

May 13 - 19, 2019

Weekly Menu Calendar

Monday May 13	Tuesday May 14	Wednesday May 15	Thursday May 16	Friday May 17	Saturday May 18	Sunday May 19
Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight	Breakfast Delight
Breakfast Sandwich	French Toast	Ham & Cheese Omelet	Pancakes	Cinnamon Bun	Waffles	Eggs Benedict
<i>Soup of the Day</i> Cream of Chicken Soup	<i>Soup of the Day</i> Beef & Barley Soup	<i>Soup of the Day</i> Broccoli Cheese Soup	<i>Soup of the Day</i> Minestrone Soup	<i>Soup of the Day</i> Corn Chowder Soup	<i>Soup of the Day</i> Potato & Leek Soup	<i>Soup of the Day</i> Cauliflower Soup
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Quiche Tomato Salad or Chicken Caesar Salad	Beef Pot Pie Mixed Vegetables or Grilled Ham & Cheese Sandwich Mixed Vegetables	Resident's Choice Spaghetti & Meatballs Focaccia Bread or Hot Dog, Sauerkraut & Potato Chips	Chicken Taco Salad or Egg Salad Sandwich Couscous Salad	Chili Focaccia Bread or Salmon Sandwich, Potato Chips & Green Salad	Chicken a la King Rice or BLT Sandwich Macaroni Salad	Chicken Fingers, Fries & Coleslaw or Thai Noodle Shrimp Salad
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Beef Lasagna Focaccia Bread Coleslaw or Sweet & Sour Pork Savoury Rice Carrot Cake	Liver & Onions Mashed Potatoes Broccoli or Baked Haddock Parmesan Mashed Potatoes Broccoli Fruit Crisp	Fried Chicken Sweet Potatoes Cream Corn or Shepherd's Pie Cream Corn Cream Pie	Ribs Baked Potato PEI Mixed Vegetables or Ravioli Focaccia Bread PEI Mixed Vegetables Pecan Butter Tart	Herb Crusted Bassa Sauteed Potato Peas or Ham Steak Sauteed Potato Peas Lemon Meringue Pie	Penne Meatballs Focaccia Bread or Turkey Schnitzel Mashed Potatoes Brussel Sprouts Boston Cream Cake	Roast Loin of Pork Garlic Mashed Potato Vichy Carrots or Lemon Chicken Garlic Mashed Potato Vichy Carrots Fruit Pie

Meal Times

Breakfast	6:30 - 9:00 AM	
Lunch	First: 11:30 AM	Second: 12:45 PM
Supper	First: 4:45 PM	Second: 6:15 PM

Daily Breakfast Choices:

Continental - your choice of hot or cold cereal, assortment of bread and pastries, yogurt and fruit.

Classic - 2 eggs cooked to preference, bacon or sausage, hash browns and toast.

Daily Lunch & Supper Choices - Your choice of Soup of the Day or tossed Salad.



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