

February 17 - 23, 2020

Weekly Menu Calendar

Monday Feb 17	Tuesday Feb 18	Wednesday Feb 19	Thursday Feb 20	Friday Feb 21	Saturday Feb 22	Sunday Feb 23
Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight
Breakfast Sandwich	French Toast	Ham & Cheese Omelet	Pancakes	Cinnamon Bun	Waffles	Eggs Benedict
<i>Soup of the Day</i> Chicken Noodle	<i>Soup of the Day</i> Cream of Vegetable	<i>Soup of the Day</i> Hamburger	<i>Soup of the Day</i> Mushroom	<i>Soup of the Day</i> Italian Wedding	<i>Soup of the Day</i> Cream of Tomato	<i>Soup of the Day</i> Borscht
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Wings Veggie Sticks or Pulled Beef on Bun Veggie Sticks	Pizza Bagels Caesar Salad or Turkey Bacon Club Caesar Salad	Spinach & Bacon Salad Dinner Roll or Chicken Burger Tossed Salad	Macaroni & Cheese Stewed Tomatoes or Reuben Sandwich French Fries	Fish & Chips Coleslaw or Beef Dip Coleslaw	Hamburger French Fries or Grilled Cheese Sandwich Mixed Pickles	Turkey & Swiss Croissant Tossed Salad or Beef Taco Salad
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Honey Dijon Salmon Rice Broccoli or Tourtiere Broccoli Cheesecake	Honey Garlic Chicken Rice Vegetables or Sweet & Sour Meatballs Rice Fruit Crisp	Bangers & Mash Vegetables or Pesto Chicken Pasta Vegetables Cream Pie	Steak Sandwich Baked Potato Cauliflower & Cheese Sauce or Vegetable Lasagna Garlic Toast Rice Pudding	Teriyaki Chicken Thighs Mashed Potatoes Stir Fried Vegetables or Shrimp Stir Fry Rice Stir Fried Vegetables Nanaimo Bar	Chicken Risotto Peas & Carrots or Meatloaf Mashed Potatoes Peas & Carrots Jello	Roast Beef with Yorkshire Pudding Mashed Potatoes Turnip or Sweet & Sour Chicken Rice Fruit Pie / Ice Cream

Meal Times

Breakfast	6:30 - 9:00 AM	
Lunch	First: 11:30 AM	Second: 12:45 PM
Supper	First: 4:45 PM	Second: 6:15 PM

Daily Breakfast Choices:

Continental - your choice of hot or cold cereal, assortment of bread and pastries, yogurt and fruit.

Classic - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

Daily Lunch & Supper Choices - Your choice of Soup of the Day or tossed Salad.



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