

February 28 - March 6, 2021

Weekly Menu Calendar

Sunday Feb 28	Monday Mar 1	Tuesday Mar 2	Wednesday Mar 3	Thursday Mar 4	Friday Mar 5	Saturday Mar 6
Breakfast Delight Eggs Benedict	Breakfast Delight Breakfast Sandwich	Breakfast Delight French Toast	Breakfast Delight Ham & Cheese Omelet	Breakfast Delight Pancakes	Breakfast Delight Cinnamon Bun	Breakfast Delight Waffles
<i>Soup of the Day</i> Chicken Noodle	<i>Soup of the Day</i> Roasted Red Pepper	<i>Soup of the Day</i> Cream of Carrot & Ginger	<i>Soup of the Day</i> Potato Bacon	<i>Soup of the Day</i> Chicken & Wild Rice	<i>Soup of the Day</i> Beef Vegetable	<i>Soup of the Day</i> Minestrone
Lunch Ham & Swiss Croissant Tossed Salad or Cranberry & Apple Chicken Salad	Lunch Spaghetti & Meatballs Focaccia Bread or Chicken Salad Sandwich Cucumber & Onion Salad	Lunch Beef Quesadilla Spanish Rice or Pulled Pork on a Bun Caesar Salad	Lunch Tuna Melt Greek Salad or Rosemary Grilled Ham & Cheese Sandwich Greek Salad	Lunch Hot Turkey Sandwich Strawberry Spinach Salad or Frittata Strawberry Spinach Salad	Lunch Cod Nuggets French Fries Coleslaw or Sloppy Joe's French Fries Coleslaw	Lunch Chicken Alfredo Focaccia Bread or Hot Beef Sandwich Peas & Carrots
Supper Roast Beef Yorkshire Pudding Mashed Potatoes Turnip or Breaded Chicken Breast Mashed Potato Turnip Fruit Pie / Ice Cream	Supper Tater Tot Casserole PEI Mix Vegetables or Tilapia Rice PEI Mix Vegetables Cream Puffs	Supper Swiss Steak Roasted Potato Carrots & Parsnips or Chicken Leg Roasted Potato Carrots & Parsnips Lemon Pudding Cake	Supper Lazy Cabbage Rolls Vegetables or Pork Chops Potato Wedges Vegetables Banana Cream Pie	Supper Salisbury Steak Mashed Potato Broccoli or Pizza Caesar Salad Cookies & Ice Cream	Supper Basa with Orange Sauce Rice Root Vegetables or Greek Style Pork Tenderloin Rice Greek Salad Strawberry Shortcake	Supper Swedish Meatballs Scalloped Potatoes Fried Cabbage or Ham Steak Scalloped Potatoes Fried Cabbage Jello Layered Dessert

Meal Times

Breakfast	6:30 - 9:00 AM	
Lunch	First: 11:30 AM	Second: 12:45 PM
Supper	First: 4:45 PM	Second: 6:15 PM

Daily Breakfast Choices:

Continental - your choice of hot or cold cereal, assortment of bread and pastries, yogurt and fruit.

Classic - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

Daily Lunch & Supper Choices - Your choice of Soup of the Day or tossed Salad.



Phone: 204-725-1340 Fax: 204-726-1811

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