## **Upcoming Presentations**

Monday, June 5 - 10:30 a.m.
ERIK Presentation with Linda Plowman

ERIK is an Emergency Response Information Kit that provides the necessary information for medical personnel to respond quickly in an emergency. Rotary Villas recommends you keep an up-to-date ERIK on top of your fridge for cases of emergency. ERIKs are available from Tanis, the Leasing Coordinator.

#### **Thursday, June 29 - 2:00 p.m.** Jnderstanding Dementia by Alzheimer Soci

Understanding Dementia by Alzheimer Society
Manitoba

Presentations will be held in the Multipurpose Room. Plan to attend and mark your calendars.



Alzheimer Society

MANITOBA

Dementia Care & Brain Health

# Join us!

## WALK FOR ALZHEIMERS POKER DERBY

Tuesday, June 20, 2023 1:30 p.m. - 3:00 p.m. Around Rotary Villas

Donations to MB Alzheimers Society are optional and will be accepted near the Front Desk.

Starting point is at the front door. Get your poker sheet to start.

Walk around the building as many times as you'd like. Stop at the stations along the way to pick a card to add to your poker hand.

Hand in your completed sheet to Joyce when you're done. The best poker hand will win a prize!

### Reminder

Meal times are as follows:

#### Breakfast

Come & Go 6:30 a.m. - 9:00 a.m.

#### Lunch

11:30 a.m. & 12:45 p.m.

### **Supper**

4:45 p.m. & 6:15 p.m.

In order to provide a relaxed dining experience for all, we ask that if you plan to attend second sitting for lunch or supper, please arrive only a few minutes before service. This will allow time for residents at the first sitting to finish their meal, exit the dining room, and then our servers can clear the tables quickly without interruption.





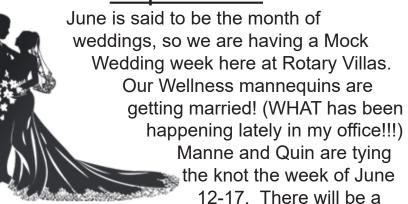


# The Retirement Lifestyle You Deserve



June 2023

# A Note from the Wellness Department



wedding cake to make, decorate, and eat! There will be an old-fashioned Bridal Shower for Quin, complete with games and fun! On Thursday we will have a wedding dress fashion show to see some older vintage dresses. The "I DO! BBQ" reception will be on Friday at lunchtime. Wedding cake will be served in addition to ice cream on Friday.

We will celebrate the marriage with a wedding dance and music by Prairie Fire on Friday. And don't miss brushing up on wedding customs and traditions at the Saturday morning program in the Common Room.

Watch your calendar and get ready to celebrate with the new couple, Manne, and Quin, as they start their new life together!

**Joyce Scantlebury and Jacquie Koromah** 

### **Protect Yourself from Scams**

BE AWARE! Fraudsters are able to call "from" any phone number. There are many different scams out there. HANG UP if the call seems suspicious. Keep in mind, Brandon Police Service does not accept any money for persons requiring bail nor will they ever ask you to deposit money into an ATM for someone requiring bail. There are many different scams out there. For more information visit the Canadian Anti-Fraud Centre online.

# Welcome HOME!

There has been a lot of activity in the Leasing Department with many new folks joining the Rotary Villas community. We welcome John and Ardeth Brown on the first floor. On the second floor, we welcome Dot Burgess mid June, and Carmen Grasby at the end of June. On the third floor we welcome Lois Amey and Richard and Gail Martinook first part of June. All the new residents currently reside in Brandon and are looking forward to joining Rotary Villas.

### Tanis Low

**Leasing Coordinator** 



## BBQ Season is Back!



Mark your calendars! Monthly summer barbeques are back with the I DO! BBQ on Friday, June 16. What better way than to end Wedding Week with

a BBQ and wedding cake! Meal times as usual (11:30 a.m. & 12:45 p.m.)

