

October 21 - 27, 2019

Weekly Menu Calendar

| Monday, Oct 21 | Tuesday, Oct 22 | Wednesday, Oct 23 | Thursday, Oct 24 | Friday, Oct 25 | Saturday, Oct 26 | Sunday, Oct 27 |
|--|--|---|---|--|--|---|
| Breakfast Delight | Breakfast Delight | Breakfast Delight | Breakfast Delight | Breakfast Delight | Breakfast Delight | Breakfast Delight |
| Breakfast Sandwich | French Toast | Ham & Cheese Omelet | Pancakes | Cinnamon Bun | Waffles | Eggs Benedict |
| <i>Soup of the Day</i> Potato Bacon Soup | <i>Soup of the Day</i> Onion Soup | <i>Soup of the Day</i> Mushroom Soup | <i>Soup of the Day</i> Borscht | <i>Soup of the Day</i> Chef's Choice Soup | <i>Soup of the Day</i> Beef Barley Soup | <i>Soup of the Day</i> Pea Soup |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| Spaghetti & Meatsauce Foccacia Bread or Ham & Cheese Sandwich Cucumber Onion Salad | Chicken Quesadilla Spanish Rice or Pulled Pork on a Bun Greek Salad | Pizza Bagel Caesar Salad or Beef Burger Coleslaw | Hot Turkey Sandwich Vegetables or Taco Salad | Cod Nuggets French Fries or Chicken Salad Wrap Salad | Chicken Alfredo with Noodles Peas & Carrots or Hot Beef Sandwich Peas & Carrots | Chicken Greek Salad Dinner Roll or Tuna Salad Sandwich Tomato Salad |
| Supper | Supper | Supper | Supper | Supper | Supper | Supper |
| Beef Stew Biscuit or Chicken Supreme Mashed Potatoes Vegetables Jello | Beef Stir Fry Rice or Chicken Legs Roast Potato Vegetables Bread Pudding | Chicken Stew Dinner Roll or Shrimp Stir Fry Rice Cream Pie | Salisbury Steak Mashed Potato Broccoli or Sausage & Perogies Sauerkraut Butter Tart | Poached Salmon Hollandaise Sauce Root Vegetables or Stuffed Pork Tenderloin Rice Pilaf Root Vegetables Strawberry Shortcake | Swedish Meatballs Scalloped Potatoes or Ham Scalloped Potatoes Fried Cabbage Pudding | Roast Turkey & Stuffing Mashed Potatoes Peas or Ginger Beef Mashed Potatoes Peas Fruit Pie & Ice Cream |

Meal Times

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| Breakfast | 6:30 - 9:00 AM | |
| Lunch | First: 11:30 AM | Second: 12:45 PM |
| Supper | First: 4:45 PM | Second: 6:15 PM |

Daily Breakfast Choices:

Continental - your choice of hot or cold cereal, assortment of bread and pastries, yogurt and fruit.

Classic - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

Daily Lunch & Supper Choices - Your choice of Soup of the Day or tossed Salad.



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