

# November 2018

# Menu Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Breakfast Delight Three Cheese Omelette  Lunch Chicken Caesar Salad Cannelloni  Supper Chicken Parmesan Liver & Bacon	2 Breakfast Delight Skillet  Lunch Fish n' Chips Grilled Cheese  Supper Turkey Schnitzel Poached Salmon	3 Breakfast Delight Buffet  Lunch Chicken Greek Salad Beef Stroganoff  Supper Beef Burger Chicken Burger
4 Breakfast Delight Buffet  Lunch Hot Beef Sandwich Butter Chicken  Supper Pork & Apple Casserole Salmon Pesto	5 Breakfast Delight Buffet  Lunch Pulled Pork Sandwich Chicken & Leek Pie  Supper Beef Stew Shrimp Stir-Fry	6 Breakfast Delight Breakfast Sandwich  Lunch BLT Taco Salad  Supper Haddock Sweet n' Sour Chicken	7 Breakfast Delight Breakfast Quiche  Lunch Hot Dog Chili  Supper BBQ Pork Ribs Ravioli Alfredo	8 Breakfast Delight Denver Scramble  Lunch Reuben Sandwich Tourtiere  Supper Lasagna Pork Schnitzel	9 Breakfast Delight Three Cheese Omelette  Lunch Roast Beef Sandwich Fish n' Chips  Supper Shrimp Risotto Veal Schnitzel	10 Breakfast Delight Skillet  Lunch Spinach Salad w/ Bacon Chicken a la King  Supper Salisbury Steak Salmon
11 Breakfast Delight Eggs Benedict  Lunch Tuna Salad Sandwich Beef Pot Pie  Supper Chicken Kiev Fried Ham Steak	12 Breakfast Delight Grilled Cinnamon Bun  Lunch Ham & Swiss Croissant BBQ Meatball Kabobs  Supper Irish (Lamb) Stew Herb Crusted Cod	13 Breakfast Delight Waffles & Bacon  Lunch Philly Cheesesteak Sand. Bacon Mac n' Cheese  Supper Meatloaf Seafood au Gratin	14 Breakfast Delight French Toast  Lunch BBQ Riblet Shepherd's Pie  Supper Southern Fried Chicken Baked Haddock	15 Breakfast Delight Three Cheese Omelette  Lunch Chicken Caesar Salad Cannelloni  Supper Chicken Parmesan Liver & Bacon	16 Breakfast Delight Skillet  Lunch Grilled Cheese Fish n' Chips  Supper Turkey Schnitzel Poached Salmon	17 Breakfast Delight Blueberry Pancakes  Lunch Chicken Greek Salad Beef Stroganoff  Supper Beef Burger Chicken Burger

## Meal Times

Breakfast	6:30 - 9:00 AM	
Lunch	First: 11:30 AM	Second: 12:45 PM
Supper	First: 4:45 PM	Second: 6:15 PM

## Daily Breakfast Choices:

**Continental** - your choice of Hot or Cold Cereal, Assortment of Bread and Pastries, Yogurt and Fruit.  
**Classic** - 2 Eggs cooked to preference, Bacon or Sausage, Hash Browns and Toast.



Phone: 204-725-1340 Fax: 204-726-1811  
[www.rotaryvillas.ca](http://www.rotaryvillas.ca)

# November 2018

# Menu Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
18 Breakfast Delight Eggs Benedict  Lunch Ham & Cheddar Sub Butter Chicken  Supper Roast Beef Casserole Salmon	19 Breakfast Delight Grilled Cinnamon Bun  Lunch Pulled Pork Sandwich Chicken & Leek Pie  Supper Beef Stew Shrimp Stir-Fry	20 Breakfast Delight Breakfast Sandwich  Lunch BLT Taco Salad  Supper Haddock Sweet n' Sour Chicken	21 Breakfast Delight Breakfast Quiche  Lunch Hot Dog Chili  Supper Chinese Platter	22 Breakfast Delight Denver Scramble  Lunch Reuben Sandwich Tourtiere  Supper Lasagna Pork Schnitzel	23 Breakfast Delight Three Cheese Omelette  Lunch Roast Beef Sandwich Fish n' Chips  Supper Shrimp Risotto Veal Schnitzel	24 Breakfast Delight Skillet  Lunch Spinach Salad w/ Bacon Chicken a la King  Supper Salisbury Steak Baked Salmon
25 Breakfast Delight Eggs Benedict  Lunch Tuna Salad Sandwich Beef Pot Pie  Supper Cornish Hen Shrimp Stir-Fry	26 Breakfast Delight Grilled Cinnamon Bun  Lunch Ham & Swiss Croissant BBQ Meatball Kabob  Supper Irish (Lamb) Stew Herb Crusted Cod	27 Breakfast Delight Waffles & Bacon  Lunch Philly Cheesesteak Sand. Bacon Mac n' Cheese  Supper Meatloaf Seafood au Gratin	28 Breakfast Delight French Toast  Lunch BBQ Riblets Shepherd's Pie  Supper Southern Fried Chicken Baked Haddock	29 Breakfast Delight Three Cheese Omelette  Lunch Chicken Caesar Salad Cannelloni  Supper Chicken Parmesan Liver & Bacon	30 Breakfast Delight Skillet  Lunch Fish n' Chips Grilled Cheese  Supper Turkey Schnitzel Poached Salmon	

### Your Numerous Meal Options: Just ask your server

- 1 - Your choice of two entrees daily.
- 2 - You can request a meal salad; Chef's Choice Salad available daily for lunch and supper.
- 3 - There are soup & sandwiches (egg salad or ham & turkey) available.
- 4 - Scrambled or boiled eggs and toast are available at all meals.
- 5 - Extra portions of potatoes or vegetables are available.
- 6 - French toast is available every morning for breakfast.

\*Menu is subject to change.

### Meal Times

Breakfast	6:30 AM - 9:00 AM	
Lunch	First: 11:30 AM	Second: 12:45 PM
Supper	First: 4:45 PM	Second: 6:15 PM

### Daily Breakfast Choices:

**Continental** - your choice of Hot or Cold Cereal, Assortment of Bread and Pastries, Yogurt and Fruit.  
**Classic** - 2 Eggs cooked to preference, Bacon or Sausage, Hash Browns and Toast.



Phone: 204-725-1340 Fax: 204-726-1811  
[www.rotaryvillas.ca](http://www.rotaryvillas.ca)