# February 2019

## Menu Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					Breakfast Delight Three Cheese Omelette  Lunch Roast Beef Sandwich Fish n' Chips  Supper Shrimp Risotto Veal Schnitzel	2 Breakfast Delight Skillet  Lunch Spinach Salad w/ Bacon Chicken a la King  Supper Salisbury Steak Salmon
3	4	5	6	7	8	9
Breakfast Delight Eggs Benedict Lunch Tuna Salad Sandwich Beef Pot Pie	Breakfast Delight Grilled Cinnamon Bun Lunch Ham & Swiss Croissant BBQ Meatball Kabobs Supper	Breakfast Delight Waffles & Bacon Lunch Philly Cheesesteak Sand. Bacon Mac n' Cheese Supper	Breakfast Delight French Toast  Lunch BBQ Riblets Shepherd's Pie  Supper Southern Fried Chicken	Breakfast Delight Three Cheese Omelette Lunch Chicken Caesar Salad Cannelloni Supper	Breakfast Delight Skillet Lunch Grilled Cheese Fish n' Chips	Breakfast Delight Blueberry Pancakes Lunch Chicken Greek Salad Beef Stroganoff
Supper Roast Turkey Fried Ham Steak	Irish (Lamb) Stew Herb Crusted Cod	Supper Meatloaf Seafood au Gratin	Baked Haddock	Supper Chicken Parmesan Liver & Bacon	Supper Turkey Schnitzel Poached Salmon	Supper Beef Burger Chicken Burger
10 Breakfast Delight	11 Breakfast Delight	12 Breakfast Delight	13 Breakfast Delight	14 Breakfast Delight	15 Breakfast Delight	16 Breakfast Delight
Eggs Benedict	Grilled Cinnamon Bun	Breakfast Sandwich	Breakfast Quiche	Denver Scramble	Three Cheese Omelette	Skillet Lunch
Lunch Ham & Cheddar Sub Butter Chicken	Lunch Pulled Pork Sandwich Chicken & Leek Pie	Lunch BLT Taco Salad	Lunch Hot Dog Chili	Lunch Reuben Sandwich Tourtiere	Lunch Roast Beef Sandwich Fish n' Chips	Spinach Salad w/ Bacon Chicken a la King
Supper Roast Beef Casserole Salmon	Supper Beef Stew Shrimp Stir-Fry	Supper Haddock Sweet n' Sour Chicken	Supper Bacon Wrapped Tenderloin Ravioli Alfredo	Supper Chicken Cordon Bleu with Scalloped Potatoes & Veg.	Supper Shrimp Risotto Veal Schnitzel	Supper Salisbury Steak Baked Salmon

### **Meal Times**

Breakfast 6:30 - 9:00 AM

Lunch First: 11:30 AM Second: 12:45 PM Supper First: 4:45 PM Second: 6:15 PM

### **Daily Breakfast Choices:**

**Continental** - your choice of Hot or Cold Cereal, Assortment of Bread and Pastries, Yogurt and Fruit.

**Classic** - 2 Eggs cooked to preference, Bacon or Sausage, Hash Browns and Toast.



Phone: 204-725-1340 Fax: 204-726-1811 www.rotaryvillas.ca

# February 2019

## Menu Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
17	18	19	20	21	22	23
Breakfast Delight Eggs Benedict	Breakfast Delight Grilled Cinnamon Bun	Breakfast Delight Waffles & Bacon	Breakfast Delight French Toast	Breakfast Delight Three Cheese Omelette	Breakfast Delight Skillet	Breakfast Delight Blueberry Pancakes
Lunch Tuna Salad Sandwich Beef Pot Pie	Lunch Ham & Swiss Croissant BBQ Meatball Kabobs	Lunch Philly Cheese Sandwich Bacon Mac n' Cheese	Lunch BBQ Riblets Shepherd's Pie	Lunch Chicken Caesar Salad Cannelloni	Lunch Grilled Cheese Fish n' Chips	Lunch Chicken Greek Salad Beef Stroganoff
Supper Cornish Hen Sautéed Shrimp	Supper Irish (Lamb) Stew Herb Crusted Cod	Supper Meatloaf Seafood au Gratin	Supper Southern Fried Chicken Baked Haddock	Supper Chicken Parmesan Liver & Bacon	Supper Turkey Schnitzel Poached Salmon	Supper Beef Burger Chicken Burger
24	25	26	27	28		
Breakfast Delight Eggs Benedict	Breakfast Delight Grilled Cinnamon Bun	Breakfast Delight Breakfast Sandwich	Breakfast Delight Breakfast Quiche	Breakfast Delight Denver Scramble		
Lunch Hot Beef Sandwich Butter Chicken	Lunch Pulled Pork Sandwich Chicken & Leek Pie	Lunch BLT Taco Salad	Lunch Hot Dog Chili	Lunch Reuben Sandwich Tourtiere		
Supper Pork & Apple Casserole Salmon Pesto	Supper Beef Stew Shrimp Stir-Fry	Supper Haddock Sweet n' Sour Chicken	Supper BBQ Pork Ribs Ravioli Alfredo	Supper Lasagna Pork Schnitzel		

#### **Your Numerous Meal Options: Just ask your server**

- 1 Your choice of two entrées daily.
- 2 You can request a meal salad; Chef's Choice Salad available daily for lunch and supper.
- 3 There are soup & sandwiches (egg salad or ham & turkey) available.
- 4 Scrambled or boiled eggs and toast are available at all meals.
- 5 Extra portions of potatoes or vegetables are available.
- 6 French toast is available every morning for breakfast.

### **Meal Times**

Breakfast 6:30 AM - 9:00 AM

Lunch First: 11:30 AM Second: 12:45 PM Supper First: 4:45 PM Second: 6:15 PM

#### **Daily Breakfast Choices:**

**Continental** - your choice of Hot or Cold Cereal, Assortment of Bread and Pastries, Yogurt and Fruit.

**Classic** - 2 Eggs cooked to preference, Bacon or Sausage, Hash Browns and Toast.



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