# **JUNE 2023 RECREATION CALENDAR**



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Brandon Embroiderers will be here in the Library at 1:30 p.m. on Wednesday: June 7, 14 & 28	Lions TV Bingo is every Wednesday at 3:00 p.m. Cards are sold at the the Front Desk for \$3 each.	Wednesday: June 7 & 21	Visit with Tiffany every Thursday at 1 p.m. in the Common Room!	9:30 Drumming to Be Fit - M  10:00 Project Samaritan House - M  10:00 Coffee with Tanis - C  11:00 Lunch at Bluehills Bakery 2:00 Bingo - DR 3:15 Tiny World Ep. 5 - M  7:15 Baking - M	10:30 Coffee with Jacquie - C 1:30 Cribbage - S 1:45 Sit & Be Fit - M 2:30 Ice Cream Floats - DR	10:30 Lunch in Virden & Shopping at Shari Lyn Fashions - SB
8:45 Church Shuttle - SB 2:00 Rotary Villas Book Club - L	9:30 Chair Dancing - M 10:00 Coffee with Lisa - C 10:30 ERIK Presentation - M 2:00 Shuffleboard - BL 7:30 Wheat City Jug Band - C	3:30 Rotary Happy Hour - B 7:15 Volunteer Appreciation Night - C	9:30 Stretching - M 10:00 Coffee with Bev - C 12:00 50/50 Draw 2:00 Sit & Be Fit - M 3:00 Hymn Sing - C	9:30 Drumming to be Fit - M 10:00 Coffee with Jason - C 10:00 Baking Matrimonial Cake - M 2:00 Bingo - DR 7:15 Bee Craft - M	9:30 Stretching - M 10:00 Coffee with Joyce - C 1:00-4:00 Massage Outreach - M 1:30 Cribbage - S 2:30 Ice Cream - DR	10:00 Project Humane Society - M 2:00 WSO: Ode to Joy - M
8:45 Church Shuttle - SB 2:30 Interdenominational Church Service - C	9:30 Chair Yoga - M 12 10:00 Coffee with Shradha - C 10:00 Baking the Wedding Cake - M 2:00 Shuffleboard Windup - BL 7:00 Music by the Firepit - FP	9:30 Tai Chi - M 10:00 Coffee with Jody - C 2:00 Wedding Shower - M 3:30 Rotary Happy Hour- B 7:15 Drive & Ice Cream - SB	9:30 Stretching - M 14 10:00 Coffee with Bev - C 12:00 50/50 Draw 1:00 The Batchery Ice	9:30 Drumming to Be Fit - M  10:00 Coffee with Tanis - C  10:00 Project Samaritan House - M  2:00 St. Matthew's Celebration of Communion - PDR  2:00 Wedding Fashion Show -DR  7:15 Ekaterina on Piano - C	9:30 Stretching - M 10:00 Coffee with Jacquie	10:00 Wedding Customs & Traditions - C 2:00 Wedding Dance with Prairie Fire - DR
FATHER'S DAY  8:45 Church Shuttle - SB 2:00 Movie Matinee - M	9:30 Chair Dancing - M 10:00 Coffee with Shradha - C 2:00 Father's Day Coffee & Cake & Tie Tying Contest - DR 7:15 Music by Westman Jam - C	9:00 - 4:00 Brandon Mobile Foot Care - M 10:00 Coffee with Joyce - C 10:30 Garden Club Meeting - S 1:30 - 3:00 Walk for Alzheimers 3:30 Rotary Happy Hour Mocktails & Snacks - B 7:30 Birthday Party with Music by Long Shot - DR	9:30 Stretching - M 10:00 Coffee with Bev - C 12:00 50/50 Draw 1:30 ACC Health Care Aide Display - M 2:00 Sit & Be Fit - C 3:00 Sing-a-long - C	9:30 Drumming to Be 22 Fit - M  10:00 Coffee with Jason - C 2:00 Bingo - DR 3:00 Test Your Taste Buds Oreo Cookie Challenge - M 7:15 BYOProject & Drink - M	- C 1:30 Cribbage - S 1:45 Sit & Be Fit - M 2:30 Banana Splits - DR	24 10:00 Project Humane Society - M 1:30 Trip to Lucky Break Ranch - SB
8:45 Church Shuttle - SB 2:30 Worship & Devotional - C	9:30 Balloon Volleyball - M 10:00 Coffee with Jody - C 2:00 Glass Marble Fence Art - M 4:30 Supper Club (Eastside Eatery) - SB 7:00 Music by the Firepit - FP	9:30 Tai Chi - M 10:00 Coffee with Lisa - C 10:30 Baking - M 2:00 Meet & Greet - DR 3:30 Rotary Happy Hour - B 7:15 Armchair Travel (Las Vegas Baby!) - M	9:30 Stretching - M 10:00 Coffee with Bev - C 12:00 Chase the Ace 2:00 Sit & Be Fit - M 3:00 Sing-a-long - C	9:30 Drumming to Be Fit - M 10:00 Coffee with Tanis - C 2:00 Alzheimers Presentation: Understanding Dementia - M 7:15 Meditation - C	9:30 Stretching - M 10:30 Coffee with Jacquie - C 1:30 Cribbage - S 1:45 Sit & Be Fit - M 2:30 Ice Cream Sundaes - DR	

June Birthdays

largaret Mitchell June 2 ames Butler June 2 une Cumming June 8 nna Pepper June 10 Betty Naylen **June 12** yle Gawletz **June 12** laine Denmee June 14 nita Armstrong June 20 larvey Bridgeman June 20 enny Kynoch June 24

### June Anniversaries

Jim & Debra Smith

June 24

### **Shuttle Schedule**

Monday to Friday 8:15 a.m. - 4:15 p.m. Sunday Church Shuttle 8:45 a.m. - 12:15 p.m.

### <u>Locations</u>

Common Room C Fitness Centre FC Front Lawn FL Multipurpose Room M Dining Room DR Private Dining Rm. PDR Solarium S Fireside Patio FP Library (2nd Floor) Workshop (2nd floor) W Billiards Lounge BL Shuttle Bus SB В 3ar Pergola Р

Calendar is subject to change.