

We celebrated Oktoberfest on October 3. Rotary Club volunteers dressed the part as they bartended for us. We featured German Holsten Beer at the bar. Chef Paul made fabulous Pork Schnitzel and Bratwurst. Both were extremely popular.



Since the Oktoberfest celebration was a great success, we will feature cuisine from different countries around the world once a month. November 21 will be Italian Night; an Italian supper will be created by Chef Paul.



Italian Night  
Tuesday, November 21



We had a very successful Active Aging Week at Rotary Villas. The Floor Curling was very popular and has become a regular part of our activities. Bridge games, healthy breakfast, laughter yoga and outdoor walking were enjoyed by all. We even made the front page of the Brandon Sun!



# The Retirement Lifestyle You Deserve

November 2017

*Farewell*



Welcome  
HOME!

We are welcoming 9 new residents this month!

Ted & Iris Mayuk from Brandon, MB, moved into Suite 311 on October 1.  
Audrey Harburn from Carberry, MB, moved into Suite 243 on October 16.  
Betty Bouchard from Winnipeg, MB, moved into Suite 335 on October 21.  
Judy Sharp from Brandon, MB, moved into Suite 203 on October 27.  
John & Donna Livingstone from Brandon, MB, moved into Suite 339 on October 30.  
Judy Kubanowski from Brandon, MB, moved into Suite 224 around November 1.  
Carole Grant from Winnipeg, MB, will move into Suite 344 on November 3.  
I hope everyone gets a chance to meet our new residents and help them feel at home!

Whitney Glasgow joined Rotary Villas' culinary team in August 2016. She brought experiences from around the world to share with us.

She apprenticed under Chef Kyle as a Baker/Cook working toward her certification as a Red Seal Chef. She achieved her goal in the spring of 2017. Whitney is now returning to culinary school in Montreal, Quebec, to specialize as a Baker. We wish her all the best and everyone will miss her great baking.





