

# January 20 - 26, 2020

# Weekly Menu Calendar

Monday Jan 20	Tuesday Jan 21	Wednesday Jan 22	Thursday Jan 23	Friday Jan 24	Saturday Jan 25	Sunday Jan 26
Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight
Breakfast Sandwich	French Toast	Ham & Cheese Omelet	Pancakes	Cinnamon Bun	Waffles	Eggs Benedict
<i>Soup of the Day</i> Beef Barley	<i>Soup of the Day</i> Cream of Chicken	<i>Soup of the Day</i> Broccoli Cheese	<i>Soup of the Day</i> Minestrone	<i>Soup of the Day</i> Corn Chowder Soup	<i>Soup of the Day</i> Onion	<i>Soup of the Day</i> Cauliflower
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Quiche Tossed Salad or Chicken Caesar Salad	Chicken Quesadilla Spanish Rice or Egg Salad Sandwich Tossed Salad	<b>Fish Burger</b> <b>French Fries</b> or Chicken Salad Sandwich Tossed Salad	Chicken Taco Salad or Grilled Ham & Cheese Sandwich Sliced Tomatoes	Chili Focaccia Bread or Salmon Sandwich Cucumber Salad	Chicken a la King Rice or BLT Sandwich Macaroni Salad	Chicken Fingers French Fries Coleslaw or Thai Noodle Shrimp Salad
<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>	<b>Supper</b>
Beef Lasagna Caesar Salad or Baked Haddock Mashed Potatoes Broccoli  Carrot Cake	Shepherd's Pie Vegetable or Sweet & Sour Pork Rice  Fruit Crisp	Fried Chicken Sweet Potatoes Cream Corn or Liver & Onions Mashed Potatoes Cream Corn  Cream Pie	Ribs Baked Potato PEI Mixed Vegetables or Ravioli Focaccia Bread PEI Mixed Vegetables  Pecan Butter Tart	Herb Crusted Bassa Scalloped Potato Peas or Ham Steak Scalloped Potato Peas  Lemon Meringue Pie	Penne Meatballs or Turkey Schnitzel Mashed Potatoes Brussel Sprouts  Boston Cream Pie	Roast Pork Loin Garlic Mashed Potato Carrots or Lemon Chicken Garlic Mashed Potato Carrots  Fruit Pie

## Meal Times

Breakfast	6:30 - 9:00 AM	
Lunch	First: 11:30 AM	Second: 12:45 PM
Supper	First: 4:45 PM	Second: 6:15 PM

## Daily Breakfast Choices:

**Continental** - your choice of hot or cold cereal, assortment of bread and pastries, yogurt and fruit.

**Classic** - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

**Daily Lunch & Supper Choices** - Your choice of Soup of the Day or tossed Salad.



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