


# June 27 - July 3, 2021

# Weekly Menu Calendar

**CANADA DAY**

SUNDAY, June 27	MONDAY, June 28	TUESDAY, June 29	WEDNESDAY, June 30	THURSDAY, July 1	FRIDAY, July 2	SATURDAY, July 3
Breakfast Delight Eggs Benedict	Breakfast Delight Bacon & Egg Breakfast Sandwich	Breakfast Delight French Toast with Berry Cream Cheese	Breakfast Delight Cinnamon Bun	Breakfast Delight Blueberry Pancakes 	Breakfast Delight Mushroom & Cheese Omelete	Breakfast Delight Waffles with Fruit Topping
<i>Soup of the Day</i> Chicken Noodle	<i>Soup of the Day</i> Cheesy Broccoli	<i>Soup of the Day</i> Leek & Potato	<i>Soup of the Day</i> Cream of Tomato	<i>Soup of the Day</i> Country Sausage Veg	<i>Soup of the Day</i> Minestrone	<i>Soup of the Day</i> Lime Chicken Tortilla
<b>Lunch</b> Cranberry & Apple Chicken Salad or Cheeseburger & Fries	<b>Lunch</b> Tuna Melt & Chick Pea Salad or Roast Beef & Cheddar on Brioche Roll Chick Pea Salad	<b>Lunch</b> Hot Turkey Sandwich Steak Fries or Beef Stew Fresh Biscuit	<b>Lunch</b> Ham & Cheese Quiche Spinach & Mandarin Salad or Rosemary Grilled Ham & Cheddar Sandwich Spinach & Mandarin Salad	<b>Lunch</b> Montreal Smoked Meat Sandwich with Poutine or Cold Maple Glazed Salmon with Mixed Greens and Canadian Bacon Bits Dessert: Nanaimo Bar	<b>Lunch</b> Chili with Corn Bread or Seafood Cakes Apple Salad	<b>Lunch</b> Sausage, Cheese, Pickle & Cracker Plate Fresh Veggies or Chicken Pot Pie with Biscuit Crust Fresh Veggies
<b>Supper</b> Roast Turkey Mashed Potato Honey Glazed Carrots or Pancakes & Sausages Apple Pie	<b>Supper</b> Herb Crusted Tilapia Rice Pilaf Cauliflower Gratin or Hawaiian Meatballs Rice Pilaf Cauliflower Gratin Brownie	<b>Supper</b> Baked Chicken Enchilada Bean Salad or Perogies with Fried Onions Kolbassa & Sauerkraut Berry Crisp	<b>Supper</b> Bowtie Carbonara or Greek Style Pork Tenderloin Rice Greek Salad & Tzatziki Chocolate Cream Pie	<b>Supper</b> Tourtiere PEI Vegetables or Manitoba Pickerel Yukon Mashed Potatoes PEI Vegetables Saskatoon Berry Pie	<b>Supper</b> Southwest Crusted Haddock Lyonnais Potato Sautéed Zucchini or Baked Ham with Pineapple Sauce Lyonnais Potato Sautéed Zucchini Boston Cream Cake	<b>Supper</b> Meatloaf Creamy Baby Potatoes Floret Salad or Chicken Cordon Swiss Creamy Baby Potatoes Floret Salad Orange Creamsicle Cake

## Meal Times

Breakfast	6:30 - 9:00 AM	
Lunch	First: 11:30 AM	Second: 12:45 PM
Supper	First: 4:45 PM	Second: 6:15 PM

## Daily Breakfast Choices:

**Continental** - your choice of hot or cold cereal, assortment of bread and pastries, yogurt and fruit.

**Classic** - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

**Daily Lunch & Supper Choices** - Your choice of Soup of the Day or tossed Salad.

