

JULY 23 - 29, 2023

Weekly Menu Calendar

SUNDAY, JULY 23	MONDAY, JULY 24	TUESDAY, JULY 25	WEDNESDAY, JULY 26	THURSDAY, JULY 27	FRIDAY, JULY 28	SATURDAY, JULY 29
Breakfast Delight Eggs Benedict	Breakfast Delight Bacon & Egg Breakfast Sandwich	Breakfast Delight Toasted Bagel with Cream Cheese	Breakfast Delight Grilled Cinnamon Bun	Breakfast Delight Apple Cinnamon Pancakes	Breakfast Delight Western Omelette <small>(ham, green onions, peppers)</small>	Breakfast Delight Waffles
<i>Soup of the Day</i> Cream of Mushroom Lunch Chicken Fingers Waffle Fries or Egg Salad Croissant Waffle Fries	<i>Soup of the Day</i> Onion Lunch Chicken Quesadilla Three Bean Salad or Pulled Pork Sandwich Three Bean Salad	<i>Soup of the Day</i> Potato Bacon Lunch Open Face Sloppy Joe's Sweet Potato Fries or Macaroni & Cheese Stewed Tomatoes	<i>Soup of the Day</i> Tomato Lunch Grilled Turkey & Swiss Sandwich Tossed Salad or Beef Pot Pie Tossed Salad	<i>Soup of the Day</i> Cheeseburger Lunch Chicken Wings Veggies & Dip or Deviled Eggs & Ham Plate Veggies & Dip	<i>Soup of the Day</i> Corn Chowder Lunch Crab Cakes Apple Salad or Beef Stew Biscuit	<i>Soup of the Day</i> Beef & Lentil Lunch Chicken Caesar Salad Garlic Toast or Grilled Cheese Sandwich Marinated Cucumber Salad
Supper Roasted Pork Loin with Apple Sauce Roasted Potatoes Buttered Carrots Vinaigrette Coleslaw Blueberry Pie	Supper Country Fried Beef Steak Sautéed Onions & Gravy Mashed Potatoes Creamed Peas or Cod au Gratin Mashed Potatoes Creamed Peas Blackforest Cake	Supper Beef Sausage with Gravy Creamy Dill Baby Potatoes Squash or Chicken Alfredo Penne Garlic Toast Lemon Pudding Cake	Supper Pork Chops with Peach Sauce Rice Pilaf Broccoli or Ginger Beef Rice Pilaf Broccoli Pecan Pie	Supper Spaghetti & Meatballs Garlic Toast or Baby Back Ribs Baked Potato Baked Beans Strawberry Shortcake	Supper Herb Roasted Chicken Drumstick Roasted Sweet Potatoes Peas or Lemon Pepper Haddock Roasted Sweet Potatoes Peas Berry Crisp	Supper BBQ Meatballs Stir Fry Vegetables Rice or Teriyaki Chicken Thighs Stir Fry Vegetables Rice Lemon Meringue Pie

Meal Times

Breakfast	6:30 - 9:00 AM	
Lunch	First: 11:30 AM	Second: 12:45 PM
Supper	First: 4:45 PM	Second: 6:15 PM

Daily Breakfast Choices:

Continental - your choice of hot or cold cereal, assortment of bread and pastries, yogurt and fruit.

Classic - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

Daily Lunch & Supper Choices - Your choice of Soup of the Day or tossed Salad.

