

# September 20 - 26, 2020

# Weekly Menu Calendar

SUNDAY Sept 20	MONDAY Sept 21	TUESDAY Sept 22	WEDNESDAY Sept 23	THURSDAY Sept 24	FRIDAY Sept 25	SATURDAY Sept 26
Breakfast Delight Eggs Benedict	Breakfast Delight Breakfast Sandwich	Breakfast Delight French Toast	Breakfast Delight Ham & Cheese Omelet	Breakfast Delight Pancakes	Breakfast Delight Cinnamon Bun	Breakfast Delight Waffles
<i>Soup of the Day</i> Split Pea	<i>Soup of the Day</i> Turkey & Rice	<i>Soup of the Day</i> Roasted Red Pepper	<i>Soup of the Day</i> Cream of Carrot & Ginger	<i>Soup of the Day</i> Potato Bacon	<i>Soup of the Day</i> Chicken Noodle	<i>Soup of the Day</i> Beef Vegetable
<b>Lunch</b> Chicken Pot Pie Mixed Vegetables or Chef's Salad Dinner Roll	<b>Lunch</b> Spaghetti & Meatballs Foccacia Bread or Chicken Salad Sandwich Cucumber Onion Salad	<b>Lunch</b> Beef Quesadilla Spanish Rice or Pulled Pork on a Bun Caesar Salad	<b>Lunch</b> Tuna Melt Greek Salad or Greek Chicken Salad Dinner Roll	<b>Lunch</b> Hot Turkey Sandwich Vegetables or Frittata Salad	<b>Lunch</b> Cod Nuggets French Fries Coleslaw or Tavern Sandwich French Fries Coleslaw	<b>Lunch</b> Chicken Alfredo Foccacia Bread or Hot Beef Sandwich Peas & Carrots
<b>Supper</b> Roast Turkey / Stuffing Mashed Potato Peas or Ginger Beef Rice Peas Fruit Pie & Ice Cream	<b>Supper</b> Hamburger Casserole PEI Mixed Vegetables or Salmon Rice PEI Mixed Vegetables Cream Puffs	<b>Supper</b> Teriyaki Meatballs Mashed Potato Carrots & Parsnips or Chicken Leg Roasted Potato Carrots & Carrot Cake	<b>Supper</b> Chicken & Sausage Gumbo or Pork Chops Mashed Potato Vegetables Cream Pie	<b>Supper</b> Salisbury Steak Mashed Potato Broccoli or Pizza Caesar Salad Pecan Butter Tart	<b>Supper</b> Bassa / Orange Sauce Root Vegetables or Pork Tenderloin Rice Root Vegetables Strawberry Shortcake	<b>Supper</b> Swedish Meatballs Scalloped Potatoes Fried Cabbage or Ham Steak Scalloped Potatoes Fried Cabbage Pudding

### Meal Times

Breakfast 6:30 - 9:00 AM  
 Lunch First: 11:30 AM Second: 12:45 PM  
 Supper First: 4:45 PM Second: 6:15 PM

### Daily Breakfast Choices:

**Continental** - your choice of hot or cold cereal, assortment of bread and pastries, yogurt and fruit.  
**Classic** - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

**Daily Lunch & Supper Choices** - Your choice of Soup of the Day or tossed Salad.



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