

August 19 - 25, 2019

Weekly Menu Calendar

Monday, August 19	Tuesday, August 20	Wednesday, August 21	Thursday, August 22	Friday, August 23	Saturday, August 24	Sunday, August 25
Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight
Breakfast Sandwich	French Toast	Ham & Cheese Omelet	Pancakes	Cinnamon Bun	Waffles	Eggs Benedict
<i>Soup of the Day</i> Potato Bacon Soup	<i>Soup of the Day</i> French Onion Soup	<i>Soup of the Day</i> Pumpkin Soup	<i>Soup of the Day</i> Borscht	<i>Soup of the Day</i> Chicken & Wild Rice	<i>Soup of the Day</i> Vegetable Barley Soup	<i>Soup of the Day</i> Pea Soup
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Spaghetti & Meatballs Foccacia Bread or Chicken Salad Sandwich Cucumber & Onion Salad	Chicken Souvlaki Rice or Pulled Pork on a Bun Greek Salad	Chef's Salad Dinner Roll or Beef Burger Coleslaw	Cottage Cheese & Fruit Plate or Ham & Swiss Croissant Fruit	Cod Nuggets Chips or Deli Turkey Sandwich Orzo Salad	Chicken Alfredo with Noodles Foccacia Bread or Hot Beef Sandwich Peas & Carrots	Chicken Greek Salad Dinner Roll or Tuna Salad Sandwich Potato Salad
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Beef Stew Biscuit or Cod with Cheese Sauce Gnocchi PEI Mixed Vegetables Cream Puffs	Stuffed Peppers Carrots & Parsnips or Chicken Cordon Bleu Dinner Roll Carrots & Parsnips Bread Pudding	Herb Roasted Chicken Rice Stir Fried Vegetables or Shrimp Stir Fry Rice Cream Pie	Salisbury Steak Mashed Potato Broccoli or Sausage & Perogies Sauerkraut Resident's Choice Chocolate Brownie	Poached Salmon Hollandaise Sauce Root Vegetables or Stuffed Pork Tenderloin Rice Pilaf Root Vegetables Strawberry Shortcake	Swedish Meatballs Scalloped Potatoes Fried Cabbage or Ham Scalloped Potatoes Fried Cabbage Pudding	Roast Turkey & Stuffing Mashed Potatoes, Peas or Ginger Beef Mashed Potatoes, Peas Fruit Pie & Ice Cream

Meal Times

Breakfast	6:30 - 9:00 AM	
Lunch	First: 11:30 AM	Second: 12:45 PM
Supper	First: 4:45 PM	Second: 6:15 PM

Daily Breakfast Choices:

Continental - your choice of hot or cold cereal, assortment of bread and pastries, yogurt and fruit.

Classic - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

Daily Lunch & Supper Choices - Your choice of Soup of the Day or tossed Salad.



Phone: 204-725-1340 Fax: 204-726-1811

www.rotaryvillas.ca