

February 21 - 27, 2021

Weekly Menu Calendar

| Sunday Feb 21 | Monday Feb 22 | Tuesday Feb 23 | Wednesday Feb 24 | Thursday Feb 25 | Friday Feb 26 | Saturday Feb 27 |
|--|--|--|--|--|--|--|
| Breakfast Delight Eggs Benedict | Breakfast Delight Breakfast Sandwich | Breakfast Delight French Toast | Breakfast Delight Ham & Cheese Omelet | Breakfast Delight Pancakes | Breakfast Delight Cinnamon Bun | Breakfast Delight Waffles |
| <i>Soup of the Day</i> Cauliflower | <i>Soup of the Day</i> Cream of Vegetable | <i>Soup of the Day</i> Hamburger | <i>Soup of the Day</i> Mushroom | <i>Soup of the Day</i> Italian Wedding | <i>Soup of the Day</i> Cream of Tomato | <i>Soup of the Day</i> Borscht |
| Lunch Chicken Fingers French Fries Coleslaw or Thai Noodle Shrimp Salad | Lunch Chicken Wings Veggie Sticks or Pulled Beef on a Bun Veggie Sticks | Lunch Pizza Bagels Caesar Salad or Salmon Salad Sandwich Caesar Salad | Lunch Chicken Burger Tossed Salad or Beef Taco Salad | Lunch Macaroni & Cheese Stewed Tomatoes or Reuben Sandwich Potato Salad | Lunch Fish & Chips Coleslaw or Beef Dip Coleslaw | Lunch Hamburger French Fries or Grilled Cheese Sandwich Mixed Pickles |
| Supper Roast Pork Loin Garlic Mashed Potato Asparagus or Lemon Chicken Garlic Mashed Potato Asparagus Fruit Pie | Supper Salmon with Dill Sauce Rice Broccoli or Tourtiere Broccoli Cheesecake | Supper Honey Garlic Chicken Rice Roasted Peppers & Onions or Sweet & Sour Meatballs Rice Roasted Peppers & Onions German Chocolate Cake | Supper Bangers & Mash Mixed Vegetables or Bowtie Carbonara Coconut Cream Pie | Supper Steak Sandwich Baked Potato Cauliflower & Cheese Sauce or Vegetable Lasagna Garlic Toast Rice Pudding | Supper Teriyaki Chicken Thighs Mashed Potatoes Stir Fried Vegetables or Shrimp Stir Fry Rice Stir Fried Vegetables Nanaimo Bar | Supper Chicken Risotto Peas & Carrots or Meatloaf Mashed Potatoes Peas & Carrots Jello |

Meal Times

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| Breakfast | 6:30 - 9:00 AM | |
| Lunch | First: 11:30 AM | Second: 12:45 PM |
| Supper | First: 4:45 PM | Second: 6:15 PM |

Daily Breakfast Choices:

Continental - your choice of hot or cold cereal, assortment of bread and pastries, yogurt and fruit.

Classic - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

Daily Lunch & Supper Choices - Your choice of Soup of the Day or tossed Salad.



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