

# November 26-December 2, 2023

# Weekly Menu Calendar

SUNDAY, NOV. 26	MONDAY, NOV. 27	TUESDAY, NOV. 28	WEDNESDAY, NOV. 29	THURSDAY, NOV. 30	FRIDAY, DEC. 1	SATURDAY, DEC. 2
<b>Breakfast Delight</b> Eggs Benedict	<b>Breakfast Delight</b> Bacon & Egg Breakfast Sandwich	<b>Breakfast Delight</b> Toasted Bagel with Cream Cheese	<b>Breakfast Delight</b> Grilled Cinnamon Bun	<b>Breakfast Delight</b> Apple Cinnamon Pancakes	<b>Breakfast Delight</b> Western Omelette <small>(ham, green onions, peppers)</small>	<b>Breakfast Delight</b> Waffles
<i>Soup of the Day</i> <b>Onion Lunch</b> Chicken Fingers Potato Wedges or Meatball Sub Potato Wedges	<i>Soup of the Day</i> <b>Roasted Red Pepper Lunch</b> Chicken Quesadilla Three Bean Salad or Corned Beef & Swiss with Dijon Mustard Three Bean Salad	<i>Soup of the Day</i> <b>Chicken &amp; Wild Rice Lunch</b> Chef Salad or Macaroni & Cheese Stewed Tomatoes	<i>Soup of the Day</i> <b>Potato &amp; Bacon Lunch</b> Grilled Turkey & Swiss Sandwich Crispy Noodle Salad or Beef Pot Pie Crispy Noodle Salad	<i>Soup of the Day</i> <b>Carrot Ginger Lunch</b> Chicken Wings Veggies & Dip or Tomato Bacon Melt Veggies & Dip	<i>Soup of the Day</i> <b>Corn Chowder Lunch</b> Crab Cakes Apple Salad or Ham Salad Croissant Apple Salad	<i>Soup of the Day</i> <b>Beef &amp; Lentil Lunch</b> Egg Salad Sandwich Jellied Salad or Cheeseburger Jellied Salad
<b>Supper</b> Roasted Pork Loin with Apple Sauce Roasted Potatoes Buttered Carrots Vinaigrette Coleslaw  Blueberry Pie	<b>Supper</b> Baked Tortellini Garlic Bread or Lemon Pepper Baked Haddock Mashed Potatoes Green Bean Almondine  Salted Caramel Pretzel Brownie	<b>Supper</b> Bangers & Mash with Gravy Creamed Peas or Chicken Parmesan Mashed Potatoes Creamed Peas  Butter Tart	<b>Supper</b> Pork Chop with Creamy Onion Gravy Rice Broccoli or Braised Beef Bites Rice Broccoli  Rice Pudding	<b>Supper</b> Meatloaf & Gravy Baked Potato Baked Beans or Baby Back Ribs Baked Potato Baked Beans  Boston Cream Cake	<b>Supper</b> Cod Tail with Hollandaise Sauce Steamed Baby Potatoes Peas or Beef Stroganoff Egg Noodles Peas  Ambrosia Salad	<b>Supper</b> Teriyaki Chicken Thighs Rice Roasted Fall Medley or Sweet & Sour Meatballs Rice Roasted Fall Medley  Lemon Meringue Pie

## Meal Times

Breakfast 6:30 - 9:00 AM  
 Lunch First: 11:30 AM Second: 12:45 PM  
 Supper First: 4:45 PM Second: 6:15 PM

## Daily Breakfast Choices:

**Continental** - your choice of hot or cold cereal, assortment of bread, yogurt and fruit.

**Classic** - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

**Daily Lunch & Supper Choices** - Your choice of Soup of the Day or tossed salad.

