October 1-7, 2023

Weekly Menu Calendar

SUNDAY, OCT. 1	MONDAY, OCT. 2	TUESDAY, OCT. 3	WEDNESDAY, OCT. 4	THURSDAY, OCT. 5	FRIDAY, OCT. 6	SATURDAY, OCT. 7
Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight
Eggs Benedict	Bacon & Egg Breakfast Sandwich	Toasted Bagel with Cream Cheese	Grilled Cinnamon Bun	Cranberry Almond Pancakes	Ham & Cheese Omelette	Waffles
Soup of the Day Cream of Vegetable	Soup of the Day Chicken Noodle	Soup of the Day Cream of Turkey&Wild Rice	Soup of the Day Lemon Chicken Rice	Soup of the Day Cream of Tomato	Soup of the Day Borscht	Soup of the Day Italian Wedding
Lunch Florentine Ham Melt Tossed Salad or Beef Taco Salad	Lunch Fruit, Muffin & Cottage Cheese Plate or Hot Italian Beef Sub Caesar Salad	Lunch Hot Beef Sandwich Potato Gems or Chicken Stew Dinner Roll	Lunch Chef's Choice Quiche Spinach & Mandarin Salad or Chicken Burger Spinach & Mandarin Salad	Lunch Grilled Ham & Cheese Sandwich Mixed Pickles or Spinach Salad with Bacon & Egg	Lunch Beer Battered Cod French Fries & Creamy Coleslaw or Roast Beef & Cheddar Bun French Fries & Creamy Coleslaw	Lunch Battered Shrimp with Cocktail Sauce Floret Salad or Turkey & Swiss Croissant with Creamy Mayo Floret Salad
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Roast Turkey Gravy Cranberry Sauce Mashed Potatoes Stuffing Yellow Beans	Liver with Bacon & Onions Gravy Roasted Potatoes Beets or Fried Chicken Steak with Onion & Gravy Roasted Potatoes Beets	Glazed Ham Steak Steamed Dill Potatoes Buttered Carrots or Cod au Gratin Steamed Dill Potatoes Buttered Carrots	Meat Lovers Pizza Caesar Salad or Lasagna Caesar Salad	Steak Sandwich with Sautéed Onions Baked Potato Corn or BBQ Chicken Breast Baked Potato Corn	Creamy Dill Salmon Mashed Sweet Potato Broccoli or Pork Cutlet with Mushroom Gravy Mashed Sweet Potato Broccoli	Chicken Cordon Swiss Roasted Baby Potatoes Squash or Salisbury Steak with Onions & Gravy Roasted Baby Potatoes Squash
Apple Pie	German Chocolate Cake	Bread Pudding	Cream Pie	Carrot Cake	Blackforest Cake	Cream Puffs

Meal Times

Breakfast 6:30 - 9:00 AM

First: 11:30 AM Second: 12:45 PM Lunch First: 4:45 PM Supper

Second: 6:15 PM

Daily Breakfast Choices:

Continental - your choice of hot or cold cereal, assortment of bread, yogurt and fruit.

Classic - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

Daily Lunch & Supper Choices - Your choice of Soup of the Day or tossed salad.

