

September 27 - October 3, 2020 Weekly Menu Calendar

Sunday Sept 27	Monday Sept 28	Tuesday Sept 29	Wednesday Sept 30	Thursday Oct 1	Friday Oct 2	Saturday Oct 3
Breakfast Delight Eggs Benedict	Breakfast Delight Breakfast Sandwich	Breakfast Delight French Toast	Breakfast Delight Ham & Cheese Omelet	Breakfast Delight Pancakes	Breakfast Delight Cinnamon Bun	Breakfast Delight Waffles
<i>Soup of the Day</i> Cauliflower	<i>Soup of the Day</i> Cream of Vegetable	<i>Soup of the Day</i> Hamburger	<i>Soup of the Day</i> Mushroom	<i>Soup of the Day</i> Italian Wedding	<i>Soup of the Day</i> Cream of Tomato	<i>Soup of the Day</i> Borscht
Lunch Chicken Fingers French Fries Coleslaw or Thai Noodle Shrimp Salad	Lunch Chicken Wings Veggie Sticks or Pulled Beef on a Bun Veggie Sticks	Lunch Pizza Bagels Caesar Salad or Salmon Salad Sandwich Caesar Salad	Lunch Chicken Burger Tossed Salad or Beef Taco Salad	Lunch Macaroni & Cheese Stewed Tomatoes or Reuben Sandwich Potato Salad	Lunch Fish & Chips Coleslaw or Beef Dip Coleslaw	Lunch Hamburger French Fries or Grilled Cheese Sandwich Mixed Pickles
Supper Roast Pork Loin Garlic Mashed Potato Asparagus or Lemon Chicken Garlic Mashed Potato Asparagus Fruit Pie	Supper Salmon with Dill Sauce Rice Broccoli or Tourtiere Broccoli Cheesecake	Supper Honey Garlic Chicken Rice Roasted Peppers & Onions or Sweet & Sour Meatballs Rice Roasted Peppers & Onions Fruit Crisp	Supper Bangers & Mash Mixed Vegetables or Pesto Chicken Pasta Mixed Vegetables Cream Pie	Supper Steak Sandwich Baked Potato Cauliflower & Cheese Sauce or Vegetable Lasagna Garlic Toast Rice Pudding	Supper Teriyaki Chicken Thigh Mashed Potatoes Stir Fried Vegetables or Shrimp Stir Fry Rice Stir Fried Vegetables Nanaimo Bar	Supper Chicken Risotto Peas & Carrots or Meatloaf Mashed Potatoes Peas & Carrots Jello

Meal Times

Breakfast	6:30 - 9:00 AM	
Lunch	First: 11:30 AM	Second: 12:45 PM
Supper	First: 4:45 PM	Second: 6:15 PM

Daily Breakfast Choices:

Continental - your choice of hot or cold cereal, assortment of bread and pastries, yogurt and fruit.

Classic - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

Daily Lunch & Supper Choices - Your choice of Soup of the Day or tossed Salad.



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