

July 10-16, 2022

Weekly Menu Calendar

SUNDAY, JULY 10	MONDAY, JULY 11	TUESDAY, JULY 12	WEDNESDAY, JULY 13	THURSDAY, JULY 14	FRIDAY, JULY 15	SATURDAY, JULY 16
Breakfast Delight Eggs Benedict	Breakfast Delight Bacon & Egg Breakfast Sandwich	Breakfast Delight French Toast	Breakfast Delight Grilled Cinnamon Bun	Breakfast Delight Cranberry Almond Pancakes	Breakfast Delight Mushroom & Cheese Omelette	Breakfast Delight Waffles
<i>Soup of the Day</i> Cream of Vegetable Lunch Beef Taco Salad or Turkey Swiss Croissant Mixed Greens	<i>Soup of the Day</i> Cheesy Broccoli Lunch Chicken Bacon Ranch Wrap Mediterranean Chickpea Salad or Hot Dog Sautéed Onion Baked Beans	<i>Soup of the Day</i> Onion Lunch Cold Balsamic Honey Glazed Salmon Lentil & Cranberry Salad or Chili Corn Chips	<i>Soup of the Day</i> Cream of Mushroom Lunch Mushroom Bacon Frittata Spinach & Mandarin Salad or Pepperoni Pizza Bun Spinach & Mandarin Salad	<i>Soup of the Day</i> Cream of Tomato Lunch Chicken Wings Veggies & Dip or Grilled Ham & Cheese Sandwich Veggies & Dip	<i>Soup of the Day</i> Perogy Lunch Crab Salad or Pot Roast & Carmelized Onion Swiss Melt Potato Wedges	<i>Soup of the Day</i> Chicken & Wild Rice Lunch Sausage, Cheese, Pickle & Cracker Plate or Chicken Burger French Fries
Supper Roasted Porkloin Roast Potatoes Mashed Turnip & Carrots or Chicken Broccoli Rice Casserole Mashed Turnip & Carrots Apple Pie	Supper Cranberry BBQ Meatballs Potato Wedges Buttered Carrots or Chicken Breast with Mushroom Dill Sauce Potato Wedges Buttered Carrots Brownie	Supper Perogies & Onions Kolbasa Sauerkraut or Lasagna Garlic Toast Cheesecake	Supper Hawaiian Chicken Thighs Rice Stir-Fry Vegetables or Ginger Beef Rice Stir-Fry Vegetables Cream Pie	Supper Baby Back Ribs Baked Beans Coleslaw or Bacon Cheeseburger Baked Beans Coleslaw Trifle	Supper Coconut Crusted Bassa White & Wild Rice Pilaf Green Beans or Chicken Parmesan White & Wild Rice Pilaf Green Beans Butterscotch Tiger Bar	Supper Mushroom & Onion Smothered Pork Cutlets Herb Roasted Potatoes Parmesan Cauliflower or Lazy Cabbage Rolls Parmesan Cauliflower Ambrosia Salad

Meal Times

Breakfast	6:30 - 9:00 AM	
Lunch	First: 11:30 AM	Second: 12:45 PM
Supper	First: 4:45 PM	Second: 6:15 PM

Daily Breakfast Choices:

Continental - your choice of hot or cold cereal, assortment of bread and pastries, yogurt and fruit.

Classic - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

Daily Lunch & Supper Choices - Your choice of Soup of the Day or tossed Salad.