# NOVEMBER 2017 RECREATION CALENDAR



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			9:00 Stretching - M 10:00 Coffee Crew - F 12:00 50/50 Draw 1:30 Brandon Embroiderers - M 2:30 Tinker Projects - TR 3:30 Group Walk - FC 4:00 Sing-a-long - PL 7:30 Whist - S	9:30 Sit & Be Fit - M 10:00 Coffee with Debbie - F 2:00 Tech Support - L 2:30 Outing to Anne Frank Exhibit - SB 3:30 Group Walk - FC 7:30 Billiards - BL	9:30 Stretching - M 10:00 Coffee with Sherry - F 2:00 Roads to Rhythm Music Session - M 2:30 Floor Curling - M 3:30 Group Walk - FC 7:30 Shuffleboard - BL	10:00 Coffee Crew - F 2:30 Bingo - M 3:30 Group Walk - FC 7:30 Crokinole - BL
9:30 Church Shuttle - SB 10:00 Coffee Crew - F 2:30 Book Club - L 3:30 Group Walk - FC	9:30 Stretching - M 10:00 Alzheimer Coffee Break Fundraiser - F 12:00 Gel Moment Nails with Sylvia - AR 2:00 Mary Kay Foot Spa - M 3:30 Group Walk - FC 7:30 Crib - S	9:30 Sit & Be Fit - M 10:00 Coffee with Jill - F 2:00 Pool with Mirzeta - BL 3:00 Tinker Projects - TR 3:30 Group Walk - FC 4:00 Rotary Club Happy Hour - PL 7:30 Craft: Remembrance Day Poppies - AR	9:00 Stretching - M 10:00 Coffee Crew - F 12:00 50/50 Draw 2:30 Tinker Projects - TR 3:30 Group Walk - FC 4:00 Sing-a-long - PL 7:30 Whist - S	9:30 Sit & Be Fit - M 10:00 Coffee with Paul - F 2:00 Tech Support - L 3:00 Bingo - M 3:30 Group Walk - FC 7:30 Billiards - BL	9:30 Stretching - M 10:30 Remembrance Service - DR 2:00 Floor Curling - M 3:00 Group Walk - FC 7:30 Shuffleboard - BL	REMEMBRANCE DAY 3:30 Group Walk 7:30 Crokinole - BL
9:30 Church Shuttle - SB 10:00 Coffee Crew - F 2:30 Painting with Artist Noel Moes - AR 3:30 Group Walk - FC	9:30 Stretching - M 10:00 Coffee with Sherry - F 12:00 Gel Moment Nails with Sylvia - AR 2:30 Taste and Tour of Italy - M 3:30 Group Walk - FC 7:30 Crib - S	9:30 Sit & Be Fit - M 10:00 Coffee with Jill - F 2:00 Pool with Mirzeta - BL 3:00 Tinker Projects - TR 3:30 Group Walk - FC 4:00 Rotary Club Happy Hour - PL 7:30 Craft: Finish Fall Wreath - AR	9:00 Stretching - M 10:00 Coffee Crew - F 12:00 50/50 Draw 1:30 Brandon Embroiderers - M 2:30 Tinker Projects - TR 3:30 Group Walk - FC 4:00 Sing-a-long - PL 7:30 Whist - S	9:30 Sit & Be Fit - M 10:00 Coffee with Debbie - F 2:00 Tech Support - L 3:00 Bingo - M 3:30 Group Walk - FC 4:30 Supper Outing to Sand Hills Casino - SB 7:30 Billiards - BL	9:30 Stretching - M 11:00 Disability Specialty Presentation - M 2:00 Roads to Rhythm "Music to my Ears" - M 2:45 Floor Curling - M 3:30 Group Walk - FC 7:30 Shuffleboard - BL	10:00 Coffee Crew - F 10:30 Journey Down Memory Lane Memoirs - L 3:00 Crokinole - BL 3:30 Group Walk - FC 7:30 Old Time Music with Darrell MacDonald - PL
9:30 Church Shuttle - SB 2:30 Book Club - L 3:30 Group Walk - FC	9:30 Stretching - M 10:00 Coffee with Sherry - F 12:00 Gel Moment Nails with Sylvia - AR 3:00 Fitness Equipment Instructional - FC 3:30 Group Walk - FC 7:30 Crib - S	9:30 Sit & Be Fit - M 10:00 Coffee with Jill - F 2:00 Pool with Mirzeta - BL 3:00 Tinker Projects - TR 3:30 Group Walk - FC 4:00 Rotary Club Happy Hour - PL 7:30 Board Games - S	9:00 Stretching - M 10:00 Coffee Crew - F 11:00 Lunch at Carberry Senior Centre - SB 12:00 50/50 Draw 2:30 Tinker Projects - TR 3:30 Group Walk - FC 4:00 Sing-a-long - PL 7:30 Whist - S	9:30 Sit & Be Fit - M 10:00 Coffee with Paul - F 2:00 Tech Support - L 3:00 Bingo - M 3:30 Group Walk - FC 7:30 Billiards - BL	9:30 Stretching - M 2:30 Floor Curling - M 3:30 Group Walk - FC 7:30 Shuffleboard - BL	10:00 Coffee Crew - F 2:30 Luminosity for the Brain - S 3:30 Group Walk - FC 7:30 Crokinole - BL
9:30 Church Shuttle - SB 2:30 Painting with Artist Noel Moes - AR 3:30 Group Walk - FC	9:30 Stretching - M 10:00 Coffee with Sherry - F 12:00 Gel Moment Nails with Sylvia - AR 2:30 Oasis Spa Tub Demonstration - Oasis Spa 1st Floor 3:30 Group Walk - FC 7:30 Crib - S	9:30 Sit & Be Fit - M 10:00 Coffee with Jill - F 2:00 Pool with Mirzeta - BL 2:30 Tinker Projects - TR 3:30 Group Walk - FC 4:00 Rotary Club Happy Hour - PL	9:00 Stretching - M 10:00 Coffee Crew - F 12:00 50/50 Draw 1:30 Brandon Embroiderers - M 2:30 Tinker Projects - TR 3:30 Group Walk - FC 4:00 Sing-a-long - PL 7:30 Whist - S	9:30 Sit & Be Fit - M 10:00 Coffee with Debbie - F 2:00 Tech Support - L 2:30 Birthday Celebrations - M 3:30 Group Walk - FC 7:30 Billiards - BL	DATES TO BE ANNOUNCED FOR THE FOLLOWING EVENTS: <ul style="list-style-type: none"><li>Visit by Kokums Day Care</li><li>Trinity United Church Service</li><li>Horticultural Sessions</li></ul>	

**Birthdays**

Marilyn Munroe	2 <sup>nd</sup>
Eline Kaiser	3 <sup>rd</sup>
Betty Reichert	13 <sup>th</sup>
Elva Hunt	30 <sup>th</sup>

**Anniversaries**

Jean & Maurice Lepage	20 <sup>th</sup>
Frank & Betty Rabe	22 <sup>nd</sup>

**Shuttle Schedule**  
**Monday to Friday**  
8:30 a.m. - 5:30 p.m.

**Sunday Church Shuttle**  
9:30 a.m. - 12:30 p.m.

**Locations**

Front Room	F
Fitness Centre	FC
Front Lawn	FL
Games Room	G
Multipurpose Room	M
Dining Room	DR
Private Dining Room	PDR
Piano Lounge	PL
Solarium	S
Fireside Patio	FP
Art Room (1 <sup>st</sup> Floor)	AR
Library (2 <sup>nd</sup> Floor)	L
Tinker Room (2 <sup>nd</sup> Floor)	TR
Billiards Lounge (3 <sup>rd</sup> Floor)	BL
Shuttle Bus	SB

**Calendar is subject to change**