

October 2018

Menu Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>1</p> <p>Breakfast Delight Grilled Cinnamon Bun</p> <p>Lunch Ham & Swiss Croissant BBQ Meatball Kabob</p> <p>Supper Irish (Lamb) Stew Herb Crusted Cod</p>	<p>2</p> <p>Breakfast Delight Waffles & Bacon</p> <p>Lunch Philly Cheesesteak Sand. Bacon Mac n' Cheese</p> <p>Supper Meatloaf Seafood au Gratin</p>	<p>3</p> <p>Breakfast Delight French Toast</p> <p>Lunch BBQ Riblets Shepherd's Pie</p> <p>Supper Southern Fried Chicken Baked Haddock</p>	<p>4</p> <p>Breakfast Delight Three Cheese Omelette</p> <p>Lunch Chicken Caesar Salad Cannelloni</p> <p>Supper Chicken Parmesan Liver & Bacon</p>	<p>5</p> <p>Breakfast Delight Skillet</p> <p>Lunch Fish n' Chips Grilled Cheese</p> <p>Supper Turkey Schnitzel Poached Salmon</p>	<p>6</p> <p>Breakfast Delight Buffet</p> <p>Lunch Chicken Greek Salad Beef Stroganoff</p> <p>Supper Beef Burger Chicken Burger</p>
<p>7</p> <p>Breakfast Delight Buffet</p> <p>Lunch Hot Beef Sandwich Butter Chicken</p> <p>Supper Pork & Apple Casserole Salmon Pesto</p>	<p>8</p> <p>THANKSGIVING MONDAY</p> <p>Breakfast Delight Buffet</p> <p>Lunch Stuffed Turkey with Trimmings</p> <p>Supper Pulled Pork Sandwich Chicken & Leek Pie</p>	<p>9</p> <p>Breakfast Delight Breakfast Sandwich</p> <p>Lunch BLT Taco Salad</p> <p>Supper Haddock Sweet n' Sour Chicken</p>	<p>10</p> <p>Breakfast Delight Breakfast Quiche</p> <p>Lunch Hot Dog Chili</p> <p>Supper BBQ Pork Ribs Ravioli Alfredo</p>	<p>11</p> <p>Breakfast Delight Denver Scramble</p> <p>Lunch Reuben Sandwich Tourtiere</p> <p>Supper Lasagna Pork Schnitzel</p>	<p>12</p> <p>Breakfast Delight Three Cheese Omelette</p> <p>Lunch Roast Beef Sandwich Fish n' Chips</p> <p>Supper Oktoberfest</p>	<p>13</p> <p>Breakfast Delight Skillet</p> <p>Lunch Spinach Salad w/ Bacon Chicken a la King</p> <p>Supper Salisbury Steak Salmon</p>
<p>14</p> <p>Breakfast Delight Eggs Benedict</p> <p>Lunch Tuna Salad Sandwich Beef Pot Pie</p> <p>Supper Chicken Kiev Fried Ham Steak</p>	<p>15</p> <p>Breakfast Delight Grilled Cinnamon Bun</p> <p>Lunch Ham & Swiss Croissant BBQ Meatball Kabobs</p> <p>Supper Irish (Lamb) Stew Herb Crusted Cod</p>	<p>16</p> <p>Breakfast Delight Waffles & Bacon</p> <p>Lunch Philly Cheesesteak Sand. Bacon Mac n' Cheese</p> <p>Supper Meatloaf Seafood au Gratin</p>	<p>17</p> <p>Breakfast Delight French Toast</p> <p>Lunch BBQ Riblet Shepherd's Pie</p> <p>Supper Southern Fried Chicken Baked Haddock</p>	<p>18</p> <p>Breakfast Delight Three Cheese Omelette</p> <p>Lunch Farewell Buffet</p> <p>Supper Chicken Parmesan Liver & Bacon</p>	<p>19</p> <p>Breakfast Delight Skillet</p> <p>Lunch Grilled Cheese Fish n' Chips</p> <p>Supper Turkey Schnitzel Poached Salmon</p>	<p>20</p> <p>Breakfast Delight Blueberry Pancakes</p> <p>Lunch Chicken Greek Salad Beef Stroganoff</p> <p>Supper Beef Burger Chicken Burger</p>

Meal Times

Breakfast	6:30 - 9:00 AM	
Lunch	First: 11:30 AM	Second: 12:45 PM
Supper	First: 4:45 PM	Second: 6:15 PM

Daily Breakfast Choices:

Continental - your choice of Hot or Cold Cereal, Assortment of Bread and Pastries, Yogurt and Fruit.

Classic - 2 Eggs cooked to preference, Bacon or Sausage, Hash Browns and Toast.



Phone: 204-725-1340 Fax: 204-726-1811
www.rotaryvillas.ca

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Menu Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
21 Breakfast Delight Eggs Benedict Lunch Ham & Cheddar Sub Butter Chicken Supper Roast Beef Casserole Salmon	22 Breakfast Delight Grilled Cinnamon Bun Lunch Pulled Pork Sandwich Chicken & Leek Pie Supper Beef Stew Shrimp Stir-Fry	23 Breakfast Delight Breakfast Sandwich Lunch BLT Taco Salad Supper Haddock Sweet n' Sour Chicken	24 Breakfast Delight Breakfast Quiche Lunch Hot Dog Chili Supper Bacon Wrapped Tenderloin Ravioli Alfredo	25 Breakfast Delight Denver Scramble Lunch Reuben Sandwich Tourtiere Supper Lasagna Pork Schnitzel	26 Breakfast Delight Three Cheese Omelette Lunch Roast Beef Sandwich Fish n' Chips Supper Shrimp Risotto Veal Schnitzel	27 Breakfast Delight Skillet Lunch Spinach Salad w/ Bacon Chicken a la King Supper Salisbury Steak Baked Salmon
28 Breakfast Delight Eggs Benedict Lunch Tuna Salad Sandwich Beef Pot Pie Supper Cornish Hen Shrimp Stir-Fry	29 Breakfast Delight Grilled Cinnamon Bun Lunch Ham & Swiss Croissant BBQ Meatball Kabob Supper Irish (Lamb) Stew Herb Crusted Cod	30 Breakfast Delight Waffles & Bacon Lunch Philly Cheesesteak Sand. Bacon Mac n' Cheese Supper Meatloaf Seafood au Gratin	31 Breakfast Delight French Toast Lunch BBQ Riblets Shepherd's Pie Supper Southern Fried Chicken Baked Haddock			

Your Numerous Meal Options: Just ask your server

- 1 - Your choice of two entrees daily.
- 2 - You can request a meal salad; Chef's Choice Salad available daily for lunch and supper.
- 3 - There are soup & sandwiches (egg salad or ham & turkey) available.
- 4 - Scrambled or boiled eggs and toast are available at all meals.
- 5 - Extra portions of potatoes or vegetables are available

*Menu is subject to change.

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Daily Breakfast Choices:

Continental - your choice of Hot or Cold Cereal, Assortment of Bread and Pastries, Yogurt and Fruit.
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