

# September 2017

# Menu Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><b>Town Hall Meeting</b>  <b>Thursday, Sept 14th, 2pm</b>  <b>Multipurpose Room</b></p>				<p>1  <b>Breakfast Delight</b>                      Grilled Cinnamon Bun</p> <p><b>Lunch</b>                      Fish &amp; Chips                      Chicken Fingers &amp; Fries</p> <p><b>Supper</b>                      Pizza Night</p>	<p>2  <b>Breakfast Delight</b>                      Western Omelette</p> <p><b>Lunch</b>                      Club Sandwich                      Vegetable Lasagna</p> <p><b>Supper</b>                      Bacon Cheddar Beef Burger                      Salmon Burger</p>
<p>3  <b>Breakfast Delight</b>                      Eggs Benedict</p> <p><b>Lunch</b>                      Denver Sandwich                      Chicken Caesar Salad</p> <p><b>Supper</b>                      Chef's Choice Roast Dinner                      Chef's Choice Schnitzel</p>	<p>4  <b>Breakfast Delight</b>                      Buttermilk Waffle</p> <p><b>Lunch</b>                      Roast Beef Sandwich                      Poached Salmon Salad</p> <p><b>Supper</b>                      Seafood Newburg                      Roast Chicken</p>	<p>5  <b>Breakfast Delight</b>                      Pancakes</p> <p><b>Lunch</b>                      Italian Deli Sub                      Sweet and Sour Meatballs</p> <p><b>Supper</b>                      Beef Lasagna                      Catch of the Day</p>	<p>6  <b>Breakfast Delight</b>                      Veggie Omelette</p> <p><b>Lunch</b>                      BLT                      Spinach Salad</p> <p><b>Supper</b>                      Stuffed Pork Loin                      Baked Haddock</p>	<p>7  <b>Breakfast Delight</b>                      French Toast</p> <p><b>Lunch</b>                      Turkey Bacon Club                      Bowl of Chili</p> <p><b>Supper</b>                      Sweet &amp; Sour Chicken                      Black Tiger Shrimp</p>	<p>8  <b>Breakfast Delight</b>                      Sunrise Omelette</p> <p><b>Lunch</b>                      Fish &amp; Chips                      Pork Schnitzel</p> <p><b>Supper</b>                      Roast Salmon                      Salisbury Steak</p>	<p>9  <b>Breakfast Delight</b>                      Denver Scrambler</p> <p><b>Lunch</b>                      Greek Salad &amp; Grilled Chicken                      Ham &amp; Cheese Panini</p> <p><b>Supper</b>                      Pork Chop                      Roast Chicken Tarragon</p>
<p>10  <b>Breakfast Delight</b>                      Eggs Benedict</p> <p><b>Lunch</b>                      Beef and Broccoli                      Penne Pasta Primavera</p> <p><b>Supper</b>                      Chicken Fettuccini Alfredo                      Chef's Choice Roast</p>	<p>11  <b>Breakfast Delight</b>                      Pancakes</p> <p><b>Lunch</b>                      Grilled Cheese Sandwich                      Chicken &amp; Leek Quiche</p> <p><b>Supper</b>                      Pan Seared Walleye                      Fusilli Bolognese</p>	<p>12  <b>Breakfast Delight</b>                      Breakfast Sandwich</p> <p><b>Lunch</b>                      Turkey Bacon Swiss                      Poached Salmon Salad</p> <p><b>Supper</b>                      Sautéed Calf's Liver                      Pasta Alfredo</p>	<p>13  <b>Breakfast Delight</b>                      French Toast</p> <p><b>Lunch</b>                      Roast Beef Panini                      Tuna Melt</p> <p><b>Supper</b>                      Sautéed Trout                      Baked Honey Ham</p>	<p>14  <b>Breakfast Delight</b>                      Three Cheese Omelette</p> <p><b>Lunch</b>                      Shepherd's Pie                      Tuna Salad Sandwich</p> <p><b>Supper</b>                      BBQ Pork Ribs                      Roast Chicken Tarragon</p>	<p>15  <b>Breakfast Delight</b>                      Grilled Cinnamon Bun</p> <p><b>Lunch</b>                      Fish &amp; Chips                      Vegetable Lasagna</p> <p><b>Supper</b>                      Poached Salmon                      Teriyaki Stir-Fry</p>	<p>16  <b>Breakfast Delight</b>                      Western Omelette</p> <p><b>Lunch</b>                      Club Sandwich                      Smoked Salmon Salad</p> <p><b>Supper</b>                      Bacon Cheddar Beef Burger                      Bacon Swiss Turkey Burger</p>

