

# March 2019

# Menu Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Breakfast Delight Three Cheese Omelette  Lunch Roast Beef Sandwich Fish n' Chips  Supper Shrimp Risotto Veal Schnitzel	2 Breakfast Delight Skillet  Lunch Spinach Salad w/ Bacon Chicken a la King  Supper Salisbury Steak Salmon
3  Breakfast Delight Eggs Benedict  Lunch Tuna Salad Sandwich Beef Pot Pie  Supper Roast Turkey Fried Ham Steak	4  Breakfast Delight Grilled Cinnamon Bun  Lunch Ham & Swiss Croissant BBQ Meatball Kabobs  Supper Irish (Lamb) Stew Herb Crusted Cod	5  Breakfast Delight Waffles & Bacon  Lunch Philly Cheesesteak Sand. Bacon Mac n' Cheese  Supper Meatloaf Seafood au Gratin	6  Breakfast Delight French Toast  Lunch BBQ Riblets Shepherd's Pie  Supper Southern Fried Chicken Baked Haddock	7  Breakfast Delight Three Cheese Omelette  Lunch Chicken Caesar Salad Cannelloni  Supper Chicken Parmesan Liver & Bacon	8  Breakfast Delight Skillet  Lunch Grilled Cheese Fish n' Chips  Supper Turkey Schnitzel Poached Salmon	9  Breakfast Delight Blueberry Pancakes  Lunch Chicken Greek Salad Beef Stroganoff  Supper Beef Burger Chicken Burger
10  Breakfast Delight Eggs Benedict  Lunch Ham & Cheddar Sub Butter Chicken  Supper Roast Beef Casserole Salmon	11  Breakfast Delight Grilled Cinnamon Bun  Lunch Pulled Pork Sandwich Chicken & Leek Pie  Supper Beef Stew Shrimp Stir-Fry	12  Breakfast Delight Breakfast Sandwich  Lunch BLT Taco Salad  Supper Haddock Sweet n' Sour Chicken	13  Breakfast Delight Breakfast Quiche  Lunch Hot Dog Chili  Supper Bacon Wrapped Tenderloin Ravioli Alfredo	14  Breakfast Delight Denver Scramble  Lunch Reuben Sandwich Tourtiere  Supper Lasagna Pork Schnitzel	15  Breakfast Delight Three Cheese Omelette  Lunch Roast Beef Sandwich Fish n' Chips  Supper Shrimp Risotto Veal Schnitzel	14  Breakfast Delight Skillet  Lunch Spinach Salad w/ Bacon Chicken a la King  Supper Salisbury Steak Baked Salmon

## Meal Times

Breakfast	6:30 - 9:00 AM	
Lunch	First: 11:30 AM	Second: 12:45 PM
Supper	First: 4:45 PM	Second: 6:15 PM

## Daily Breakfast Choices:

**Continental** - your choice of Hot or Cold Cereal, Assortment of Bread and Pastries, Yogurt and Fruit.  
**Classic** - 2 Eggs cooked to preference, Bacon or Sausage, Hash Browns and Toast.



Phone: 204-725-1340 Fax: 204-726-1811  
[www.rotaryvillas.ca](http://www.rotaryvillas.ca)

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# Menu Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
17 Breakfast Delight Eggs Benedict  Lunch Tuna Salad Sandwich Beef Pot Pie  Supper Cornish Hen Sautéed Shrimp	18 Breakfast Delight Grilled Cinnamon Bun  Lunch Ham & Swiss Croissant BBQ Meatball Kabobs  Supper Irish (Lamb) Stew Herb Crusted Cod	19 Breakfast Delight Waffles & Bacon  Lunch Philly Cheese Sandwich Bacon Mac n' Cheese  Supper Meatloaf Seafood au Gratin	20 Breakfast Delight French Toast  Lunch BBQ Riblets Shepherd's Pie  Supper Southern Fried Chicken Baked Haddock	21 Breakfast Delight Three Cheese Omelette  Lunch Chicken Caesar Salad Cannelloni  Supper Chicken Parmesan Liver & Bacon	22 Breakfast Delight Skillet  Lunch Grilled Cheese Fish n' Chips  Supper Turkey Schnitzel Poached Salmon	23 Breakfast Delight Blueberry Pancakes  Lunch Chicken Greek Salad Beef Stroganoff  Supper Beef Burger Chicken Burger
24 Breakfast Delight Eggs Benedict  Lunch Hot Beef Sandwich Butter Chicken  Supper Pork & Apple Casserole Salmon Pesto	25 Breakfast Delight Grilled Cinnamon Bun  Lunch Pulled Pork Sandwich Chicken & Leek Pie  Supper Beef Stew Shrimp Stir-Fry	26 Breakfast Delight Breakfast Sandwich  Lunch BLT Taco Salad  Supper Haddock Sweet n' Sour Chicken	27 Breakfast Delight Breakfast Quiche  Lunch Hot Dog Chili  Supper BBQ Pork Ribs Ravioli Alfredo	28 Breakfast Delight Denver Scramble  Lunch Reuben Sandwich Tourtiere  Supper Lasagna Pork Schnitzel	29 Breakfast Delight Three Cheese Omelette  Lunch Roast Beef Sandwich Fish n' Chips  Supper Shrimp Risotto Veal Schnitzel	30 Breakfast Delight Skillet  Lunch Spinach Salad w/ Bacon Chicken a la King  Supper Salisbury Steak Salmon
31 Breakfast Delight Eggs Benedict  Lunch Tuna Salad Sandwich Beef Pot Pie  Supper Cornish Hen Sautéed Shrimp						

**Your Numerous Meal Options: Just ask your server**

- 1 - Your choice of two entrées daily.
- 2 - You can request a meal salad; Chef's Choice Salad available daily for lunch and supper.
- 3 - There are soup & sandwiches (egg salad or ham & turkey) available.
- 4 - Scrambled or boiled eggs and toast are available at all meals.
- 5 - Extra portions of potatoes or vegetables are available.
- 6 - French toast is available every morning for breakfast.

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## Daily Breakfast Choices:

**Continental** - your choice of Hot or Cold Cereal, Assortment of Bread and Pastries, Yogurt and Fruit.  
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