

# September 13 - 19, 2020

# Weekly Menu Calendar

Sunday Sept 13	Monday Sept 14	Tuesday Sept 15	Wednesday Sept 16	Thursday Sept 17	Friday Sept 18	Saturday Sept 19
Breakfast Delight Eggs Benedict	Breakfast Delight Breakfast Sandwich	Breakfast Delight French Toast	Breakfast Delight Ham & Cheese Omelet	Breakfast Delight Pancakes	Breakfast Delight Cinnamon Bun	Breakfast Delight Waffles
<i>Soup of the Day</i> Borscht	<i>Soup of the Day</i> Chicken Noodle	<i>Soup of the Day</i> Cream of Vegetable	<i>Soup of the Day</i> Hamburger	<i>Soup of the Day</i> Mushroom	<i>Soup of the Day</i> Italian Wedding	<i>Soup of the Day</i> Cream of Tomato
<b>Lunch</b> Turkey & Swiss Croissant Tossed Salad or Beef Taco Salad	<b>Lunch</b> Chicken Wings Veggie Sticks or Pulled Beef on a Bun Veggie Sticks	<b>Lunch</b> Pizza Bagels Caesar Salad or Turkey Bacon Club Casear Salad	<b>Lunch</b> Spinach & Bacon Salad Dinner Roll or Chicken Burger Tossed Salad	<b>Lunch</b> Macaroni & Cheese Stewed Tomatoes or Reuben Sandwich Potato Salad	<b>Lunch</b> Fish & Chips Coleslaw or Beef Dip Coleslaw	<b>Lunch</b> Hamburger French Fries or Grilled Cheese Sandwich Mixed Pickles
<b>Supper</b> Roast Beef Yorkshire Pudding Mashed Potatoes Turnip or Sweet & Sour Chicken Rice Fruit Pie / Ice Cream	<b>Supper</b> Honey Dijon Salmon Rice Broccoli or Tourtiere Broccoli Cheesecake	<b>Supper</b> Honey Garlic Chicken Rice Green Beans or Lamb Chops Roasted Potatoes Green Beans Fruit Crisp	<b>Supper</b> Bangers & Mash Corn or Pesto Chicken Pasta Corn Cream Pie	<b>Supper</b> Steak Sandwich Baked Potato Cauliflower & Cheese Sauce or Vegetable Lasagna Garlic Toast Rice Pudding	<b>Supper</b> Teriyaki Chicken Drumstick Mashed Potatoes Stir Fried Vegetables or Shrimp Stir Fry Rice Stir Fried Vegetables Nanaimo Bar	<b>Supper</b> Chicken Risotto Peas & Carrots or Meatloaf Mashed Potatoes Peas & Carrots Jello

## Meal Times

Breakfast	6:30 - 9:00 AM	
Lunch	First: 11:30 AM	Second: 12:45 PM
Supper	First: 4:45 PM	Second: 6:15 PM

## Daily Breakfast Choices:

**Continental** - your choice of hot or cold cereal, assortment of bread and pastries, yogurt and fruit.

**Classic** - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

**Daily Lunch & Supper Choices** - Your choice of Soup of the Day or tossed Salad.



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