

February 26 - March 4, 2023

Weekly Menu Calendar

SUNDAY, FEB. 26	MONDAY, FEB. 27	TUESDAY, FEB. 28	WEDNESDAY, MAR. 1	THURSDAY, MAR. 2	FRIDAY, MAR. 3	SATURDAY, MAR. 4
Breakfast Delight Eggs Benedict	Breakfast Delight Bacon & Egg Breakfast Sandwich	Breakfast Delight French Toast	Breakfast Delight Grilled Cinnamon Bun	Breakfast Delight Apple Cinnamon Pancakes	Breakfast Delight Western Omelette <small>(ham, green onions, peppers)</small>	Breakfast Delight Waffles
<i>Soup of the Day</i> Cream of Mushroom	<i>Soup of the Day</i> Onion	<i>Soup of the Day</i> Corn Chowder	<i>Soup of the Day</i> Perogy	<i>Soup of the Day</i> Beef & Lentil	<i>Soup of the Day</i> Chicken & Wild Rice	<i>Soup of the Day</i> Italian Wedding
Lunch Chicken Fingers Sweet Potato Fries Honey Dill Dip or Salmon Salad Sandwich Sweet Potato Fries Honey Dill Dip	Lunch Grilled Cheese Sandwich Tater Tots or Chicken Greek Salad	Lunch Beef Stew Biscuit or Sausage Rolls Southwest Corn Salad	Lunch Macaroni & Cheese Stewed Tomatoes or Ham Florentine Flatbread Potato Salad	Lunch Cottage Cheese, Muffin & Fruit Plate or Hamburger Carrot Salad	Lunch Crab Cakes Apple Salad or Pizza Melt Apple Salad	Lunch Open Face Sloppy Joe Mediterranean Pasta Salad or Chicken Salad Croissant Mediterranean Pasta Salad
Supper Roasted Pork Loin Roasted Potatoes Mashed Turnip & Carrot or Stuffed Pepper Casserole Apple Pie	Supper Perogies & Onions Kolbasa & Sauerkraut or Shepherd's Pie Nanaimo Bar	Supper Herb & Garlic Basa Scalloped Potatoes Peas or Salisbury Steak with Onion & Gravy Scalloped Potatoes Peas Triple Chocolate Fudge Cake	Supper Chinese Food Night: Egg Rolls Sweet n' Sour Chicken Balls Ginger Beef Stir Fried Vegetables Fried Rice Sticky Toffee Pudding	Supper Baby Back Ribs Baked Potato Baked Beans or Country Fried Steak & Gravy Baked Potato Baked Beans Apple Crisp	Supper Shrimp Stir Fry Rice or Sweet n' Sour Chicken Thighs Stir Fry Vegetables Rice Butter Tart Bar	Supper Meatball Stroganoff Buttered Egg Noodles Beets or Chicken Parmesan Buttered Egg Noodles Beets Cream Puffs

Meal Times

Breakfast	6:30 - 9:00 AM	
Lunch	First: 11:30 AM	Second: 12:45 PM
Supper	First: 4:45 PM	Second: 6:15 PM

Daily Breakfast Choices:

Continental - your choice of hot or cold cereal, assortment of bread and pastries, yogurt and fruit.

Classic - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

Daily Lunch & Supper Choices - Your choice of Soup of the Day or tossed Salad.

