

# October 18 - 24, 2020

# Weekly Menu Calendar

Sunday Oct 18	Monday Oct 19	Tuesday Oct 20	Wednesday Oct 21	Thursday Oct 22	Friday Oct 23	Saturday Oct 24
Breakfast Delight Eggs Benedict	Breakfast Delight Breakfast Sandwich	Breakfast Delight French Toast	Breakfast Delight Ham & Cheese Omelet	Breakfast Delight Pancakes	Breakfast Delight Cinnamon Bun	Breakfast Delight Waffles
<i>Soup of the Day</i> Cauliflower	<i>Soup of the Day</i> Cream of Vegetable	<i>Soup of the Day</i> Hamburger	<i>Soup of the Day</i> Mushroom	<i>Soup of the Day</i> Italian Wedding	<i>Soup of the Day</i> Cream of Tomato	<i>Soup of the Day</i> Borscht
<b>Lunch</b> Chicken Fingers French Fries Coleslaw or Thai Noodle Shrimp Salad	<b>Lunch</b> Chicken Wings Veggie Sticks or Pulled Beef on a Bun Veggie Sticks	<b>Lunch</b> Pizza Bagels Caesar Salad or Salmon Salad Sandwich Casear Salad	<b>Lunch</b> Chicken Burger Tossed Salad or Beef Taco Salad	<b>Lunch</b> Macaroni & Cheese Stewed Tomatoes or Reuben Sandwich Potato Salad	<b>Lunch</b> Fish & Chips Coleslaw or Beef Dip Coleslaw	<b>Lunch</b> Hamburger French Fries or Grilled Cheese Sandwich Mixed Pickles
<b>Supper</b> Roast Pork Loin Garlic Mashed Potato Asparagus or Lemon Chicken Garlic Mashed Potato Asparagus Fruit Pie	<b>Supper</b> Salmon with Dill Sauce Rice Broccoli or Tourtiere Broccoli Cheesecake	<b>Supper</b> Honey Garlic Chicken Rice Roasted Peppers & Onions or Sweet & Sour Meatballs Rice Roasted Peppers & Onions Fruit Crisp	<b>Supper</b> Bangers & Mash Mixed Vegetables or Pesto Chicken Pasta Mixed Vegetables Cream Pie	<b>Supper</b> Steak Sandwich Baked Potato Cauliflower & Cheese Sauce or Vegetable Lasagna Garlic Toast Rice Pudding	<b>Supper</b> Teriyaki Chicken Thighs Mashed Potatoes Stir Fried Vegetables or Shrimp Stir Fry Rice Stir Fried Vegetables Nanaimo Bar	<b>Supper</b> Chicken Risotto Peas & Carrots or Meatloaf Mashed Potatoes Peas & Carrots Jello

## Meal Times

Breakfast	6:30 - 9:00 AM	Come & Go
Lunch	First: 11:30 AM	Second: 12:45 PM
Supper	First: 4:45 PM	Second: 6:15 PM

## Daily Breakfast Choices:

**Continental** - your choice of hot or cold cereal, assortment of bread and pastries, yogurt and fruit.

**Classic** - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

**Daily Lunch & Supper Choices** - Your choice of Soup of the Day or tossed Salad.



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