## October 1-7, 2023

# Weekly Menu Calendar 

| SUNDAY, OCT. 1 | MONDAY, OCT. 2 | TUESDAY, OCT. 3 | WEDNESDAY, OCT. 4 | THURSDAY, OCT. 5 | FRIDAY, OCT. 6 | SATURDAY, OCT. 7 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast Delight Eggs Benedict | Breakfast Delight <br> Bacon \& Egg Breakfast Sandwich | Breakfast Delight <br> Toasted Bagel with Cream Cheese | Breakfast Delight <br> Grilled Cinnamon Bun | Breakfast Delight <br> Cranberry Almond Pancakes | Breakfast Delight <br> Ham \& Cheese Omelette | Breakfast Delight <br> Waffles |
| Soup of the Day Cream of Vegetable | Soup of the Day Chicken Noodle | Soup of the Day Cream of Turkey\&Wild Rice | Soup of the Day <br> Lemon Chicken Rice | Soup of the Day Cream of Tomato | Soup of the Day Borscht | Soup of the Day Italian Wedding |
| Lunch <br> Florentine Ham Melt Tossed Salad or Beef Taco Salad | Lunch <br> Fruit, Muffin \& Cottage Cheese Plate <br> or Hot Italian Beef Sub Caesar Salad | Lunch <br> Hot Beef Sandwich Potato Gems or Chicken Stew Dinner Roll | Lunch <br> Chef's Choice Quiche Spinach \& Mandarin Salad or Chicken Burger Spinach \& Mandarin Salad | Lunch <br> Grilled Ham \& Cheese Sandwich Mixed Pickles or Spinach Salad with Bacon \& Egg | Lunch <br> Beer Battered Cod French Fries \& Creamy <br> Coleslaw or <br> Roast Beef \& Cheddar Bun <br> French Fries \& Creamy Coleslaw | Lunch <br> Battered Shrimp with Cocktail Sauce Floret Salad or <br> Turkey \& Swiss Croissant with Creamy Mayo Floret Salad |
| Supper | Supper | Supper | Supper | Supper | Supper | Supper |
| Roast Turkey Gravy <br> Cranberry Sauce Mashed Potatoes Stuffing Yellow Beans | Liver with Bacon \& Onions Gravy Roasted Potatoes Beets or Fried Chicken Steak with Onion \& Gravy Roasted Potatoes Beets | Glazed Ham Steak Steamed Dill Potatoes Buttered Carrots or Cod au Gratin Steamed Dill Potatoes Buttered Carrots | Meat Lovers Pizza Caesar Salad or Lasagna Caesar Salad | Steak Sandwich with Sautéed Onions Baked Potato Corn BBQ Cor ${ }^{\text {Cricken }}$ Breast Baked Potato Corn | Creamy Dill Salmon Mashed Sweet Potato Broccoli or <br> Pork Cutlet with Mushroom Gravy Mashed Sweet Potato Broccoli | Chicken Cordon Swiss Roasted Baby Potatoes Squash or Salisbury Steak with Onions \& Gravy Roasted Baby Potatoes Squash |
| Apple Pie | German Chocolate Cake | Bread Pudding | Cream Pie | Carrot Cake | Blackforest Cake | Cream Puffs |

## Meal Times

Breakfast 6:30-9:00 AM
Lunch First: 11:30 AM Second: 12:45 PM
Supper First: 4:45 PM Second: 6:15 PM

## Daily Breakfast Choices:

Continental - your choice of hot or cold cereal, assortment of bread,
yogurt and fruit.
Classic - 2 eggs cooked to preference, bacon or sausage, hash
browns and toast.
Daily Lunch \& Supper Choices - Your choice of Soup of the
Day or tossed salad.

