

April 30 - May 6, 2023

Weekly Menu Calendar

SUNDAY, APR. 30	MONDAY, MAY 1	TUESDAY, MAY 2	WEDNESDAY, MAY 3	THURSDAY, MAY 4	FRIDAY, MAY 5	SATURDAY, MAY 6
Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight
Eggs Benedict	Bacon & Egg Breakfast Sandwich	Toasted Bagel with Cream Cheese	Grilled Cinnamon Bun	Cinnamon Apple Pancakes	Western Omelette (ham, green onions, peppers)	Waffles
Soup of the Day Cream of Mushroom	Soup of the Day Onion	Soup of the Day Corn Chowder	Soup of the Day Perogy	Soup of the Day Beef & Lentil	Soup of the Day Chicken & Wild Rice	Soup of the Day Italian Wedding
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Fingers Sweet Potato Fries Honey Dill Dip or Salmon Salad Sandwich Sweet Potato Fries Honey Dill Dip	Grilled Cheese Sandwich Tater Tots or Chicken Greek Salad	Beef Stew Biscuit or Sausage Rolls Southwest Corn Salad	Macaroni & Cheese Stewed Tomatoes or Ham Florentine Flatbread Potato Salad	Cottage Cheese, Muffin & Fruit Plate or Hamburger Carrot Salad	Crab Cakes Apple Salad or Pizza Melt Apple Salad	Open Face Sloppy Joe Mediterranean Pasta Salad or Chicken Salad Croissant Mediterranean Pasta Salad
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Roasted Pork Loin Roasted Potatoes Mashed Turnip & Carrot or Stuffed Pepper Casserole	Perogies & Onions Kolbasa & Sauerkraut or Shepherd's Pie	Herb & Garlic Basa Scalloped Potatoes Peas or Salisbury Steak with Onion & Gravy Scalloped Potatoes Peas	Pot Roast & Gravy Roasted Potatoes Buttered Carrots or Chicken Tetrazini Bake	Baby Back Ribs Baked Potato Baked Beans or Country Fried Steak & Gravy Baked Potato Baked Beans	Shrimp Stir Fry Rice or Sweet n' Sour Chicken Thighs Stir Fry Vegetables Rice	Meatball Stroganoff Buttered Egg Noodles Beets or Chicken Parmesan Buttered Egg Noodles Beets
Apple Pie	Nanaimo Bar	Triple Chocolate Fudge Cake	Banana Cream Pie	Apple Crisp	Butter Tart Bar	Cream Puffs

Meal Times

Breakfast	6:30 - 9:00 AM	
Lunch	First: 11:30 AM	Second: 12:45 PM
Supper	First: 4:45 PM	Second: 6:15 PM

Daily Breakfast Choices:

**Continental** - your choice of hot or cold cereal, assortment of bread and pastries, yogurt and fruit.  
**Classic** - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

**Daily Lunch & Supper Choices** - Your choice of Soup of the Day or tossed Salad.

