

November 2017

Menu Calendar

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|--|---|--|---|---|
| | | | 1 Breakfast Delight Veggie Omelette Lunch BLT Sandwich Spinach Salad Supper PIZZA NIGHT | 2 Breakfast Delight French Toast Lunch Turkey Bacon Club Chilli Supper Sweet & Sour Chicken Black Tiger Shrimp | 3 Breakfast Delight Sunrise Omelette Lunch Fish n' Chips Pork Schnitzel Supper Roast Salmon Salisbury Steak | 4 Breakfast Delight Denver Scrambler Lunch Greek Salad with Chicken Ham & Cheese Panini Supper Pork Chop Roast Chicken Tarragon |
| 5 NEW MENU Breakfast Delight Eggs Benedict Lunch Monte Cristo Butter Chicken Supper Beef Yorkshire Pork Shank | 6 Breakfast Delight Pancakes Lunch Ham & Swiss Croissant Fusilli with Meat Sauce Supper Pork Stew Herb Crusted Cod | 7 Breakfast Delight Breakfast Sandwich Lunch Beef Dip Sweet & Sour Meatballs Supper Liver & Bacon Poached Salmon | 8 Breakfast Delight French Toast Lunch Hot Dog Beef Pot Pie Supper Perogies & Farmer Sausage Baked Haddock | 9 Breakfast Delight Three Cheese Omelette Lunch Italian Deli Sub Mac & Cheese Supper Meatloaf Turkey Schnitzel | 10 Breakfast Delight Grilled Cinnamon Bun Lunch Egg Salad Sandwich Fish n' Chips Supper Seafood Pasta Pork Chop | 11 Breakfast Delight Western Omelette Lunch Sausage Roll Chicken à la King Supper Beef Burger Pulled Pork |
| 12 Breakfast Delight Eggs Benedict Lunch Denver Sandwich Chicken Fingers Supper Stuffed Pork Loin Salmon Pesto | 13 Breakfast Delight Buttermilk Waffle Lunch Grilled Cheese Turkey Pot Pie Supper Beef Stew Haddock | 14 Breakfast Delight Pancakes Lunch BLT Sandwich Pasta Primavera Supper Teriyaki Tiger Shrimp Sweet & Sour Chicken | 15 Breakfast Delight Veggie Omelette Lunch Chicken Caesar Wrap Chili Supper Honey Baked Ham Bow Tie Pasta Carbonara | 16 Breakfast Delight French Toast Lunch Reuben Sandwich Cabbage Rolls Supper Chicken Parmesan Cod au Gratin | 17 Breakfast Delight Sunrise Omelette Lunch Turkey Bacon Club Fish n' Chips Supper BBQ Pork Ribs Veal Schnitzel | 18 Breakfast Delight Denver Scrambler Lunch Quiche Shepherds Pie Supper Lasagna Beef Sausage |

Meal Times

| | | |
|-----------|-----------------|------------------|
| Breakfast | 6:30 - 9:00 AM | |
| Lunch | First: 11:30 AM | Second: 12:45 PM |
| Supper | First: 4:45 PM | Second: 6:15 PM |

Daily Breakfast Choices:

Continental - your choice of Hot or Cold Cereal, Assortment of Bread and Pastries, Yogurt and Fruit.
Classic - 2 Eggs cooked to preference, Bacon or Sausage, Hash Browns and Toast.



Phone: 204-725-1340 Fax: 204-726-1811
www.rotaryvillas.ca

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|--|---|--|---|---|---|---|
| 19 Breakfast Delight Eggs Benedict Lunch Salmon Salad Sandwich Butter Chicken Supper Turkey Pork Shank | 20 Breakfast Delight Pancakes Lunch Ham & Swiss Croissant Fuseli Supper Chicken Sauté Chasseur Herb Crusted Cod | 21 Breakfast Delight Breakfast Sandwich Lunch Beef Dip Sweet n' Sour Meatballs Supper ITALIAN NIGHT | 22 Breakfast Delight French Toast Lunch Hot Dog Beef Pot Pie Supper Perogies & Farmer Sausage Baked Haddock | 23 Breakfast Delight Three Cheese Omelette Lunch BBQ Riblet Mac & Cheese Supper Meatloaf Turkey Schnitzel | 24 Breakfast Delight Grilled Cinnamon Bun Lunch Egg Salad Sandwich Fish n' Chips Supper Seafood Pasta Pork Chop | 25 Breakfast Delight Western Omelette Lunch Sausage Roll Chicken Fingers Supper Beef Burger Turkey Burger |
| 26 Breakfast Delight Eggs Benedict Lunch Beef Dip Vegetable Lasagna Supper Southern Fried Chicken Salmon | 27 Breakfast Delight Buttermilk Waffle Lunch Grilled Cheese Turkey Pot Pie Supper Irish Stew Lasagna | 28 Breakfast Delight Pancakes Lunch BLT Pasta Primavera Supper Teriyaki Tiger Shrimp Sweet n' Sour Chicken | 29 Breakfast Delight Veggie Omelette Lunch Chicken Caesar Wrap Tourtiere Supper Honey Baked Ham Bow Tie Pasta Carbonara | 30 Breakfast Delight French Toast Lunch Reuben Sandwich Cabbage Rolls Supper Chicken Parmesan Cod au Gratin | | |

Your Numerous Meal Options: Just ask your server

- 1 - Your choice of two entrees daily.
- 2 - You can request a meal salad.
- 3 - There are soup & sandwiches available.
- 4 - Scrambled or boiled eggs and toast are available at all meals.
- 5 - Extra portions of potatoes or vegetables are available

Colcannon is a traditional Irish dish of mashed potatoes with kale or cabbage. It will be served as a side on a few days throughout the month in new menu.



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