 7:30 Whist - PDR	POBBIE BURNS DAY 25 9:30 Drumming To Be Fit - M 10:00 Coffee with Tanis - C 1:00 Visit with Tiffany - C 2:00 Bingo - DR 2:00 Men's Coffee Club - M 7:30 Monthly Birthday Party & Entertainment by James Black - C	9:30 Stretching - M 10:00 Coffee with Trish - C 1:45 Sit & Be Fit - M 2:30 Apple Pie Sundaes - DR 7:30 Cribbage - PDR	10:00 Project Humane Society - M 11:00 Lunch & Gamble at Sand Hills Casino - SB 2:00 Symphony - M
8:30 Church Shuttle - SB 2:30 Worship & Devotional Service - C	9:30 Chair Dancing - M 10:00 Coffee with Lisa - C 2:00 Shuffleboard - BL 4:30 Supper Club (Montanas) -SB 7:15 Concert from the Past: Garth Brooks - M	9:30 Chair Tai Chi - M 10:00 Coffee with Joyce - C 1:30 Wood Block Craft - M 3:30 Rotary Happy Hour:	9:30 Stretching - M 10:00 Coffee with Bev - C 12:00 Chase the Ace 1:30 1/2 Hour Hat - S 2:00 Sit & Be Fit - M 3:00 Sing-a-long - C 3:00 Lions TV Bingo 7:30 Whist - PDR	Brandon Embroiderers will be here in the Library at 1:30 p.m. on Wednesday: January 3 & 17	Lions TV Bingo is every Wednesday at 3:00 p.m. Cards are sold at the Front Desk for \$3 each.	GelMoment Nails will be offered in the Library starting at 9:00 a.m. on Wednesday: January 3, 17, 31

### January Birthdays

Noella Alexander
Robert Untereiner
Bev Peel
Maureen Stutsky
Helen Christensen
Jan. 1
Jan. 15
Jan. 18
Jan. 18
Jan. 22
Jan. 26
Francis Giles
Jan. 30

### January Anniversaries

Shuttle Schedule
Monday to Friday
8:15 a.m. - 4:15 p.m.
Sunday Church Shuttle
8:45 a.m. - 12:15 p.m.

#### **Locations**

Common Room С itness Centre FC ront Lawn FL Iultipurpose Room М ining Room DR rivate Dining Rm. PDR Solarium S FP ireside Patio ibrary (2nd Floor) Vorkshop (2nd floor) W illiards Lounge BL SB huttle Bus В ar

Calendar is subject to change.