

November 5-11, 2023

Weekly Menu Calendar

SUNDAY, NOV. 5	MONDAY, NOV. 6	TUESDAY, NOV. 7	WEDNESDAY, NOV. 8	THURSDAY, NOV. 9	FRIDAY, NOV. 10	SATURDAY, NOV. 11
Breakfast Delight Eggs Benedict	Breakfast Delight Bacon & Egg Breakfast Sandwich	Breakfast Delight Toasted Bagel with Cream Cheese	Breakfast Delight Grilled Cinnamon Bun	Breakfast Delight Apple Cinnamon Pancakes	Breakfast Delight Western Omelette <small>(ham, green onions, peppers)</small>	Breakfast Delight Waffles
<i>Soup of the Day</i> Onion Lunch	<i>Soup of the Day</i> Roasted Red Pepper Lunch	<i>Soup of the Day</i> Chicken & Wild Rice Lunch	<i>Soup of the Day</i> Potato & Bacon Lunch	<i>Soup of the Day</i> Carrot Ginger Lunch	<i>Soup of the Day</i> Corn Chowder Lunch	<i>Soup of the Day</i> Beef & Lentil Lunch
Chicken Fingers Waffle Fries or Meatball Sub Waffle Fries	Chicken Quesadilla Three Bean Salad or Corned Beef & Swiss with Dijon Mustard Three Bean Salad	Chef Salad or Macaroni & Cheese Stewed Tomatoes	Grilled Turkey & Swiss Sandwich Crispy Noodle Salad or Beef Pot Pie Crispy Noodle Salad	Chicken Wings Veggies & Dip or Tomato Bacon Melt Veggies & Dip	Crab Cakes Apple Salad or Ham Salad Croissant Apple Salad	Egg Salad Sandwich Jellied Salad or Cheeseburger Jellied Salad
Supper Roasted Pork Loin with Apple Sauce Roasted Potatoes Buttered Carrots Vinaigrette Coleslaw Blueberry Pie	Supper Baked Tortellini Garlic Bread or Lemon Pepper Baked Haddock Mashed Potatoes Green Bean Almondine Salted Caramel Pretzel Brownie	Supper Bangers & Mash with Gravy Creamed Peas or Chicken Parmesan Mashed Potatoes Creamed Peas Butter Tart	Supper Pork Chop with Creamy Onion Gravy Rice Broccoli or Orange Ginger Beef Rice Broccoli Rice Pudding	Supper Meatloaf & Gravy Baked Potato Baked Beans or Baby Back Ribs Baked Potato Baked Beans Boston Cream Cake	Supper Cod Tail with Hollandaise Sauce Steamed Baby Potatoes Peas or Beef Stroganoff Egg Noodles Peas Ambrosia Salad	Supper Sweet & Sour Chicken Balls Rice Roasted Fall Medley or Honey Garlic Pork Bites Rice Roasted Fall Medley Lemon Meringue Pie

Meal Times

Breakfast	6:30 - 9:00 AM	
Lunch	First: 11:30 AM	Second: 12:45 PM
Supper	First: 4:45 PM	Second: 6:15 PM

Daily Breakfast Choices:

Continental - your choice of hot or cold cereal, assortment of bread, yogurt and fruit.

Classic - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

Daily Lunch & Supper Choices - Your choice of Soup of the Day or tossed salad.

