

July 3 - 9, 2022

Weekly Menu Calendar

SUNDAY, JULY 3	MONDAY, JULY 4	TUESDAY, JULY 5	WEDNESDAY, JULY 6	THURSDAY, JULY 7	FRIDAY, JULY 8	SATURDAY, JULY 9
Breakfast Delight Eggs Benedict	Breakfast Delight Bacon & Egg Breakfast Sandwich	Breakfast Delight Cinnamon Apple Raisin Oatmeal	Breakfast Delight Grilled Cinnamon Bun	Breakfast Delight Chocolate Chip Pancakes	Breakfast Delight Ham & Cheese Omelette	Breakfast Delight Waffles
<i>Soup of the Day</i> Chicken Cordon Bleu	<i>Soup of the Day</i> Roasted Red Pepper	<i>Soup of the Day</i> Creamy Turkey & Wild Rice	<i>Soup of the Day</i> Cabbage Roll	<i>Soup of the Day</i> Split Pea & Ham	<i>Soup of the Day</i> Beef & Lentil	<i>Soup of the Day</i> Potato Bacon
Lunch Beer Battered Shrimp with Cocktail Sauce Onion Rings or Roast Beef & Cheddar Bun Onion Rings	Lunch Chicken Quesadilla Bean Salad or Tuna Melt Bean Salad	Lunch Hot Beef Sandwich Potato Wedges or BBQ Pulled Chicken Sandwich Potato Wedges	Lunch Pesto Chicken Flatbread Tossed Salad or Ham & Cheese Sub Tossed Salad	Lunch Reuben Sandwich Potato Salad or Greek Chicken Wrap Potato Salad	Lunch Beer Battered Cod Coleslaw French Fries or Beef Stew Biscuit	Lunch Egg Salad Sandwich Macaroni Salad or Sausage Roll Macaroni Salad
Supper Roast Turkey Mashed Potato Brussel Sprouts or Tater Tot Casserole with Ham Brussel Sprouts	Supper Bangers & Mash with Onion Gravy Creamed Peas or Liver with Bacon & Onions Mashed Potatoes Creamed Peas	Supper Greek Chicken Breast Tzaziki Sauce Lemon Roast Potatoes Greek Salad or Ham Steak with Pineapple Sauce Lemon Roast Potatoes Broccoli	Supper Chinese Food: Chicken Balls Ginger Beef Fried Rice Stir-Fried Vegetables Egg Roll	Supper Fried Chicken Mashed Potatoes Creamed Corn or Salisbury Steak Mushrooms & Gravy Mashed Potatoes Creamed Corn	Supper Shrimp Stir-Fry Rice or Honey Garlic Pork-chops Stir-Fry Vegetables Rice	Supper Meatloaf & Gravy Roast Potatoes Cheesy Broccoli or Chicken Cordon Swiss Roasted Potatoes Cheesy Broccoli
Strawberry Rhubarb Pie	German Chocolate Cake	Berry Crisp	Red Velvet Cake	Rice Crispy Cake	Lemon Meringue Pie	Jello Layered Dessert

Meal Times

Breakfast 6:30 - 9:00 AM
 Lunch First: 11:30 AM Second: 12:45 PM
 Supper First: 4:45 PM Second: 6:15 PM

Daily Breakfast Choices:

Continental - your choice of hot or cold cereal, assortment of bread and pastries, yogurt and fruit.

Classic - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

Daily Lunch & Supper Choices - Your choice of Soup of the Day or tossed Salad.

