November 2017

Menu Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			Breakfast Delight Veggie Omelette	Breakfast Delight French Toast	Breakfast Delight Sunrise Omelette	Breakfast Delight Denver Scrambler
			Lunch BLT Sandwhich Spinach Salad	Lunch Turkey Bacon Club Chilli	Lunch Fish n' Chips Pork Schnitzel	Lunch Greek Salad with Chicken Ham & Cheese Panini
			Supper PIZZA NIGHT	Supper Sweet & Sour Chicken Black Tiger Shrimp	Supper Roast Salmon Salisbury Steak	Supper Pork Chop Roast Chicken Tarragon
5 NEW MENU	6	7	8	9	10	11
Breakfast Delight Eggs Benedict	Breakfast Delight Pancakes	Breakfast Delight Breakfast Sandwich	Breakfast Delight French Toast	Breakfast Delight Three Cheese Omelette	Breakfast Delight Grilled Cinnamon Bun	Breakfast Delight Western Omelette
Lunch Monte Cristo Butter Chicken	Lunch Ham & Swiss Croissant Fusilli with Meat Sauce	Lunch Beef Dip Sweet & Sour Meatballs	Lunch Hot Dog Beef Pot Pie	Lunch Italian Deli Sub Mac & Cheese	Lunch Egg Salad Sandwich Fish n' Chips	Lunch Sausage Roll Chicken à la King
Supper Beef Yorkshire Pork Shank	Supper Pork Stew Herb Crusted Cod	Supper Liver & Bacon Poached Salmon	Supper Perogies & Farmer Sausage Baked Haddock	Supper Meatloaf Turkey Schnitzel	Supper Seafood Pasta Pork Chop	Supper Beef Burger Pulled Pork
12	13	14	15	16	17	18
Breakfast Delight Eggs Benedict	Breakfast Delight Buttermilk Waffle	Breakfast Delight Pancakes	Breakfast Delight Veggie Omelette	Breakfast Delight French Toast	Breakfast Delight Sunrise Omelette	Breakfast Delight Denver Scrambler
Lunch Denver Sandwich Chicken Fingers	Lunch Grilled Cheese Turkey Pot Pie	Lunch BLT Sandwich Pasta Primavera	Lunch Chicken Caesar Wrap Chili	Lunch Reuben Sandwich Cabbage Rolls	Lunch Turkey Bacon Club Fish n' Chips	Lunch Quiche Shepherds Pie
Supper Stuffed Pork Loin Salmon Pesto	Supper Beef Stew Haddock	Supper Teriyaki Tiger Shrimp Sweet & Sour Chicken	Supper Honey Baked Ham Bow Tie Pasta Carbonara	Supper Chicken Parmesan Cod au Gratin	Supper BBQ Pork Ribs Veal Schnitzel	Supper Lasagna Beef Sausage

Meal Times

Breakfast 6:30 - 9:00 AM

Lunch First: 11:30 AM Second: 12:45 PM Supper First: 4:45 PM Second: 6:15 PM

Daily Breakfast Choices:

Continental - your choice of Hot or Cold Cereal, Assortment of Bread and Pastries, Yogurt and Fruit.

Classic - 2 Eggs cooked to preference, Bacon or Sausage, Hash Browns and Toast.



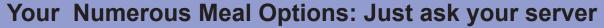
Phone: 204-725-1340 Fax: 204-726-1811 www.rotaryvillas.ca

November 2017

Menu Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
19	20	21	22	23	24	25
Breakfast Delight Eggs Benedict	Breakfast Delight Pancakes	Breakfast Delight Breakfast Sandwich	Breakfast Delight French Toast	Breakfast Delight Three Cheese Omlelette	Breakfast Delight Grilled Cinnamon Bun	Breakfast Delight Western Omlelette
Lunch Salmon Salad Sandwich Butter Chicken	Lunch Ham & Swiss Croissant Fuseli	Lunch Beef Dip Sweet n' Sour Meatballs	Lunch Hot Dog Beef Pot Pie	Lunch BBQ Riblet Mac & Cheese	Lunch Egg Salad Sandwhich Fish n' Chips	Lunch Sausage Roll Chicken Fingers
Supper Turkey Pork Shank	Supper Chicken Sauté Chasseur Herb Crusted Cod	Supper ITALIAN NIGHT	Supper Perogies & Farmer Sausage Baked Haddock	Supper Meatloaf Turkey Schnitzel	Supper Seafood Pasta Pork Chop	Supper Beef Burger Turkey Burger
26	27	28	29	30		
Breakfast Delight Eggs Benedict	Breakfast Delight Buttermilk Waffle	Breakfast Delight Pancakes	Breakfast Delight Veggie Omelette	Breakfast Delight French Toast		
Lunch Beef Dip Vegetable Lasagna	Lunch Grilled Cheese Turkey Pot Pie	Lunch BLT Pasta Primavera	Lunch Chicken Caesar Wrap Tourtiere	Lunch Reuben Sandwich Cabbage Rolls		

Supper Honey Baked Ham Bow Tie Pasta Carbonara



Supper Irish Stew

Lasagna

- 1 Your choice of two entrees daily.
- 2 You can request a meal salad.
- 3 There are soup & sandwiches available.
- 4 Scrambled or boiled eggs and toast are available at all meals.

Supper Teriyaki Tiger Shrimp Sweet n' Sour Chicken

5 - Extra portions of potatoes or vegetables are available

Colcannon is a traditional Irish dish of mashed potatoes with kale or cabbage. It will be served as a side on a few days throughout the month in new menu.

Cod au Gratin

Supper Chicken Parmesan



Meal Times

Supper Southern Fried Chicken

Breakfast 6:30 AM - 9:00 AM

Lunch First: 11:30 AM Second: 12:45 PM First: 4:45 PM Second: 6:15 PM Supper

Daily Breakfast Choices:

Continental - your choice of Hot or Cold Cereal, Assortment of Bread and Pastries, Yogurt and Fruit.

Classic - 2 Eggs cooked to preference, Bacon or Sausage, Hash Browns and Toast.



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