

January 22 - 28, 2023

Weekly Menu Calendar

SUNDAY, JAN. 22	MONDAY, JAN. 23	TUESDAY, JAN. 24	WEDNESDAY, JAN. 25	THURSDAY, JAN. 26	FRIDAY, JAN. 27	SATURDAY, JAN. 28
Breakfast Delight Eggs Benedict	Breakfast Delight Bacon & Egg Breakfast Sandwich	Breakfast Delight Toasted Bagel with Cream Cheese	Breakfast Delight Grilled Cinnamon Bun	Breakfast Delight Chocolate Chip Pancakes	Breakfast Delight Ham & Cheese Omelette	Breakfast Delight Waffles
<i>Soup of the Day</i> Cream of Vegetable	<i>Soup of the Day</i> Cream of Cauliflower	<i>Soup of the Day</i> Carrot Ginger	<i>Soup of the Day</i> Borscht	<i>Soup of the Day</i> Lemon Chicken Rice	<i>Soup of the Day</i> Ham, Bean & Cabbage	<i>Soup of the Day</i> Creamy Turkey & Wild Rice
Lunch Beer Battered Shrimp with Cocktail Sauce Onion Rings or Roast Beef & Cheddar Bun Onion Rings	Lunch Chicken Quesadilla Mixed Bean Salad or Ham & Cheese Sub Mixed Bean Salad	Lunch Hot Beef Sandwich Potato Wedges or Chicken Caesar Wrap Potato Wedges	Lunch Ham & Cheese Quiche Spinach & Mandarin Salad or Grilled Turkey & Swiss Melt Spinach & Mandarin Salad	Lunch Reuben Sandwich Potato Salad or Chef Salad	Lunch Beer Battered Cod French Fries or Hot Turkey Sandwich French Fries	Lunch Cheeseburger Macaroni Salad or Tuna Salad Sandwich
Supper Roast Turkey with Gravy Mashed Potatoes Brussel Sprouts or Tater Tot Casserole Apple Pie	Supper Liver with Bacon & Onions Roasted Potatoes Honey Dill Carrots or Pork Cutlets in Mushroom Sauce Roasted Potatoes Honey Dill Carrots Butter Tart Bar	Supper Ham Steak with Pineapple Sauce Mashed Potatoes Creamed Corn or Fried Chicken Mashed Potatoes Creamed Corn Cheesecake	Supper Pizza Caesar Salad or Lasagna Caesar Salad Bread Pudding	Supper Steak Sandwich with Sautéed Onions Baked Potato Coleslaw or Southwest BBQ Chicken Breast Baked Potato Coleslaw Rice Crispy Cake	Supper Onion & Mushroom Smothered Pork Chops Mashed Potatoes Cheesy Broccoli or Lemon Pepper Haddock Mashed Potatoes Cheesy Broccoli Tiramisu Cake	Supper Bangers & Mash Squash or Breaded Baked Chicken Thighs Mashed Potatoes Squash Lemon Meringue Pie

Meal Times

Breakfast	6:30 - 9:00 AM	
Lunch	First: 11:30 AM	Second: 12:45 PM
Supper	First: 4:45 PM	Second: 6:15 PM

Daily Breakfast Choices:

Continental - your choice of hot or cold cereal, assortment of bread and pastries, yogurt and fruit.

Classic - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

Daily Lunch & Supper Choices - Your choice of Soup of the Day or tossed Salad.

