

# October 29 - November 4, 2023

# Weekly Menu Calendar

SUNDAY, OCT. 29	MONDAY, OCT. 30	TUESDAY, OCT. 31	WEDNESDAY, NOV. 1	THURSDAY, NOV. 2	FRIDAY, NOV. 3	SATURDAY, NOV. 4
Breakfast Delight Eggs Benedict	Breakfast Delight Bacon & Egg Breakfast Sandwich	Breakfast Delight French Toast	Breakfast Delight Grilled Cinnamon Bun	Breakfast Delight Blueberry Pancakes	Breakfast Delight Mushroom & Cheese Omelette	Breakfast Delight Waffles
<i>Soup of the Day</i> <b>Minestrone</b> <b>Lunch</b> Chicken Pot Pie Sweet Potato Fries or Ham & Cheese Sandwich Sweet Potato Fries	<i>Soup of the Day</i> <b>Cheesy Broccoli</b> <b>Lunch</b> Hot Turkey Sandwich French Fries or Pizza Bagels French Fries	<i>Soup of the Day</i> <b>Beef Mushroom Barley</b> <b>Lunch</b> Chicken Salad Croissant Marinated Vegetable Salad or Chili Dinner Roll	<i>Soup of the Day</i> <b>Perogy</b> <b>Lunch</b> Italian Style Frittata Beet Salad or Southwest Ranch Chicken Flatbread Beet Salad	<i>Soup of the Day</i> Country Sausage & Vegetable <b>Lunch</b> Reuben Sandwich Potato Salad or Open-Faced Sloppy Joe Potato Salad	<i>Soup of the Day</i> Cream of Mushroom <b>Lunch</b> Crab Melt Greek Salad or Beef Stew Biscuit	<i>Soup of the Day</i> <b>Split Pea &amp; Ham</b> <b>Lunch</b> Hot Dog with Fried Onions Baked Beans or Tuna Salad Sandwich Baked Beans
<b>Supper</b> Roast Beef au Jus Yorkshire Pudding Mashed Potatoes Pea & Carrots White Bean Salad  Strawberry Rhubarb Pie	<b>Supper</b> Perogies & Onions Kolbassa & Sauerkraut or Hashbrown Casserole  Cheesecake	<b>Supper</b> Parmesan Crusted Basa Baked Potato Peas or Corned Beef Baked Potato Peas  Fresh Berries	<b>Supper</b> Steamed Salmon Mashed Potatoes Buttered Carrots or Honey Dijon Chicken Thigh Mashed Potatoes Buttered Carrots  Chocolate Pudding	<b>Supper</b> Baked Ham Scalloped Potatoes Mashed Turnips Carrots or Creamy Bow Tie Pasta w/ Prawns & Scallops Garlic Bread  Blueberry Crisp	<b>Supper</b> Sweet n' Sour Shrimp Stir Fry Vegetables Rice or Ginger Beef Stir Fry Vegetables Rice  Strawberry Shortcake	<b>Supper</b> Spaghetti & Meatballs Garlic Toast or Fried Chicken Mashed Potatoes Creamed Corn  Jello Layered Dessert

## Meal Times

Breakfast 6:30 - 9:00 AM  
 Lunch First: 11:30 AM Second: 12:45 PM  
 Supper First: 4:45 PM Second: 6:15 PM

## Daily Breakfast Choices:

**Continental** - your choice of hot or cold cereal, assortment of bread and pastries, yogurt and fruit.

**Classic** - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

**Daily Lunch & Supper Choices** - Your choice of Soup of the Day or tossed Salad.