## Meal Times

<b>Breakfast</b>	6:30 - 9:00 AM	
<b>Lunch</b>	First: 11:30 AM	Second: 12:45 PM
<b>Supper</b>	First: 4:45 PM	Second: 6:15 PM

## Daily Breakfast Choices:

**Continental** - your choice of Hot or Cold Cereal, Assortment of Bread and Pastries, Yogurt and Fruit.  
**Classic** - 2 Eggs cooked to preference, Bacon or Sausage, Hash Browns and Toast.



Phone: 204-725-1340 Fax: 204-726-1811  
[www.rotaryvillas.ca](http://www.rotaryvillas.ca)

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# Menu Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>17</b> Breakfast Delight Eggs Benedict  Lunch Denver Sandwich Three Cheese Macaroni  Supper Chef's Choice Roast Chef's Choice Schnitzel	<b>18</b> Breakfast Delight Buttermilk Waffle  Lunch BLT Chili Topped Baked Potato  Supper Beef Stew Roast Chicken	<b>19</b> Breakfast Delight Pancakes  Lunch BBQ  Supper Beef Lasagna Catch of the Day	<b>20</b> Breakfast Delight Veggie Omelette  Lunch Turkey Bacon Club Poached Salmon Salad  Supper Stuffed Pork Loin Roast Chicken Tarragon	<b>21</b> Breakfast Delight French Toast  Lunch Roast Beef Sandwich Pasta Primavera  Supper Sweet & Sour Chicken Baked Haddock	<b>22</b> Breakfast Delight Sunrise Omelette  Lunch Fish & Chips Ham & Cheese Panini  Supper Roast Salmon Beef Meatloaf	<b>23</b> Breakfast Delight Denver Scrambler  Lunch Greek Salad & Grilled Chicken Spaghetti & Meatballs  Supper BBQ Pork Ribs Black Tiger Shrimp
<b>24</b> Breakfast Delight Eggs Benedict  Lunch Egg Salad Sandwich Pork Schnitzel  Supper Chicken Fettuccine Alfredo Chef's Choice Roast	<b>25</b> Breakfast Delight Pancakes  Lunch Grilled Cheese Sandwich Poached Salmon Salad  Supper Pan Seared Walleye Braised Pork Shank	<b>26</b> Breakfast Delight Breakfast Sandwich  Lunch Turkey Bacon Swiss Chicken Salad Wrap  Supper Sautéed Calf's Liver Teriyaki Stir-Fry	<b>27</b> Breakfast Delight French Toast  Lunch Reuben Sandwich Chicken and Leek Quiche  Supper Salmon Pasta Alfredo	<b>28</b> Breakfast Delight Three Cheese Omelette  Lunch Shepherd's Pie Turkey Pot Pie  Supper BBQ Ribs Roast Chicken Tarragon	<b>29</b> Breakfast Delight Grilled Cinnamon Bun  Lunch Fish & Chips Chicken Fingers & Fries  Supper Poached Salmon Baked Honey Ham	<b>30</b> Breakfast Delight Western Omelette  Lunch Club Sandwich Vegetable Lasagna  Supper Bacon Cheddar Beef Burger Salmon Burger

**Your Numerous Meal Options: Just ask your server**

- 1 - Your choice of two entrees daily.
- 2 - You can request a meal salad.
- 3 - There are soup & sandwiches available.
- 4 - Scrambled or boiled eggs and toast are available at all meals.
- 5 - Extra portions of potatoes or vegetables are available

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## Daily Breakfast Choices:

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