

# June 24 - 30, 2019

# Weekly Menu Calendar

Monday June 24	Tuesday June 25	Wednesday June 26	Thursday June 27	Friday June 28	Saturday June 29	Sunday June 30
Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight
Breakfast Sandwich	French Toast	Ham & Cheese Omelet	Pancakes	Cinnamon Bun	Waffles	Eggs Bennedict
<i>Soup of the Day</i> Cream of Chicken Soup	<i>Soup of the Day</i> Beef & Barley Soup	<i>Soup of the Day</i> Broccoli Cheese Soup	<i>Soup of the Day</i> Minestrone Soup	<i>Soup of the Day</i> Corn Chowder Soup	<i>Soup of the Day</i> Potato & Leek Soup	<i>Soup of the Day</i> Cauliflower Soup
Lunch	Lunch	Lunch	Lunch		Lunch	Lunch
Quiche Tomato Salad or Chicken Caesar Salad	Beef Pot Pie Mixed Vegetables or Grilled Ham & Cheese Sandwich Mixed Vegetables	<b>Resident's Choice</b> Fish Burger & Coleslaw or Hot Dog, Sauerkraut & Potato Chips	Chicken Taco Salad or Egg Salad Sandwich Couscous Salad	BBQ Steak or BBQ Chicken Served with Corn on the Cob & Coleslaw Canada Day Cupcakes	Chicken a la King Rice or BLT Sandwich Macaroni Salad	Chicken Fingers, Fries & Coleslaw or Thai Noodle Shrimp Salad
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Beef Lasagna Focaccia Bread Coleslaw or Sweet & Sour Pork Savoury Rice  Carrot Cake	Shepherd's Pie Broccoli or Baked Haddock Parmesan Mashed Potatoes Broccoli  Fruit Crisp	Fried Chicken Sweet Potatoes Cream Corn or Liver & Onions Mashed Potatoes Cream Corn  Cream Pie	Ribs Baked Potato PEI Mixed Vegetables or Ravioli Focaccia Bread PEI Mixed Vegetables  Pecan Butter Tart	Chili Focaccia Bread or Chicken Salad Sandwich, Potato Chips & Green Salad  Lemon Meringue Pie	Penne Meatballs Focaccia Bread or Turkey Schnitzel Mashed Potatoes Brussel Sprouts  Boston Cream Cake	Roast Loin of Pork Garlic Mashed Potato Vichy Carrots or Lemon Chicken Garlic Mashed Potato Vichy Carrots  Fruit Pie

## Meal Times

Breakfast	6:30 - 9:00 AM	
Lunch	First: 11:30 AM	Second: 12:45 PM
Supper	First: 4:45 PM	Second: 6:15 PM

## Daily Breakfast Choices:

**Continental** - your choice of hot or cold cereal, assortment of bread and pastries, yogurt and fruit.

**Classic** - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

**Daily Lunch & Supper Choices** - Your choice of Soup of the Day or tossed Salad.



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